

CPATH 2015 Conference Program

Changer le Portrait
de la Santé et du Bien-être des Personnes
TRANSGENRES
HALIFAX (N-É) • 2015  CONFÉRENCE CPATH

Transforming the Landscape of
TRANSGENDER
Health and Wellness
HALIFAX, NS • 2015  CPATH CONFERENCE



October 1 - 4, 2015 Atlantica Hotel Halifax, Nova Scotia www.cpath.ca

CPATH 2015 Conference

The Canadian Professional Association
for Transgender Health
Gratefully Acknowledges Our Generous Sponsors

C'est avec une grande reconnaissance
que l'Association Canadienne des professionnels
en santé des personnes transsexuelles
remercie nos généreux commanditaires.

Pre-Conference / Pré-conférence



Conference / Conférence



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Premier's Message

I'm delighted to welcome delegates from the Canadian Professional Association for Transgender Health to Halifax for your annual conference.

There is nothing more important than our health. Your agenda points out a number of issues we must address to ensure that trans people feel welcome, safe and valued, so they can access healthcare and, most importantly, participate fully in family and community life.

I wish you great success in your discussions of these important issues. I know you will share your progress with your colleagues across the country. And when your discussions are done, I hope you'll take some time to visit our beautiful province.

Sincerely,

A handwritten signature in black ink that reads "Stephen McNeil". The signature is written in a cursive, flowing style.

Honourable Stephen McNeil, M.L.A.
Premier



On behalf of the Province of Nova Scotia, I'm pleased to welcome you to the 2015 Canadian Professional Association for Transgender Health Conference.

If this is your first visit to our beautiful province, I encourage you to take an opportunity to experience the sights, tastes and sounds of Nova Scotia. I guarantee you won't be disappointed.

The Government of Nova Scotia and the Department of Health and Wellness have been and continue to be supporters of the transgender community and transgender rights in our province.

In 2012, the province amended the *Human Rights Act* to explicitly include gender identity and gender expression as prohibited grounds of discrimination and harassment.

Building on that momentum, the Department of Health and Wellness approved a number of gender transition related surgeries as insured services in the province.

And just this past April, to further protect transgender Nova Scotians from harassment and discrimination, we saw amendments to the *Vital Statistics Act*. Nova Scotians no longer need to have gender transition related surgeries to change the sex designation on their birth certificates.

These are all important steps forward for Nova Scotia's transgender community.

Over the next several days you will have an opportunity to discuss many important issues. I encourage everyone to use this opportunity to take away as much information as you can, so that together we can continue to transform the landscape of transgender health and wellness in our communities.

I wish everyone a successful conference and welcome you all to come visit us again soon.



Honourable Leo A. Glavine
Minister of Health and Wellness





Greetings from the Mayor



As Mayor of Halifax, it is my distinct pleasure to extend warm greetings and a special welcome to all attending the Canadian Professional Association for Transgender Health, CPATH, *“Transforming the Landscape of Transgender Health and Wellness: Supporting Community Growth and Cultivating Clinical Practice”* Conference and Annual General Meeting.

Halifax is the place to be with its dynamic and intriguing mix of heritage and culture. A marquee destination embracing a diversity of people, communities, shops, restaurants and nightlife, our city will present you with a truly original experience.

Our culturally rich and historic port city has been entertaining guests for over 260 years and we take pride in our reputation as one of the world’s most hospitable and welcoming destinations.

During your stay, I hope you take time to explore some of the rich history, culture, and natural beauty our region has to offer.

I want to acknowledge, with gratitude, CPATH, its Membership and sponsors for hosting their 4th Biennial Conference here in Halifax.

On behalf of Regional Council, I wish you much success and trust your visit will be memorable.

Kindest regards,

Mike Savage
Mayor

Message from the Co-Chairs

We are at a time where there is unprecedented awareness and visibility of trans and gender variant people in society. Mirroring this, increasing numbers of people are seeking transition-related support and care, and increasing proportions of professionals are seeking to build their knowledge and skills in working with trans and gender variant people. Advances in research and practice are contributing to the development of evidence-informed best and promising practices, as well as contributing to supports for clinicians and other health care providers, to provide the best possible care for trans and gender variant people.

Simultaneously, there is a burgeoning focus on cultivating systems change to improve the health and wellness of trans and gender variant people. Systems change efforts are also recognizing that health and wellness is a dynamic process of change and growth that involves the intersections of many factors, not simply access to health care. A range of other factors contribute to health and wellness – such as peace, human rights, income and employment, supportive and respectful relationships, welcoming communities and a sense of belonging, safety, education and literacy, housing, languages spoken, and ethno-cultural diversity.

The conference is bringing together an exciting mix of plenaries, workshops, panels, presentations, and posters addressing these topics. Presenters and participants in the conference include health care providers, health administrators and policy-makers, educators, lawyers, researchers, staff at non-governmental organizations, change agents from within trans communities, students, and others with a shared interest in advancing the health and wellbeing of trans and gender variant people. A significant number of presenters and participants are members of trans communities and are partners and family members; indeed, close to half of the presenters define themselves in this way. Overall, presenters come from a breadth of social and professional backgrounds. There is enormous richness in the diversities you will see in the conference.

We will have many opportunities to learn from one another, to engage in rich dialogue, to expand our perspectives, and to meet new colleagues and cultivate networks. We encourage you to bring: a desire to contribute to the health and well-being of trans people and communities; a willingness to notice and reflect on your places of comfort and discomfort; and a recognition that fellow participants come from many different backgrounds and perspectives.



Devon MacFarlane
CONFERENCE CO-CHAIR - NANAIMO
PRESIDENT, CPATH



Cybelle Rieber
CONFERENCE CO-CHAIR - HALIFAX
PRIDEHEALTH, NOVA SCOTIA HEALTH AUTHORITY

Message des coprésidents

Nous vivons un moment où il y a une prise de conscience sans précédent de l'existence de personnes trans et des personnes qui expriment une variance de genre. Reflétant cette réalité, un nombre croissant de personnes cherchent des services de soutien et de soins liés à la transition, et des nombres grandissants de professionnels cherchent à développer leurs connaissances et leurs compétences dans le travail avec les personnes trans et les personnes qui expriment une variance de genre. Les progrès de la recherche et de la pratique contribuent à l'élaboration de pratiques exemplaires et prometteuses fondées sur des preuves, ainsi qu'au soutien des cliniciens et autres fournisseurs de soins de santé, dans le but de fournir les meilleurs soins possible pour ces populations.

Parallèlement, nous constatons une préoccupation grandissante avec des changements au niveau systémique visant l'améliorer de la santé et du bien-être des personnes trans et des personnes qui expriment une variance de genre. Les efforts fournis pour produire des changements systémiques, nous permettent de reconnaître que la santé et le bien-être sont des processus dynamiques de changement et de croissance qui, au-delà de l'accès aux soins de santé, impliquent l'intersection de nombreux facteurs tels que la paix, les droits de la personne, le revenu et l'emploi, les relations respectueuses et soutenantes, les communautés accueillantes, le sentiment d'appartenance, la sécurité, l'éducation et l'alphabétisation, le logement, les langues parlées, et la diversité ethnoculturelle.

La conférence représente un amalgame passionnant de séances plénières, d'ateliers, de panels, de présentations et affiches portant sur ces sujets. Les présentateurs-trices et les participant-e-s à la conférence sont des fournisseurs de soins de santé, des administrateurs de la santé et des décideurs, des éducateurs-trices, avocat-e-s, chercheur-e-s, personnel d'organisations non gouvernementales, des agent-e-s de changement au sein des communautés trans, des étudiant-e-s, et d'autres ayant un intérêt commun dans la promotion de la santé et du bien-être des personnes trans et des personnes qui expriment une variance de genre. Un nombre important de présentateurs-trices et de participant-e-s sont membres des communautés trans, des conjoint-e-s et des proches; en effet, près de la moitié des présentateurs-trices se définissent comme tels. Dans l'ensemble, les présentateurs-trices proviennent de milieux sociaux et professionnels très variés. Cette diversité et bien d'autres représentent une grande richesse que nous accueillons lors de cette conférence.

Nous aurons de nombreuses occasions d'apprendre les uns des autres, d'amorcer un dialogue productif, d'élargir nos perspectives, de rencontrer de nouveaux collègues et de développer nos réseaux. Avec la reconnaissance que les participant-e-s viennent de nombreux milieux et de nombreuses perspectives différentes, nous vous encourageons à cultiver un désir de contribuer à la santé et au bien-être des personnes et des communautés trans et une volonté de repérer en vous-même les zones de confort et d'inconfort afin de vous en servir comme matière à réflexion.



Devon MacFarlane

COPRÉSIDENT DE LA CONFÉRENCE -NANAIMO
PRÉSIDENT DE LA CPATH



Cybelle Rieber

COPRÉSIDENTE DE LA CONFÉRENCE-HALIFAX
PRIDEHEALTH, NOVA SCOTIA HEALTH AUTHORITY

Guidelines for Fostering a Learning Environment

Transforming the Landscape of Transgender Health and Wellness – the 2015 conference of the Canadian Professional Association for Transgender Health (CPATH) – will be bringing over 150 participants together in order to increase our collective abilities to contribute to the health and well-being of trans people living in Canada.

Collectively, the 150-plus of us can foster an amazing learning environment as we engage in sessions that are at the leading edge of a growing and constantly changing field.

CPATH conferences have a strong history of bringing together professionals – both cisgender and transgender – from a broad range of sectors and disciplines. Our conferences have always included trans community members who are working for positive change in a range of venues. Many topics and approaches will be presented and discussed at the conference, some of which will confirm your approach, and some of which may challenge your beliefs and ways of functioning whether as a clinician, a researcher, a policy maker, or an advocate.

Should you find yourself presented with new information that challenges deeply held convictions and ways of functioning, we encourage you to remain as open as you can to these experiences. This will help you obtain the maximum benefit from your participation in the conference, as discomfort can be a very important place of learning. Disagreement can be fertile ground for exploration and learning when approached with respect, active listening, non-judgment, and a desire to understand others' perspectives.

Many trans people are understandably frustrated and angry about the lack or rate of change they see in systems that can act as oppressive forces on their own and others' lives. Conference participants who are partners and family members of trans people may have witnessed their loved ones struggling with challenges in accessing support and services, and may have experienced some of the same types of frustration. Many cisgender conference participants work tirelessly with their trans colleagues and with their local trans advocacy and front-line groups to improve health outcomes and to challenge and catalyze change in cis-centric and transphobic systems. Some providers may be the only professionals they are aware of in their communities who are working with trans people. And some participants – both trans and cisgender – may be quite new to learning about trans health.

Some of the conference attendees are new to the field of trans health. As CPATH seeks to support ever-expanding services, research, peer support etc. in urban settings as well as more remote ones, we wish to extend a warm welcome to new conference participants. Our hope is that those with more experience will be understanding, supportive and welcoming and will assume that good will underlies all our learning experience.

In the past few years, particularly in anglophone contexts, terms such as “feeling safe”, “feeling unsafe”, “triggering” and “safety issues” have sometimes been used in public spaces to describe feelings of “comfort” and “discomfort” as well as those that give rise to physically, mentally, or emotionally, debilitating or deleterious effects. For some conference participants, feelings of discomfort may arise as they may have personal and/or professional beliefs challenged, or they may strongly disagree with the perspective or approach being discussed. For other conference participants, issues of safety and feeling unsafe may surface during the conference as the topics being covered may resonate on a very deep, experiential and personal level, particularly if they have experienced extensive transphobic and erasing systemic processes in trying to access needed care. If someone experiences such a moment, they are encouraged to access the Safer Space resources CPATH put in place (see Safer Space information page in this booklet).

We ask that all participants consider carefully the ways they are using terms related to un/safety and dis/comfort so as not to minimize the traumatic realities that some people have experienced.

As part of contributing to the shared learning environment at the conference, we invite you to consider – and perhaps ask one another – “how do you most hope to learn and grow through participating in this conference”?

Gender-related etiquette:

As the conference brings together a breadth of cisgender and transgender participants, please do not assume anyone's gender identity. Please ask about pronouns, especially when speaking of someone in the 3rd person. If in doubt, avoid pronouns or use gender neutral pronouns such as “they”.

Please be aware that washrooms are for everyone and that only the person knows where they are most comfortable. Conference washrooms will be gender neutral.

Lignes directrices pour favoriser un environnement d'apprentissage

Changer le portrait de la santé et du bien-être des personnes transgenres - la conférence 2015 de l'Association canadienne des professionnels en santé des personnes transgenres (CPATH) - va rassembler plus de 150 participants afin d'augmenter notre capacité collective à contribuer à la santé et au bien-être des personnes trans vivant au Canada.

Collectivement, nous serons plus de 150 à favoriser un merveilleux environnement d'apprentissage par notre participation à des séances situées à la fine pointe d'un domaine en pleine croissance et en constante évolution.

Depuis ses débuts, la conférence de la CPATH rassemble des professionnel-le-s cisgenres et transgenres, provenant d'un large éventail de secteurs et de disciplines. Nos conférences ont toujours inclus les membres de la communauté trans qui travaillent pour un changement positif dans de nombreux secteurs. De nombreux sujets et de nombreuses approches seront présentés et discutés lors de la conférence; certains confirmeront votre approche et certains pourraient venir ébranler vos croyances et vos façons de faire, que vous soyez clinicien-ne, chercheur-e, décideur ou avocat-e.

Si vous vous trouvez face à de nouvelles informations qui confrontent vos convictions profondes et vos moyens de fonctionner, nous vous encourageons à rester aussi ouvert-e que possible à ces expériences. Cela vous aidera à profiter au maximum de cette conférence, car le sentiment d'inconfort que vous pourriez ressentir peut contribuer de manière importante au développement des connaissances. Le désaccord peut être un terrain fertile pour l'exploration et l'apprentissage quand il est abordé avec respect, écoute active, non-jugement, et un désir de comprendre les perspectives des autres.

De nombreuses personnes trans vivent de la frustration et de la colère à propos de l'absence ou du rythme des changements qu'ils et elles constatent dans les systèmes qui peuvent agir comme des forces oppressives sur leur propre vie et celle des autres. Les participants à cette conférence qui sont des partenaires/conjoint-e-s et membres de la famille de personnes trans, peuvent avoir vu leurs proches aux prises avec des difficultés d'accès à des soutiens et des services, et peuvent avoir vécu des frustrations semblables à celles de leurs proches. De nombreux-ses participant-e-s cisgenres travaillent sans relâche avec leurs collègues trans, les groupes régionaux de défense des droits trans et les intervenants trans de première ligne. Ensemble, ils luttent pour l'amélioration des indices de santé, et à confronter et catalyser le changement dans les systèmes ciscentriques et transphobes. Certain-e-s intervenant-e-s peuvent être, du moins à ce qu'ils ou elles sachent, les seul-e-s professionnel-le-s de leur communauté qui travaillent avec les personnes trans. Et certains participant-e-s, trans comme cisgenres, peuvent être tout à fait novices dans leurs démarches d'apprentissage de connaissances en santé trans.

Certain-e-s des participant-e-s à la conférence en sont à leurs débuts dans l'exploration des enjeux associés à la santé trans. Nous leur souhaitons chaleureusement la bienvenue. CPATH vise à soutenir les services, la recherche, le soutien par les pairs, etc., autant en milieu urbain qu'en région plus éloignée. Nous espérons que ceux et celles qui ont une plus grande expérience sauront faire preuve de compréhension et sauront accueillir et soutenir nos nouveaux collègues en présumant de la bonne volonté et de l'ouverture de chacun-e-s dans l'acquisition de nouvelles connaissances.

Au cours des dernières années, particulièrement dans les milieux anglophones, des termes tels que "se sentir en sécurité", "sentiment d'insécurité", "déclencheur" et "questions de sécurité" ont parfois été utilisées dans les espaces publics pour décrire des sentiments de «confort» et «d'inconfort» ainsi que ceux qui donnent lieu à des effets incapacitants ou nuisibles au plan physique, mental ou émotionnel. Certain-e-s participant-e-s à la conférence, pourraient ressentir des sensations d'inconfort si leurs convictions personnelles et/ou professionnelles sont remises en question, ou si ils ou elles se trouvent fortement en désaccord avec la perspective ou l'approche présentée. Pour d'autres, les questions de sécurité et le sentiment d'insécurité peuvent survenir si les sujets abordés ont une profonde résonance au niveau expérientiel ou personnel, en particulier si ils ou elles ont été la cible de transphobie et/ou victimes d'effacement systémique en essayant d'accéder à des soins de santé. Si quelqu'un vit un moment d'insécurité, il est recommandé d'accéder aux ressources mises à la disposition des participants par la CPATH (voir la page d'information "un endroit plus sécuritaire" qui se trouve dans ce livret).

Nous demandons que tous les participants considèrent attentivement l'utilisation de termes liés à la sécurité, l'insécurité, le confort, l'inconfort afin de ne pas minimiser les réalités traumatiques que certaines personnes ont vécues.

Afin de contribuer à la création d'un environnement d'apprentissage commun, nous vous invitons à considérer, et peut-être à vous poser la question les uns les autres : «Dans le contexte de cette conférence, quel est le mode d'apprentissage et de croissance que vous souhaitez privilégier?»

L'étiquette associée au genre:

Puisque la conférence rassemble une grande diversité de participant-e-s cisgenres et transgenres, veuillez s'il vous plaît ne pas présumer de l'identité de genre des individus. Veuillez vous informer auprès d'eux des pronoms qui correspondent à leur identité, surtout lorsque vous parlez de quelqu'un à la 3e personne. En cas de doute, évitez les pronoms ou utilisez les pronoms neutres de genre tels que «ol» ou «iel» («they» en anglais).

Soyez s'il vous plaît conscient-e que les toilettes sont pour tout le monde et que seule la personne qui y accède sait où elle est le plus à l'aise. Des toilettes «neutres» sont aussi disponibles pour toutes et tous.

What is a Safer Space?

Internationally, it is becoming more common for safer spaces to be provided at conferences and large gatherings focusing on marginalized populations. Many CPATH conference participants may be familiar with the concept of “positive space” which helps to identify spaces and individuals that are welcoming of lesbian, gay, bisexual, transgender, Two Spirit, and queer people. A Safer Space takes an intersectional approach, recognizing that people may seek spaces that are welcoming not only in relation to sexual orientation and gender identity, but also in relation to many other aspects of peoples’ identities or lived experiences.

At the CPATH conference, we are taking the approach of providing a safer space, recognizing that no space is entirely safe; our aim is to continuously work with people to meet their needs in a “safer space”. At the conference, the Safer Space is a place where anyone can relax, can talk about their experiences, and will be welcomed and affirmed regardless of whether they identify as trans or as a member of trans communities, their gender expression, race/ethnicity, sexual orientation, cultural background, religious or spiritual affiliation, age, physical or mental abilities, or their professional or personal roles and affiliations in relation to the health and well-being of trans people and communities.¹

A Safer Space at the CPATH 2015 Conference – Room 1201

The Safer Space will be available during daytime conference events.

Participants who visit the safer space will notice:

- An evolving set of guidelines addressing respect, diversity, and anti-oppression
- That the space is located away from the main conference events/activities
- The availability of decompression activities, sensory enhancement activities and supplies, educational and identity affirming resources.
- That there is an easily identifiable and approachable active listener in the room. These individuals have skills in active listening, verbal and non-verbal communication, confidentiality and problem solving.^{2,3}
- Opportunities to provide anonymous feedback/expression/reactions in the safer space.

¹ Opportunities to provide anonymous feedback/expression/reactions in the safer space. Adapted from Advocates for Youth. (2005). Creating Safe Space for GLBTQ Youth: A Toolkit. Washington, DC: Advocates for Youth. <http://www.advocatesforyouth.org/publications/publications-a-z/608-creating-safe-space-for-glbtc-youth-a-toolkit>

² The Mental Health Foundation. (2002). Peer Support Manual. London, UK: The Mental Health Foundation.

³ <http://www.mentalhealth.org.uk/content/assets/PDF/publications/peer-support-combined.pdf?view=Standard>
Silverman, R. (2008). Peer Listening. <http://www.riseaboveit.org/peer-listening.html>

Qu'est-ce qu'un « endroit plus sécuritaire » (safer space)?

À l'échelle internationale, il est de plus en plus fréquent que des endroits plus sécuritaires soient fournis lors de conférences et des grands rassemblements qui impliquent des populations marginalisées. De nombreux participants à la conférence de la CPATH connaissent peut-être déjà le concept d'« espace positif », qui permet d'identifier les espaces et les individus qui sont accueillants pour les personnes lesbiennes, gaies, bisexuelles, transgenres, Bispirituelles, et les personnes « queers ». Un endroit plus sécuritaire adopte une approche intersectionnelle, reconnaissant que les gens peuvent chercher des espaces accueillants, non seulement par rapport à l'orientation sexuelle et l'identité de genre, mais aussi par rapport à de nombreux autres aspects de leur identité ou de leur vécu.

Lors de la conférence de la CPATH, nous fournissons un espace sécuritaire, tout en reconnaissant qu'aucun espace n'est entièrement sécuritaire; notre objectif est de travailler en continu avec les participants afin de répondre à leurs besoins. Lors de la conférence, « l'endroit plus sécuritaire » sera un lieu physique où les gens peuvent se détendre et parler de leurs expériences, qu'ils ou elles s'identifient ou non comme trans ou en tant que membre des communautés trans. Il s'agit d'un espace où se retrouvent les participants sans égards à l'expression de genre, la race ou l'origine ethnique, l'orientation sexuelle, la culture d'origine, l'appartenance religieuse ou spirituelle, l'âge, les capacités physiques ou mentales, ou le rôle et l'affiliation professionnelle ou personnelle en relation à la santé et au bien-être des personnes et des communautés trans.¹

Un « endroit plus sécuritaire » lors de la conférence 2015 la CPATH – Salle 1201

L'« endroit plus sécuritaire » sera disponible au cours de la journée, durant la conférence.

Les participants qui visiteront cet espace constateront:

- a présence de lignes directrices évolutives portant sur le respect, la diversité et l'anti-oppression
- que l'espace est situé en retrait des événements et activités de la conférence principale
- la disponibilité d'activités de détente, d'augmentation des capacités sensorielles (sensory enhancement), des ressources éducatives et affirmatives de l'identité.
- qu'il y a dans la pièce une personne clairement identifiable capable d'écoute active et facile d'approche. Ces personnes ont des compétences en écoute active, en communication verbale et non verbale et en résolution de problèmes et comprennent les principes associés à la confidentialité. ^{2,3}
- qu'ils et elles ont la possibilité de fournir anonymement une rétroaction et d'exprimer des réactions dans cet espace.

¹ Adapté de: Advocates for Youth. (2005). Creating Safe Space for GLBTQ Youth: A Toolkit. Washington, DC: Advocates for Youth. <http://www.advocatesforyouth.org/publications/publications-a-z/608-creating-safe-space-for-glbtc-youth-a-toolkit>

² The Mental Health Foundation. (2002). Peer Support Manual. London, UK: The Mental Health Foundation, <http://www.mentalhealth.org.uk/content/assets/PDF/publications/peer-support-combined.pdf?view=Standard>

³ Silverman, R. (2008). Peer Listening. <http://www.riseaboveit.org/peer-listening.html>

Acknowledgements

CPATH is committed to providing conference content in English and French. Unfortunately, although we are committed to providing simultaneous interpretation for the entire conference, implementing full English/French/English language access is a complex and expensive process, and requires financial resources currently beyond CPATH's reach.

The CPATH 2015 Conference will be providing simultaneous interpretation for all Plenary sessions, and for two other sessions: Friday, 11:00 am, #3, Being Trans on the Job (Oral Presentations), and Saturday, 1:00 pm, #3, Navigating Wellness (Oral Presentations).

The Halifax 2015 CPATH Conference, Transforming the Landscape of Transgender Health and Wellness, acknowledges and thanks the Conference Planning Committee and additional volunteers for their extraordinary time and contributions to the task of organizing this year's conference:

Devon MacFarlane, Co-Chair (Nanaimo, British Columbia)
 Cybelle Rieber, Co-Chair (Halifax, Nova Scotia)
 Marshall Haywood (Halifax, Nova Scotia)
 Greyson Jones (Halifax, Nova Scotia)
 Calleigh Lim (Nanaimo, British Columbia)
 Jim Oulton (Vancouver, British Columbia)
 Zena Sharman (Vancouver, British Columbia)
 Tabinda Sheikh (Halifax, Nova Scotia)
 Kate Shewan (Halifax, Nova Scotia)
 Françoise Susset (Montréal, Québec)

2015 CPATH Conference Coordinator

Rachel Gillooly and Associates

Conference Planners, Minden, Ontario: Rachel Gillooly, Holly Fisher, Barb Lewis and John Schmidt

Remerciements

CPATH est engagé à fournir un contenu de la conférence en anglais et en français.

Malheureusement, bien que nous souhaiterions assurer l'interprétation simultanée pour l'ensemble de la conférence, la mise en oeuvre d'une interprétation anglais / français / anglais représente un processus complexe et coûteux, et nécessite des ressources financières actuellement au-delà de la portée de la CPATH.

La Conférence 2015 de la CPATH fournira l'interprétation simultanée pour toutes les plénières, et pour deux autres sessions : vendredi 11h00, N ° 3, Être trans au travail (Présentations orales), et le samedi, 13h00, N ° 3, Naviguer vers le bien-être (Présentations orales).

La Conférence 2015 de la CPATH, Changer le portrait de la santé et du bien-être des personnes transgenres, reconnaît et remercie le Comité de planification et autres bénévoles pour leurs contributions extraordinaire à la mise sur pied de la conférence de cette année :

Devon MacFarlane, Coprésident (Nanaimo, Colombie-Britannique)
 Cybelle Rieber, Coprésidente (Halifax, Nouvelle-Écosse)
 Marshall Haywood (Halifax, Nouvelle-Écosse)
 Greyson Jones (Halifax, Nouvelle-Écosse)
 Calleigh Lim (Nanaimo, Colombie-Britannique)
 Jim Oulton (Vancouver, Colombie-Britannique)
 Zena Sharman (Vancouver, Colombie-Britannique)
 Tabinda Sheikh (Halifax, Nouvelle-Écosse)
 Kate Shewan (Halifax, Nouvelle-Écosse)
 Françoise Susset (Montréal, Québec)

Coordination de la conférence 2015 de la CPATH :

Rachel Gillooly et associés

Plannificateurs de conférences, Minden, Ontario: Rachel Gillooly, Holly Fisher, Barb Lewis et John Schmidt

CPATH Pre-Conference Program

Thursday, October 1, 2015

Schedule

| | |
|--------------------------|-------------------------------------|
| All Day | Registration |
| 10:00 - 10:30 am | Morning Break |
| 12:00 - 1:00 pm | Lunch (provided) |
| 3:00 - 3:30 pm | Afternoon Break |
| 8:00 am - 7:00 pm | Pre-conference Training Sessions |

Suggested themes:

- Expanding our concept of “family”
- Supporting gender creative and trans children and youth, and their families
- Promoting gender diversity in schools
- Supporting trans parents through transition
- Supporting couples through transition
- Supporting trans individuals’ access to parenthood

PRE-CONFERENCE TRAINING SESSIONS

9:00 am - 5:00 pm

“We Are Part of a Whole”: A Family Systems Approach to Transgender Health

Objective:

This pre-conference training will allow participants to develop skills to enhance their work with trans and gender creative individuals of all ages and their families.

Context:

As research and clinical experience tells us, the well-being of trans persons are intrinsically linked to the context in which they develop. Thinking of “family” in a broad manner, and focusing on the needs of all family members, we will explore ways to create greater stability and support for transitioning family members, whether a child, a youth, a parent or a spouse. Clinicians assessing priorities related to medical transition may overlook or underestimate the importance of considering a systemic approach when assessing a trans person’s needs.

What we know:

- Parents of young children play a determining role in allowing and limiting their child’s gender expression.
- In recent months, studies have once again confirmed that parental support contributes significantly to the adjustment and well-being of transitioning youth and adults.
- When a parent transitions, children can suffer from the family deregulation, not per se, from the parent’s transition.
- We see an increasing number of individuals attempting to transition with the support of their significant other.
- A growing number of individuals and couples are thinking about options for parenthood as they move through transition and beyond.

Faculty:

Françoise Susset is a clinical psychologist and couple and family therapist. Her principal areas of interest are working with trauma survivors and sexual minority issues. She is co-founder of The Institute for Sexual Minority Health (<http://ismh-isms.com/>) and offers professional training and clinical supervision on a variety of LGBTQ topics and more specifically on issues touching the lives of trans persons of all ages. Françoise works within a “minority stress” framework, acknowledging the impact of discrimination on people’s mental health and development. Her clinical work centers on trans adults and teens, during transition and beyond. She also focuses on supporting gender variant children, helping families and schools challenge notions regarding sexuality, sexual orientation, gender identity and gender expression. Françoise is a member of WPATH and has served as president of the Board of CPATH. She recently completed a doctoral thesis in Psychology and published an article entitled: “Vulnérabilité et stigmatisation des enfants non normatifs dans l’expression de leur genre” (“Vulnerability and Stigmatization of Gender Non-Conforming Children”) in the *Revue québécoise de psychologie* and contributed a chapter entitled: “Between a Rock and a Hard Place: The Experience of Parents of Gender-Nonconforming Boys” in Meyer and Pullen-Sansfaçon’s book: *Supporting Transgender and Gender Creative Youth*.

Jake Pyne is a doctoral student in Social Work and Gender Studies at McMaster University. He has spent the past 15 years in various research and advocacy related roles in Toronto’s trans community. Jake’s community work has focused on access for trans individuals to emergency services, health care and family law equality, in addition to building community support for gender non-conforming children and their families. Jake is part of a number of provincial and national trans health research teams, including the Trans PULSE project, and he publishes widely on issues of health and justice for trans communities. Jake’s doctoral research focuses on how puberty suppression and early transition for trans youth has become ‘thinkable’ and possible in this time

and place. This research is supported by Trudeau and Vanier Scholarships, and he is the 2015 recipient of the WPATH award for “Outstanding Student Contribution to the Field of Transgender Health”.

Annie Pullen Sansfaçon is Associate Professor at the University of Montreal’s School of Social Work. After obtaining her PhD in ethics and social work (De Montfort University, UK, 2007) she continued working on the development of anti-oppressive theories, approaches and methodologies to promote ethical and emancipatory practice in social work. Recent projects include research related to the adaptation of migrant social workers and the various barriers they navigate to practice in Canadian context, as well as the experience of parents of transgender children. She is the author of the books *The Ethical Foundations of Social Work* (with S. Cowden; Routledge, 2012) and *Supporting Transgender and Gender Creative Youth: Schools, Families and Communities in action* (with E.J. Meyer; Peter Lang, 2014).

Rachel Epstein (PhD) is a longtime LGBTQ parenting activist, educator and researcher. She is the founding coordinator of the LGBTQ Parenting Network at the Sherbourne Health Centre in Toronto, a program that provides resources, information and support to LGBTQ parents, prospective parents and their families and training for health care, legal, social work and education professionals. Rachel is currently on leave from the LGBTQ Parenting Network and is a Banting postdoctoral fellow at Brock University, conducting research on LGBTQ family conflict and reconfiguration. She also works as a professional mediator with LGBTQ parents and prospective parents. In 1997, with midwife Kathie Duncan, Rachel founded the Dykes Planning Tykes (DPT) program, a 12-week course for lesbian/bisexual/queer women who are considering parenthood. DPT has spawned three other queer and trans family planning courses: *Daddies & Papas 2B*, *Trans-Masculine People Considering Pregnancy* and *Queer & Trans Family Planning(s)*, which are offered in partnership with The 519 Church St Community Centre. Rachel and her daughter and co-parent were parties in the 2005 Charter Challenge that resulted in changes to birth registration procedures in Ontario, Canada and for many years she has advocated on behalf of LGBTQ communities in relation to Assisted Human Reproduction services and adoption systems. Rachel has also published on a wide range of LGBTQ parenting issues, including assisted human reproduction, queer spawn in schools, butch pregnancy, adoption, and the tensions between queer sexuality, radicalism and parenting. She is the author of the Best Start Resource Centre’s manual, *Welcoming and Celebrating Sexual Orientation and Gender Diversity in Families* (lgbtqpn.ca/BestStart), editor of the 2009 anthology, *Who’s Your Daddy? And Other Writings on Queer Parenting* (<http://threeoclockpress.com>) and recently completed a doctoral dissertation on LGBTQ people’s experiences in fertility clinics.

8:00 am – 12:00 pm

Introduction to Trans Cultural Competence: The Joy of Gender: Trans Lives in Context

This program has been accredited by the College of Family Physicians of Canada and the Nova Scotia chapter for up to 4 Mainpro-M1 credits.

“Joy of Gender” prepares Social Service providers and Clinicians who are new to this topic to understand and embrace the care of trans communities. The transgender experience is presented as an ordinary, if unusual, aspect of human diversity rather than a medical diagnosis. Thought-provoking experiential exercises, carefully chosen video clips, and plenty of time for Q and A make for a lively and interactive workshop. A constellation of gender identities is discussed and illustrated. Participants will gain an appreciation of the historical and cross-cultural contexts of trans people’s lives as well as current international efforts by trans communities as they reach for visibility, human rights, and access to health care on their own terms.

Faculty:

Hershel Russell Ed, CRPO, is an experienced psychotherapist who has been counseling trans people and their families since 1995 and, more recently, also the parents of gender-diverse children. He is, himself, an older, white, transgender man, actively involved in program and policy development with health care providers and government decision makers and a contributor to current debates in the often controversial and rapidly changing field of trans and gender-variant research. Hershel’s lively and engaging capacity-building workshops about serving trans and gender-diverse communities have proved both popular and effective in a wide range of health, social service and educational organizations. As a trained Adult Educator, Hershel believes that effective learning is always an active process, that respect for everyone’s dignity is key and that shared, well-timed laughter can accomplish much! Participants often comment on how easy it feels to raise difficult or awkward questions in his workshops and to discuss them with complexity.

Nolan Pike works as a community educator at the Youth Project in Halifax providing workshops to schools across the province around LGBTQ* issues, as well as professional development to people working with youth. Most recently, he has been working on a committee with the Nova Scotia Department of Education to create guidelines for supporting transgender students and staff. Nolan is presently working on an honours thesis in English at Mount Saint Vincent University exploring intersections within queer theory and various philosophies on metaphor. He is excited to be involved with the Reducing Stigma, Promoting Resilience project with the Gender & Health Promotion Studies Unit, Dalhousie University, Halifax.

1:00 – 5:00 pm

Planning and Documenting Medical Transition

Sponsored by the WPATH Global Education Initiative:

Advancing Best Practices in Medical and Mental Health Care

This program has been accredited by the College of Family Physicians of Canada and the Nova Scotia chapter for up to 4 Mainpro-M1 credits.

Overview of the WPATH Standards of Care Version 7

This overview will update you on important changes in the globally accepted, evidence based guidelines to providing gender affirming care.

Planning and Documenting Medical Transition

This interactive workshop will take you through four essential steps to ensure comprehensive and compliant evaluations.

You will learn to:

1. Implement the “Key Questions for the Provider to Consider” format.
2. Recognize differential diagnosis around Gender Dysphoria.
3. Communicate the risks and benefits of both hormones and surgery.
4. Apply the necessary components of documentation and letter writing for hormone and surgical treatment

Faculty/WPATH Trainer:

Gail Knudson MD, MPE, FRCPC, is a Clinical Associate Professor at the University of British Columbia Faculty of Medicine, Consultant Psychiatrist at Vancouver Hospital, Medical Lead of the

Transgender Health Information Program at Vancouver Coastal Health, Chair of the BC Trans Clinical Care Group and Head of the BC Surgical Care Planning Group. Dr. Knudson served as Co-chair of the DSM 5 Consensus Committee for the World Professional Association for Transgender Health (WPATH), Writing Group Member of the Standards of Care for Transgender Health Version 7 (SOC 7) and is the current Co-chair of the WPATH ICD 11 Consensus Committee. After having completed two terms as the Secretary-Treasurer of WPATH, Dr. Knudson currently serves as President-Elect. She is co-founder and former President of the Canadian Professional Association for Transgender Health (CPATH). She has also held leadership positions within the American Society for Reproductive Medicine (ASRM) and the International Society for the Study of Women’s Sexual Health (ISSWSH). Currently Dr. Knudson is president elect, WPATH and co-chair WPATH Global Education Initiative.

5:30 – 7:00 pm

The Role of the Family Physician in Trans Health Services

This program has been accredited by the College of Family Physicians of Canada and the Nova Scotia chapter for up to 1.5 Mainpro-M1 credits.

This 90 minute session is specifically designed for family doctors wanting to increase their capacity to provide primarily health care services to transgender patients. From basic primary care, to assessment and initiation of cross hormone therapy, to preventive care, this session will provide hands on, practical information and knowledge to provide the best care possible to your transgender patients.

Faculty:

Dr. Sue M. Atkinson, MD, CCFP, FCFP, Assistant Professor Department of Family Medicine, Dalhousie University Clinic Physician, Halifax Sexual Health Centre

Dr. Sue Atkinson graduated from Dalhousie Medical School, and completed her residency in Family Medicine, also at Dalhousie University. She has worked in the Department of Family Medicine since 1993 and at the Halifax Sexual Health Centre since 1992. She has a broad based practice in Family Medicine, and has provided care for LGBTQI people of all ages throughout her career.

7:00 – 10:00 pm

Welcome Reception

UFCW Canada has assumed the lead, in collaboration with CPATH, in completing a national scan of approved surgeries and services across Canada. Emmanuelle Lopez-Bastos, National Representative with UFCW Canada, and Nicole Nussbaum, Past-President of CPATH, will speak briefly to the national scan at the opening reception. A poster version of the scan will be provided to all attendees.



free gender 101 book available online at

thegenderbook.com

Programme de pré-conférence

Jeudi 1^{er} octobre 2015

| | |
|-------------------------|-----------------------------|
| Toute la journée | Inscription |
| 10h - 10h30 | Pause santé du matin |
| 12h - 13h | Déjeuner (compris) |
| 15h - 15h30 | Pause santé de l'après-midi |
| 8h - 19h | Ateliers préconférences |

9h - 17h

« Nous faisons partie d'un tout » : la santé trans et le système familial

Objectif :

Cet atelier préconférence permettra aux participants de développer des compétences leur permettant d'améliorer le travail auprès des personnes de tous âges, trans et créatifs dans leur expression de genre, ainsi qu'auprès de leur famille.

Contexte :

Comme nous en informent la recherche et la pratique clinique, le bien-être des personnes trans est indissociable du contexte dans lequel elles évoluent. En élargissant le concept de « famille », et en portant attention aux besoins de tous les membres de la famille, nous explorerons comment mieux contribuer au soutien et au sentiment de stabilité des membres de la famille qui vivent une transition, qu'il s'agisse d'un-e enfant, d'un-e jeune, d'un parent ou d'un-e conjoint-e. Les intervenants chargés d'évaluer les priorités associées à une transition médicale peuvent négliger ou sous-estimer l'importance d'une approche systémique dans l'évaluation des besoins de la personne trans.

Ce que nous savons :

- Les parents ont un rôle déterminant quant aux permissions et aux limites à l'expression de genre de leur enfant.
- Dans les derniers mois, des études ont, une fois de plus, confirmé que le soutien parental contribue énormément à l'ajustement et au bien-être des jeunes et des adultes en transition.
- Lorsqu'un parent vit une transition, les enfants peuvent souffrir de la dérégulation du système familial et non de la transition du parent en tant que tel.
- Nous rencontrons de plus en plus de personnes trans qui tentent de faire leur transition à l'intérieur de leur relation de couple.
- Un nombre toujours grandissant de personnes trans réfléchissent aux options qui leur sont offertes leur permettant d'accéder à la parentalité durant et au-delà de la transition.

Thèmes proposés :

- Élargir notre notion de « famille »
- Soutenir les enfants et les jeunes créatifs dans l'expression de leur genre et trans, et leur famille
- Promouvoir la diversité des genres à l'école
- Soutenir les parents trans à travers la transition
- Soutenir les couples à travers la transition
- Soutenir l'accès à la parentalité pour les personnes trans

Les membres de la faculté :

Françoise Susset est psychologue clinicienne et psychothérapeute conjugale et familiale. Ses principaux champs d'intérêt sont l'intervention auprès de personnes victimes d'abus et de traumatismes ainsi qu'auprès de personnes victimes de discrimination, tout particulièrement des individus provenant des minorités sexuelles. Elle est cofondatrice de l'Institut pour la santé des minorités sexuelles (<http://fr.ismh-isms.com/>) et offre des formations professionnelles et de la supervision clinique sur de nombreux sujets se rapportant à la vie des personnes LGBTQ et tout particulièrement des personnes trans de tout âge. Françoise travaille à partir d'un cadre conceptuel de « stress minoritaire », reconnaissant les impacts de la discrimination sur la santé mentale et le développement des individus. Elle s'intéresse tout particulièrement à l'évaluation et au suivi clinique des adultes et des adolescents trans, durant et au-delà de la transition. Elle est spécialisée également dans le soutien aux familles dont l'enfant exprime son genre de manière non normative (Gender creative children) afin d'aider les familles et les écoles à remettre en question des notions associées à la sexualité, l'orientation sexuelle, l'identité sexuelle et l'expression de genre. Françoise est membre de la WPATH et a siégé comme présidente du conseil d'administration de l'Association canadienne des professionnels en santé des personnes transsexuelles (CPATH). Elle a récemment terminé une thèse de doctorat en psychologie et a publié un article intitulé: « Vulnérabilité et stigmatisation des enfants non normatifs dans l'expression de leur genre » dans la Revue québécoise de psychologie ainsi qu'un chapitre intitulé: « Between a Rock and a Hard Place: The Experience of Parents of Gender-Nonconforming Boys » (« Entre le marteau et l'enclume: l'expérience des parents de garçons qui ne conforment pas aux stéréotypes de genre ») dans l'ouvrage de Meyer et Pullen-Sansfaçon : Supporting Transgender and Gender Creative Youth.

Jake Pyne est étudiant au doctorat en travail social et études de genre à l'Université McMaster. Il a passé les 15 dernières années dans divers rôles de recherche et de plaidoyer liées à la communauté trans de Toronto. Le travail communautaire de Jake a mis l'accent sur l'accès pour les personnes trans aux

services d'urgence, aux soins de santé et à l'égalité dans le droit de la famille, en plus de renforcer le soutien communautaire pour les enfants non conformes dans leur genre et leur famille. Jake fait partie d'un certain nombre d'équipes de recherche en santé trans provinciales et nationales, y compris le projet Trans PULSE, et il publie de nombreux articles sur les questions de santé et de justice pour les communautés trans. La recherche doctorale de Jake se concentre sur la façon dont la suppression de la puberté et la transition à l'adolescence pour les jeunes trans sont devenues «imaginables» et possibles ici et maintenant. Cette recherche est soutenue par les programmes de bourse Trudeau et Vanier et il est le récipiendaire 2015 de la bourse de WPATH pour sa « contribution étudiante exceptionnelle dans le domaine de la santé trans ».

Annie Pullen Sansfaçon est professeure agrégée à l'École de service social de l'Université de Montréal. Détentrice d'un PhD en éthique et travail social (De Montfort University, R.-U., 2007), elle s'intéresse, d'un point de vue théorique et méthodologique, aux approches anti-oppressives en travail social dans la perspective de développer des pratiques éthiques et émancipatrices pour diverses populations. Au cours des dernières années, elle a participé, entre autres, à des projets de recherches visant à mieux comprendre les expériences de certains groupes en lien avec les oppressions vécues, dont les travailleurs sociaux immigrants, et les parents d'enfants transgenres. Elle est l'auteure des livres *Ethical Foundations of Social Work* (avec S. Cowden, Routledge, 2012) et *Supporting Transgender and Gender Creative Youth: Schools, families and communities in action* (avec E.J Meyer, aux éditions Peter Lang, 2014).

Rachel Epstein (Ph. D.) est une militante, éducatrice et chercheuse sur la parentalité LGBTQ de longue date. Elle est la coordonnatrice et fondatrice du LGBTQ Parenting Network au Sherbourne Health Centre de Toronto, programme qui fournit des ressources, de l'information et du soutien aux parents LGBTQ, aux futurs parents et à leurs familles. Le programme prévoit aussi des formations auprès des professionnels et des travailleurs dans les secteurs de la santé, du droit, du travail social et de l'éducation. Rachel est actuellement en congé du LGBTQ Parenting Network car elle bénéficie d'une bourse postdoctorale Banting à la Brock University, et conduit une recherche sur le conflit et la reconfiguration des familles LGBTQ. Elle travaille aussi comme médiatrice professionnelle auprès de parents et futurs parents LGBTQ. En 1997, avec la sage-femme, Kathie Duncan, Rachel fonde le programme Dykes Planning Tykes (DPT), un cours de 12 semaines pour les femmes lesbiennes, bisexuelles, queers qui envisagent la parentalité. DPT a aussi mis sur pied d'autres cours de planification familiale queer et trans : *Daddies & Papas 2B*, *Trans-Masculine People Considering Pregnancy* et *Queer & Trans Family Planning(s)*, offerts en partenariat avec le 519 Church St Community Centre. Rachel, sa fille et sa coparente ont été parties à la contestation de la Charte en 2005 qui a conduit au changement des procédures de déclaration des naissances en Ontario, et depuis de nombreuses années, Rachel lutte au

côté des communautés LGBTQ pour l'accès à la procréation médicalement assistée et pour l'adoption. Rachel a aussi publié de nombreux articles sur la parentalité LGBTQ, incluant la procréation médicalement assistée, les jeunes de parents queers en milieu scolaire, la grossesse chez les butchs, l'adoption, et les tensions entre sexualité queer, radicalisme, et homoparentalité. Elle est l'auteur du guide *Welcoming and Celebrating Sexual Orientation and Gender Diversity in Families* (lgbtqn.ca/BestStart) du Centre Best Start Resource Centre, éditrice de l'anthologie publiée en 2009, *Who's Your Daddy? And Other Writings on Queer Parenting* (<http://threeclockpress.com>). Rachel a récemment complété une thèse de doctorat sur les expériences des personnes LGBTQ avec les cliniques de fertilité.

8h - 12h

Introduction à la compétence culturelle trans : La grande diversité des genres : Les vies des personnes trans en contexte

La grande diversité des genres prépare les fournisseurs de services sociaux et les cliniciens qui sont nouveaux à ce sujet afin qu'ils comprennent, et acceptent de fournir les soins, aux communautés trans. L'expérience transgenre est présentée comme un aspect ordinaire, même si inhabituel, de la diversité humaine plutôt qu'un diagnostic médical. Des exercices pratiques qui encouragent la réflexion, des clips vidéo soigneusement choisis et beaucoup de temps pour les questions et réponses, rendent cet atelier vivant et interactif. Une grande diversité d'identités de genre est discutée et illustrée. Les participants acquerront une appréciation des contextes historiques et interculturels de la vie des personnes trans ainsi que des efforts internationaux actuels mis de l'avant par les communautés trans qui réclament visibilité, droits de la personne, et accès aux soins de santé sur leurs propres termes.

Les membres de la faculté :

Hershel Russell MEd, CRPO, est un psychothérapeute qui suit des personnes trans et leur famille depuis 1995, et plus récemment, les parents d'enfants en non-conformité de genre. Lui-même, homme trans, blanc, plus âgé, il s'est activement engagé dans le développement de politiques et de programmes de formation pour les prestataires en soin de santé et auprès des décideurs gouvernementaux. Il contribue aux débats actuels portants sur le champ de la recherche sur les personnes trans et/ou en non-conformité de genre, domaine dynamique et souvent controversé. Les ateliers au service des communautés trans et sur la diversité de genre présenté par Hershel, sont appréciés autant pour leur caractère animé que leur renforcement des compétences. Il a su démontrer l'efficacité et le succès de ces ateliers à l'échelle de la province aussi bien dans le domaine de la santé, du travail social que de l'éducation. De par sa formation en éducation aux adultes, Hershel croit qu'un apprentissage efficace est un processus actif dont la clef est le respect de la dignité chacun, et que le rire bien placé peut faire beaucoup ! Les

participants témoignent souvent la facilité avec laquelle il répond aux questions difficiles ou délicates dans ses ateliers et en discute de manière approfondie.

Nolan Pike travaille comme éducateur communautaire au Projet Jeunesse d'Halifax organisant des ateliers à l'échelle de la province sur les thématiques LGBTQ et au développement professionnel de ceux et celles qui travaillent avec les jeunes. Depuis peu, il travaille sur un comité avec le Département d'Éducation de la Nouvelle-Écosse pour déterminer les lignes directrices pouvant soutenir les étudiants trans ainsi que le personnel. Nolan écrit présentement un mémoire dans le département d'anglais à l'Université Mount Saint Vincent explorant l'intersection entre la théorie queer et les différentes philosophies de la métaphore. Il s'est engagé passionnément dans le projet de Réduction du stigma et promotion de la résilience avec le Gender & Health Promotion Studies Unit, de l'Université Dalhousie à Halifax.

12h - 13h

Déjeuner (compris)

13h - 17h

Planification et documentation de la transition médicale

Commandité par l'Initiative d'éducation mondiale [Global Health Initiative] de la WPATH: Promouvoir des pratiques exemplaires dans les soins médicaux et dans la santé mentale

Vue d'ensemble des standards de soins de la WPATH, Version 7

Cette vue d'ensemble vous permettra de vous mettre à jour sur les changements importants dans les lignes directrices fondées sur des données probantes, mondialement acceptées, afin d'offrir des soins adaptés aux besoins des personnes trans.

Planification et documentation de la transition médicale

Cet atelier interactif vous mènera à travers quatre étapes essentielles pour assurer des évaluations complètes et conformes.

Vous apprendrez à :

1. Mettre en oeuvre le format: «Questions clés pour le fournisseur à prendre en considération».
2. Reconnaître le diagnostic différentiel autour de dysphorie de genre.
3. Communiquer les risques et les avantages des hormones et de la chirurgie.
4. Appliquer les composantes nécessaires pour la documentation et la rédaction de lettres pour les traitements hormonaux et chirurgicaux.

Membre de la faculté / Formateur WPATH :

Gail Knudson MD, MPE, FRCPC, est professeure agrégée de clinique à la faculté de médecine de l'université de la Colombie-Britannique, psychiatre consultante au Vancouver Hospital, directrice médicale pour le programme d'information sur la santé du Vancouver Coastal

Health, présidente du BC Trans Clinical Care Group et directrice du BC Surgical Care Planning Group. Dre Knudson a été coprésidente du comité de concertation sur le DSM-5 de la WPATH ainsi que membre du comité de rédaction pour la 7e version des Standards de soins de la WPATH (SoC v.7). Elle est présentement codirectrice du comité de concertation de la WPATH sur le CIM 11 et coprésidente de l'initiative d'éducation globale de la WPATH. Après avoir effectué deux mandats comme secrétaire-trésorière de la WPATH, elle siège comme présidente élue. Elle est la cofondatrice et ancienne présidente de la CPATH. Elle a aussi occupé des postes de direction au sein de l'American Society for Reproductive Medicine (ASRM) et de l'International Society for the Study of Women's Sexual Health (ISSWSH), Vancouver, Colombie-Britannique.

17h30 - 19h

Les médecins de famille en soins de première ligne

Cette session de 90 minutes est spécifiquement conçue pour les médecins de famille qui veulent accroître leur capacité à fournir principalement des services de soins de santé aux patients transgenres. Des soins primaires de base, à l'évaluation et l'initiation de la thérapie hormonale, aux soins préventifs, cette séance fournira des informations pratiques et des connaissances, dans le but d'offrir les meilleurs soins.

Membre de la faculté :

Dre Sue M. Atkinson, MD, CCFP, FCFP, professeure adjointe au département de médecine familiale, médecin à la clinique de l'Université Dalhousie, Halifax Sexual Health Centre, Halifax, Nouvelle-Écosse

La Dre Sue Atkinson est diplômée de l'école de médecine de l'Université Dalhousie où elle a complété sa résidence en médecine familiale. Elle travaille au département de médecine familiale depuis 1993 et au Halifax Sexual Health Centre depuis 1992. Elle a une pratique générale en médecine familiale et a offert des soins de santé aux personnes LGBTQI de tout âge, tout au long de sa carrière.

19h - 21h

Réception d'ouverture

TUAC Canada a pris les devants, en collaboration avec la CPATH, et a compilé une liste nationale de chirurgies et de services approuvés à travers le Canada. Emmanuelle Lopez-Bastos, représentant national des TUAC Canada, et Nicole Nussbaum, ancienne présidente de la CPATH, présenteront brièvement l'analyse nationale à la réception d'ouverture. Une affiche numérisée sera fournie à tous les participants.

CPATH 2015 Conference Program

Friday, October 2 / vendredi 2 octobre 2015

All Day Registration / Inscription

8:00 - 8:30 am Conference Opening

Tuma Young – Welcome to the Traditional Territories of the Mi'kmaq Nation

Tuma Young is a traditional 2-Spirited person from the Malagawatch First Nation. Over the last thirty-five years, Tuma has been learning/teaching about the traditional roles of 2-Spirited people in Indigenous communities from elders, peers, activists and traditional folks. He is the co-founder of the Wabanaki 2-Spirit Alliance, a NGO focused on improving the lives of 2-Spirited people in Atlantic Canada. Tuma works as an Assistant Professor of Indigenous Studies at Cape Breton University and in his spare time, loves to take picture of birds with his partner of 23 years, Nicolaas.

Megan Leslie, Member of Parliament – Halifax and Deputy Leader of the New Democratic Party of Canada

Christine Ogaranko, Coordinator, Mental Health and Addictions Strategy, Nova Scotia Department of Health and Wellness

8:30 - 10:30 am **PLENARY**

(service de traduction simultanée au besoin)

Cultivating Systems Change – How it Really Happens

Systems change is defined as “the intentional process designed to alter the status quo by shifting and realigning the form and function of a targeted system” (Foster-Fishman, Nowell & Yang, 2007). This plenary introduces systems change initiatives intended to benefit the health and well-being of trans people and communities in four provinces. Panelists will speak about systems change initiatives they have participated in, in areas such as policy, program development and service delivery, and the intersections between human rights and health.

Panel objectives:

- To profile recent systems change work occurring at a provincial level
- To enable participants learn about models and approaches towards systems change that may be useful in their own contexts
- To develop an understanding of factors contributing to success and challenges, constraints and opportunities, and concrete tactics that have helped to advance systems change regarding the health and wellbeing of trans people.

Moderator:

Devon MacFarlane, MA, Board President, CPATH, Manager Community Development and Service Integration, Vancouver Island Health Authority, Nanaimo, British Columbia

Devon MacFarlane, MA currently works as the Manager for Community Development and Service Integration with Vancouver Island Health Authority, and has over 15 years experience working in health authorities, in roles addressing community development, program development, and organizational change. Over this time, a substantial focus of Devon's work has included advancing the health and wellbeing of trans populations as well as lesbian, gay, bi, Two Spirit, and queer populations – work that is close to Devon's heart as an out trans and queer person. In Devon's involvement with CPATH, Devon led the consultations on success at the 2012 conference; is currently co-chairing the conference committee for the 2015 conference in Halifax, and is excited to be serving as CPATH Board President.

Panelists:

Gabrielle Bouchard, Peer Support and Trans Advocacy Coordinator, Centre for Gender Advocacy, Concordia University, Montreal, Quebec

Gabrielle Bouchard is the Peer Support and Trans Advocacy coordinator at the Centre for Gender Advocacy; a social justice organization affiliated with Concordia University. Recipient of the ATQ 2014 Christine Jorgensen Award, she participated in the creation of a name of common usage policy at Concordia and coordinated part of the community efforts to bring legislative changes to insure trans rights in Québec. She is the spokesperson representing the Centre in its court case against the provincial government to bring full legal equality to trans, gender-variant and intersex people in Quebec. Gabrielle provides training and workshops to social actors, front-line workers, and post-secondary institutions. She is also leading a research study on trans prevalence in Québec and is the editor of the *État des faits trans au Québec* 2013.

Arden Krystal, MHA, RN, Executive Vice President & Chief Operating Officer, Provincial Health Services Authority, Vancouver, British Columbia

Arden Krystal holds executive leadership responsibility for all nine of PHSA's agencies – such as the BC Cancer Agency, BC Women's and Children's Hospitals and the BC Centre for Disease Control, as well as the Chief Nursing Office, Population Health, the Surgical Patient Registry and the Redevelopment Project at BC Children's and Women's Hospitals. Arden serves as the executive sponsor of the new Trans Care BC initiative, a province-wide initiative that will improve trans people's access to primary care,

to timely surgical care, to peer and community based supports, and will also provide education to health care providers across the province. Ms. Krystal is an Adjunct Professor at the UBC School of Nursing and holds a Certified Health Executive designation from the Canadian College of Health Leaders, a Masters of Health Administration from the University of British Columbia, and has certification from the Harvard Business School Managing Health Care Delivery Program. Arden has a broad range of experience as a healthcare professional and has served in a variety of leadership roles during the course of her career. Her current portfolio has a total consolidated budget of approximately \$1.5 billion in operating and over \$600 million in capital (related to the redevelopment project). Prior to joining PHSA in April 2012, she held the position of Vice President, Clinical Operations at Fraser Health, and was the Clinical Executive Sponsor of the Surrey Hospital and Redevelopment project.

Dr. Reece Malone, DHS, MPH, CSE, CST, Education Coordinator, Rainbow Resource Centre, Winnipeg, Manitoba

Dr. Reece Malone is the Education Program Coordinator for the Rainbow Resource Centre specializing in the development and delivery of public education and training on sexual orientation, gender identity, and comprehensive sexual health and human sexuality education. He has been a sexual health consultant on trans populations both nationally and abroad including the World Health Organization - Pan American Health Organization, the Public Agency of Canada, The Alberta Children's Hospital, and the Government of Nunavut. His work has recently been featured in Men's Health Magazine, Canadian Counselling Magazine and American Family Therapy Magazine. Additionally, he holds a private practice clinical sexology and sex therapy practice and volunteers for Allexperts.com. On his off time he can be found foraging Manitoba's forests for wild edibles for the most daring of palates and Winnipeg's foodie restaurants.

Cybelle Rieber, MEd, Coordinator, prideHealth, Nova Scotia Health Authority, Halifax, Nova Scotia

Cybelle Rieber is the Coordinator of the prideHealth Program with Nova Scotia Health in partnership with the IWK in Halifax Nova Scotia. Her role includes providing LGBTIQ cultural competency education across the health care systems, policy and administrative procedure consultation, liaising with community, health authority and government regarding trans health issues, advocating and educating regarding the need for greater access to health care, and assisting people to navigate the health care systems. She brings years of experience of health advocacy work, systems navigation and education. She holds an MA in Education, specializing in organizational learning.

OUVERTURE DE LA CONFÉRENCE

Tuma Young - Bienvenue sur les terres traditionnelles de la nation Mi'kmaq

Tuma Young est une personne bispirituelle qui vient de la Première Nation Malagawatch. Depuis 35 ans, Tuma apprend et enseigne sur le sujet des rôles traditionnels des personnes bispirituelles dans les communautés autochtones grâce au soutien d'aîné.e.s, de ses pairs, de militant.e.s et d'autres personnes en lien avec les traditions de ces communautés. Tuma a fondé l'Alliance Wabanaki 2-Spirit, une ONG dédiée à améliorer la vie des personnes bispirituelles sur la côte Atlantique du Canada. Tuma travaille à l'Université du Cap Breton en tant que professeur adjoint d'études autochtones. Dans ses temps libre, il aime photographier des oiseaux aux côtés de son compagnon Nicolaas avec qui il partage sa vie depuis 23 ans.

Megan Leslie, députée de Halifax et chef adjointe du Nouveau Parti démocratique du Canada (invitée)

Christine Ogaranko, Coordonnatrice, Mental Health and Addictions Strategy, Nova Scotia Department of Health and Wellness

PLÉNIÈRE

(Simultaneous translation provided)

La promotion changements systémiques – La réalité terrain

Le changement systémique se définit comme «le processus intentionnel visant à modifier le statu quo en déplaçant et en réalignant la forme et la fonction d'un système ciblé» (Foster-Fishman, Nowell & Yang, 2007). Cette plénière présente des initiatives de changements systémiques qui visent à améliorer la santé et le bien-être des personnes trans et des collectivités dans quatre provinces. Les panélistes parleront d'initiatives de changements systémiques auxquelles ils ont participé, dans des domaines tels que la politique, le développement de programmes et la prestation de services, ainsi que les intersections entre les droits de la personne et la santé.

Objectifs du panel:

- présenter le travail de changement systémique en cours au niveau provincial
- permettre aux participants de s'informer au sujet des modèles et des approches de changements systémiques qui peuvent s'avérer utiles dans leurs propres contextes
- développer une compréhension des facteurs contribuant à la réussite, aux défis, aux contraintes et aux opportunités, ainsi que les stratégies concrètes qui ont contribué à l'évolution des changements systémiques en ce qui concerne la santé et le bien-être des personnes trans.

Modérateur-trice :

Devon MacFarlane, MA, Président du Conseil d'Administration du CPATH, directeur du Développement communautaire et du Service d'intégration, Direction de la santé, Nanaimo, Colombie-Britannique

Devon MacFarlane travaille actuellement comme Directeur pour le développement communautaire et l'intégration des services à l'Agence de santé de l'île de Vancouver. Il travaille depuis plus de 15 ans dans diverses agences de santé, occupant différents postes touchant le développement communautaire, le développement de programmes, et le changement organisationnel. Pendant tout ce temps, une grande partie du travail de Devon a porté sur l'amélioration de la santé et du bien-être des personnes trans, ainsi que des personnes lesbiennes, gaies, bi, bispirituelles, et queers – travail que Devon tient à cœur comme personne ouvertement trans et queer. En tant que membre actif de la CPATH, Devon a mené avec succès les consultations sur la réussite de la CPATH lors de la conférence de 2012 ; il est actuellement coprésident du comité pour la conférence de 2015 à Halifax et il se réjouit de prolonger son mandat à titre de Président du Conseil d'administration de la CPATH.

Panélistes :

Gabrielle Bouchard, Coordinatrice du soutien aux pairs et de la revendication trans, Centre de lutte contre l'oppression des genres, Université Concordia, Montréal, Québec

Gabrielle Bouchard est coordonnatrice du Soutien entre pairs et défense des droits trans du Centre de lutte contre l'oppression des genres, un organisme pour la justice sociale affiliée à l'Université Concordia. Récipiendaire en 2014 du prix Christine Jorgensen remis par l'Aide aux trans du Québec, Gabrielle a participé à la création d'une politique d'utilisation du nom d'usage à la place du nom légal pour les personnes trans à l'Université Concordia. De plus, elle a coordonné une partie des efforts de la communauté pour obtenir des changements législatifs protégeant les droits des personnes trans au Québec. Enfin, elle est la porte-parole du Centre dans la cause initiée contre le gouvernement du Québec pour l'obtention d'une pleine égalité de droits pour les personnes trans, qui expriment une diversité au niveau du genre et intersexuées. Gabrielle donne des formations et anime des ateliers pour les acteurs sociaux, les intervenants de première ligne et dans les établissements d'enseignement postsecondaire. Elle mène actuellement une recherche sur la prévalence trans au Québec et est l'éditrice de État des faits trans au Québec, 2013.

Arden Krystal, MHA, RN, Chef des opérations, Provincial Health Services Authority, Vancouver, Colombie-Britannique

Arden Krystal a occupé des postes de direction au sein des neuf agences de l'Administration de services de santé provinciale de Colombie-Britannique (PHSA) dont : BC Cancer Agency, BC Women's and Children's Hospital, Centre for Disease Control, Chief Nursing Office, Population Health, the Surgical Patient Registry et le Redevelopment Project au BC Children's and

Women's Hospitals. Arden agit à titre de partenaire exécutive de la nouvelle initiative Trans Care BC, une initiative à l'échelle de la province pour améliorer les soins de première ligne, les délais pour les opérations, et le soutien apporté par les pairs et par la communauté trans aux personnes trans, ainsi que pour développer la formation dispensée aux professionnels de la santé à travers la province. Arden Krystal est professeure adjointe au programme des sciences infirmières de l'Université de la Colombie-Britannique et détient un titre de Certified Health Executive du Canadian College of Health Leaders, une maîtrise en Administration de la santé de l'Université de la Colombie-Britannique, et un certificat de la Harvard Business School Managing Health Care Delivery Program. Arden a une expérience très vaste comme professionnelle en soins de santé, et elle a occupé de nombreux postes de direction tout au long de sa carrière. Elle gère actuellement un budget qui avoisine 1.5 milliard de dollars pour les opérations et plus de 600 millions de dollars de capital (en lien avec Redevelopment project). Avant de rejoindre l'Administration des services de santé provinciale (PHSA) en 2012, elle a occupé le poste de Vice-présidente des Opérations cliniques chez Fraser Health, et a été la partenaire exécutive clinique du Surrey Hospital et du Redevelopment project.

Dr. Reece Malone, DHS, MPH, CSE, CST, Coordinateur à l'éducation, Rainbow Resource Centre, Winnipeg, Manitoba

Dr. Reece Malone est le Coordonnateur du programme d'éducation du Rainbow Resource Centre spécialisé dans le développement et la communication de l'éducation publique et de la formation portant sur l'orientation sexuelle, l'identité de genre, et l'éducation à la santé sexuelle. Il a été consultant en santé sexuelle pour les populations trans aussi bien au niveau national qu'international incluant l'Organisation mondiale de la santé, l'Organisation panaméricaine de la santé, l'Agence de santé publique du Canada, l'Alberta Children's Hospital, et le Gouvernement du Nunavut. Son travail a été couvert récemment par le magazine Men's Health, le Canadian Counselling Magazine et le American Family Therapy Magazine. De plus, il tient une clinique privée de sexologie et de thérapie sexuelle, et participe bénévolement au site Allexperts.com. Dans ces temps libres, on le trouve dans les forêts du Manitoba à la recherche d'aliments sauvages pour les palais les plus aventureux et les restaurants gastronomiques de Winnipeg.

Cybell Rieber, MEd, Coordinatrice, prideHealth, Nova Scotia Health Authority, Halifax, Nouvelle-Écosse

Cybell Rieber est la coordonnatrice du PrideHealth Program avec Nova Scotia Health en partenariat avec le Centre de santé IWK à Halifax en Nouvelle-Écosse. Son rôle est d'éduquer tous les échelons du système de santé aux réalités culturelles des communautés LGBTIQ et d'intervenir comme consultante dans le choix des politiques et des procédures administratives en lien avec ces communautés. Elle assure les liens entre les communautés, le ministère de la Santé et le gouvernement au sujet des enjeux touchant les personnes trans. Elle se consacre aussi à la défense

et à l'éducation sur les besoins des personnes trans pour un meilleur accès aux soins de santé, et aide ces dernières à mieux connaître les rouages du système de santé. Elle détient une maîtrise en éducation, avec une spécialisation en apprentissage organisationnel.

10:30 - 11:00 AM Break

CONCURRENT SESSIONS

11:00 am - 12:30 pm

1. Ethical Guidelines for Research Involving Trans People (Workshop)

Directives éthiques dans la recherche sur les personnes trans (Atelier)

Presenters:

matthew heinz, PhD, Dean, Faculty of Social and Applied Sciences, Royal Roads University, British Columbia;
Greta Bauer, PhD, Associate Professor, Department of Epidemiology & Biostatistics, Western University, London, Ontario;
Zack Marshall, PhD Candidate, Division of Community Health & Humanities, Faculty of Medicine, Memorial University, St. John's, Newfoundland
Jake Pyne, Doctoral Student, Social Work & Gender Studies, McMaster University, Hamilton, Ontario

With increasing visibility of trans people, the number of research projects involving trans-identified people, whether led by transgender or cisgender researchers, is also increasing. To promote greater research integrity, the CPATH Research Committee is developing draft ethical guidelines for research involving trans people. As one step in the development process, the CPATH Research Committee hopes to engage the community of practitioners and trans community members by offering a consultative workshop. The Committee will present draft principles, derived from our review of the literature of research protocols involving gender diverse and other vulnerable populations as well as our review of community-generated ethics guidelines. The workshop will involve participants in a discussion about basic principles we would expect to guide research on our communities. The results of this discussion will be integrated in our work on drafting a formal set of guidelines for eventual endorsement by CPATH. The final set of endorsed guidelines will be made available as recommended practices to researchers and granting councils as well as institutional Research Ethics Boards. The guidelines will also be publicly available through the CPATH website and those of other related organizations. Finally, the guidelines will be circulated in community and public organizations working with trans people across Canada so that they can make informed decisions about whether or not to participate in particular projects. The workshop will be co-facilitated by members of the CPATH Research Committee.

2. People Assessing Their Health: An Innovative Way to Engage The Trans Community in Determining Their Own Health (Workshop)

Évaluer sa propre santé : Une façon innovatrice d'engager la communauté trans à jouer un rôle déterminant en matière de santé (Atelier)

Presenters:

Colleen Cameron, Adult Educator, Coady International Institute, St. Francis Xavier University, Antigonish, Nova Scotia;
Janet MacDonald, Co-Facilitator Positive Space Training, Antigonish, Nova Scotia

Enabling people at the grassroots level to participate in the development of healthy public policy requires a broad and creative approach. The People Assessing Their Health (PATH) process uses an innovative approach to health impact assessment (HIA) by engaging people at the local level to name the things that will affect the well-being of their communities and build their capacity to become active participants in the decisions that affect them in the future. The PATH process and community driven HIA is a way of valuing lay knowledge and supports advocacy and community mobilization in addition to influencing policy development. The PATH process is a health promotion, community development process that uses a storytelling dialogue process that results in community members identifying the factors that determine their health, the development of a vision of a healthy community and the development of a community health impact assessment tool (CHIAT). This tool can be used to assess the potential impact of any policy, program, project or program on the health of their community. This participatory workshop will introduce the participants to the PATH process, give them an opportunity to experience the storytelling dialogue method and explain how a CHIAT is developed. By the end of this workshop, participants will have identified the determinants of trans health and be able to discuss how a CHIAT would be a useful tool for them to develop and use to promote and advocate for their health and wellbeing. This workshop will be facilitated by an experienced facilitator of the PATH/CHIA processes.

3. Being Trans on the Job (Oral Presentations) Être trans au travail (Présentations orales)

a) Un/employment Can be Hazardous to Your Health: Trans Employment Relations and Embodied Affects

Le travail ou le manque de travail peut être dangereux pour votre santé : les relations des personnes trans avec le travail et les impacts sur leur santé

Presenter:

Dr. Dan Irving, PhD, Associate Professor, Human Rights & Sexuality Studies Programs, Institute of Interdisciplinary Studies, Carleton University, Ottawa, Ontario

This paper is derived from a qualitative study addressing un(der) employment amongst trans* populations residing in Ontario, British Columbia, Washington State and New York. Drawing from 50 semi-structured interviews where participants narrated their work history pre, during and post transition (broadly defined), I will discuss the affective dimensions of trans* un/der/employment relations. There is a connection between employment relations and embodied feeling states that impact the health and well-being of trans* people. I argue that trans* individuals as job seekers or employees must demonstrate their capacity to perform according to aesthetic and behavioural scripts of normative masculinity or femininity. How they understand themselves measuring up to these gendered requirements and/or how they are judged by management is linked to depression, anxiety, fear, and anger. This is significant because it highlights the fact that both exclusion from, and inclusion within the workplace can produce embodied emotional states that undermine trans* individual's well-being. Such findings complicate current approaches to trans labour advocacy that emphasize trans inclusion and non-discrimination policies. The first section of my presentation addresses the ways that gender normativity is reproduced in the workplace through appearance, voice and behaviour. Trans* participants offer their experiences confronting expectations of being a 'proper' man or woman in job interviews and as employees. The second part of my presentation focuses on trans* subjects' affective responses to their gender identities and expressions being scrutinized. The narratives of trans* individuals demonstrate how react to the feeling of constantly being scrutinized with fear, anger, anxiety and, at times, with debilitating exhaustion.

b) Les interactions sociales des personnes trans dans leur milieu de travail : une analyse qualitative exploratoire

(Simultaneous translation provided)

Conférencier-ère:

Elizabeth Parenteau, BA, Sexologie Candidate à la maîtrise en sexologie (recherche-intervention), l'Université du Québec à Montréal

La présente étude explore les expériences des personnes trans (transsexuelles, transgenres) qui poursuivent un processus de transition de genre tout en demeurant dans le même environnement professionnel. Plus précisément, elle s'intéresse aux interactions sociales des personnes trans avec leur entourage de travail suite à cette transition. Afin de documenter ces éléments, des entrevues semi-dirigées ont été menées auprès de 12 personnes trans, de 27 à 61 ans, ayant effectué une transition dans leur milieu de travail au cours des cinq dernières années. Les propos recueillis ont été codés à l'aide du logiciel d'analyse qualitative NVivo. Lors de cette étude, tous les participants occupaient des emplois où ils étaient en interaction avec un ou plusieurs collègues. L'analyse démontre que les 12 participants ont affirmé avoir eu au moins une interaction positive avec l'un de leurs collègues. Dans l'ensemble, ces interactions étaient multiples et variées, incluant des paroles ou des gestes significatifs, de nouvelles amitiés. Toutefois, 11 interviewés rapportent aussi des interactions négatives avec certains de leurs collègues, principalement sous forme de discrimination directe et indirecte. Une majorité (7) ont pris conscience du commérage les concernant. Dans le cadre de leur profession, l'ensemble des participants rencontrés était en interaction avec des patrons ou des superviseurs. 11 participants interviewés ont au moins eu une bonne expérience avec un supérieur immédiat lors de leur transition en milieu de travail. Pour 8 participants, ceux-ci ont vécu une ou plusieurs interactions négatives avec l'un de leurs supérieurs immédiats. Cette étude peut contribuer à mieux informer les milieux de travail et les instances gouvernementales sur les enjeux liés à la transition et les façons de mieux soutenir les personnes trans dans leur milieu de travail.

b) Social Interactions of Trans People in the Workplace: An Exploratory Qualitative Analysis

(service de traduction simultanée au besoin)

Presenter:

Elizabeth Parenteau, Masters Candidate, Sexology (Clinical-Research), l'Université du Québec à Montréal

This study explores the experiences of trans people (transsexual, transgender) who transition while remaining in the same work environment. Specifically, she is interested in the social interactions trans people have within their work environment following transition. To document these elements, semi-structured interviews were conducted with 12 trans people, 27 to 61, who transitioned in the workplace over the past five years. The statements collected were coded using NVivo qualitative analysis software. In this study, all participants had jobs where they were interacting with one or more colleagues. The analysis shows that all 12 participants reported having had at least one positive interaction with one of their colleagues. Overall, these interactions were many and varied, including words or meaningful gestures, new friendships. However, 11 respondents also report

negative interactions with some of their colleagues, mainly in the form of direct and indirect discrimination. A majority (7) became aware of the gossip about them. In the context of their profession, all participants interacted with bosses or supervisors. 11 participants interviewed report at least one positive experience with a supervisor during their workplace transition. Eight participants experienced one or more negative interactions with one of their immediate superiors. This study can help better inform work environments and government bodies on issues related to transition and how to best support trans people in their workplace.

c) Trans People Working in Trans Health Care: Experiences, Opportunities and Challenges

Les personnes trans travaillant dans le milieu de la santé : expériences, opportunités et défis

Presenters:

Jenn Matsui De Roo, Registered Clinical Counsellor, Dragonstone Counselling/Options for Sexual Health, Vancouver, British Columbia;

Trans identified health care professionals face unique opportunities and challenges within practice and the community, with regards to client care, self-care and advocacy. Working within and advocating for one's own community creates a sense of depth, connection, and understanding that is invaluable to personal and professional development. Engaging with fellow community members can be rewarding, empowering, and heart-sustaining work. At the same time, developing, holding and communicating boundaries can be challenging when working and living within small communities or settings where dual roles are unavailable. Complications can surface when health care professionals are invested personally and professionally in the communities they serve. Some of the struggles include dealing with community conflict, building and maintaining social relationships, and navigating tensions between the health care institutions and advocacy organizations. In this presentation, attendees will learn from the experiences of a trans identified health care professional who is personally and professionally connected to their community. Attendees will leave with a deeper understanding of how trans identified service providers balance clinical practice and personal well-being, and how to better support and celebrate their trans colleagues. Jenn De Roo is a trans and genderqueer registered clinical counsellor. They will share insights of navigating practice and advocacy from their personal and professional experience as a member of the trans and gender diverse community.

d) Raising the Bar: Building Diversity & Inclusion in the Nova Scotia Public Service

Hausser la barre: développer la diversité et l'inclusion dans les services publics de la Nouvelle-Écosse

Presenter:

Laura Barbour, MA, Senior Consultant, Sexual Orientation and Gender Identity, Public Service Commission, Province of Nova Scotia

The Province of Nova Scotia recently released Raising the Bar – a strategy to build diversity and inclusion in the public service. We are committed to equitably representing the public we serve, ensure an inclusive and respectful workplace and are a culturally competent workforce. As one of Nova Scotia's largest employers, efforts that the Province of Nova Scotia makes to improve employment status and working conditions contributes to the overall health and well-being of employees, their families and communities in which they live. The presentation will highlight program development and policy changes of the Government of Nova Scotia that contribute to the reduction of systemic barriers faced by transgender Nova Scotians. This includes an overview of a newly developed social equity lens tool to support cabinet submissions, recently released Guidelines to Support Transgender and Gender Nonconforming Students, a positive spaces program for government employees, the development of guidelines to support transgender and gender nonconforming employees, a newly developed data collection approach, and the establishment of a diversity unit within government which includes a focus on sexual orientation and gender identity.

12:30 - 1:30 pm Lunch (provided)

1:30 - 3:00 pm

CONCURRENT SESSIONS

1. Acting OUT in the System: Engaging Trans Youth Experts to Train Service Providers (Workshop)

« Acting OUT » dans le système : Engager des jeunes experts trans pour former les prestataires de service (Atelier)

Co-Facilitators:

Kerry Boileau, Coordinator, Acting OUT Program, SKETCH Working Arts, Toronto, Ontario;

Youth Trainers: River Bowen, Prosoma Lundy, Jessica Beaumont, Bridget Liang - Toronto, Ontario

The Acting OUT Program at SKETCH Working Arts is engaged in an exciting partnership with the Children's Aid Society of Toronto to create innovative workshops in which trans and gender diverse

youth trainers with “lived experience” within child welfare or other systems are the real “experts.” In this model, youth trainers use theatre arts strategies to engage, educate and build capacity with service providers to provide gender-affirming service and clinical practice. The goal in this model is to create a shift in the culture of cisgenderism, heterosexism and homophobia in service settings, toward ensuring that services and clinical practices are gender-affirming and equitable, and thereby positively impacting the outcomes for the health and well-being of trans and gender diverse young people. Participants in this interactive workshop will learn directly from youth trainers about what trans-affirming service and clinical practice looks like, feels like, and about how our “best intentions” may actually be received by youth. Participants will have the opportunity to learn about and experience this unique workshop model, as well as deepen their own relational practice skills through arts-based practice and feedback. The workshop will be co-facilitated by Kerry Boileau from SKETCH and Lorraine Gale from CAS of Toronto, but the real educators will be the group of youth trainers themselves who will co-facilitate this workshop.

Learning Objectives:

- 1) Participants will expand their awareness of the nuances and impact of their actions and language on trans and gender diverse youth in healthcare and social service settings.
- 2) Participants will deepen their practice skills by learning to listen to trans and gender diverse young people, practice real-life

scenarios, and accept feedback using an open and non-defensive listening stance.

- 3) Participants will learn the value of this innovative, arts-based model for building relational practice skills and service capacity, as delivered by youth experts.

2. Exploring Allyship Across Intersecting Identities: We’re in this Together! (Workshop)
Des alliances à travers l’intersection des identités : nous sommes tous partenaires dans l’aventure ! (Atelier)

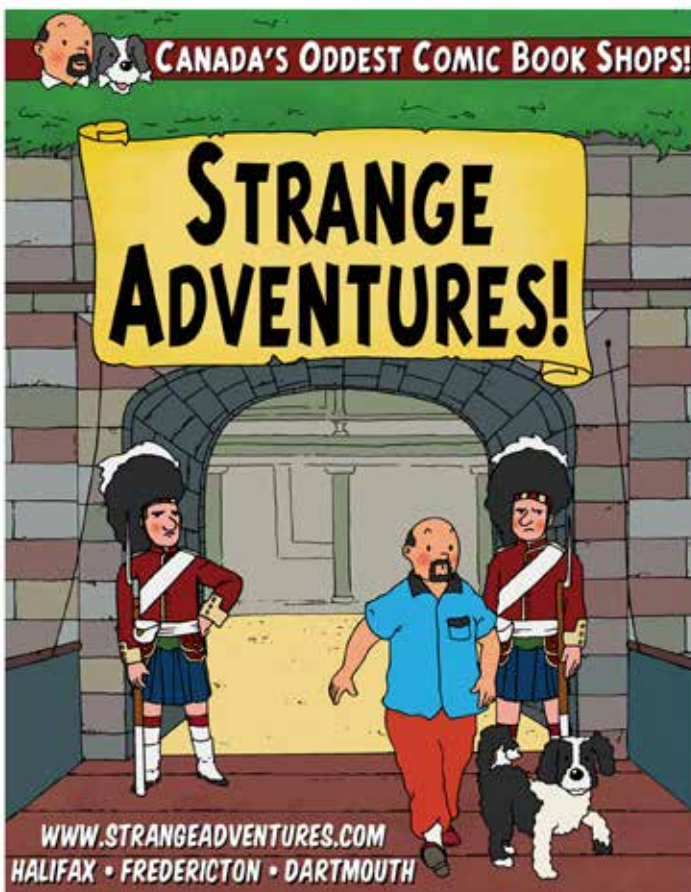
Presenter:

Nikki Zawadzki, BA, MA Candidate, Equity Studies, Simon Fraser University, Coordinator, Prism Services, Vancouver Coastal Health, Vancouver, British Columbia

This workshop will focus on how we can all be allies to one another. While we all carry locations of privilege and oppression, trans* and gender diverse folks often experience multiple intersecting oppressions that can impact their lives and result in negative health outcomes. In order to support improved health and wellness for trans* and gender diverse folks, we will explore how these determinants of health can influence and amplify one another. We will come away with an understanding of how we can all work alongside one another using our privilege to help level the playing field and improve health and wellness for others experiencing oppression.

The session will be organized into 3 main parts:

- 1) Overview of the Unique Social Determinants of Health for Trans* and Gender Diverse Folks: this will involve a Prezi presentation that goes through some intersectionality theory, statistics and anecdotes with lots of colourful visuals. (25 minutes)
- 2) Exploring our Own Locations of Privilege and Oppression: this section will have a facilitated group discussion and activity that highlights where we are both privileged and marginalized. (40 minutes)
- 3) Working Together to Improve Health and Wellness for Trans* and Gender Diverse Folks: here we will strategize ways to use our privilege for good, both collectively and individually. We will ask participants/teams to make a commitment to action and will post them up in the lobby for the duration of the conference. (25 min)



3. Oral Presentations / Présentations orales

a) NEW! Sherbourne Guidelines and Protocols for Hormone Therapy and Primary Health Care for Trans Clients

Nouveau ! Directives et protocoles de Sherbourne pour la thérapie hormonale et les soins de première ligne pour les clients trans

Presenter:

Dr. Amy Bourns, MD, LGBT Unit, Sherbourne Health Centre, Toronto, Ontario

Sherbourne Health Centre's Guidelines for Hormone Therapy and Primary Care for Transgender Patients has been a valuable resource for many primary care providers delivering trans care in Canada since the first publicly available edition in 2009. Over the past six years, the field has seen many changes including new WPATH standards, changes to the DSM, and emerging evidence relevant to primary care. With the support of Rainbow Health Ontario, the second edition of the protocols was published in April of 2015. This edition integrates recent progress in the field of trans health and reflects the evolution of our practice at Sherbourne Health Centre toward an individualized approach to care that emphasizes patient autonomy. The document reflects a sensible approach that aims to assist providers in assimilating trans care into their routine practice. This short 'sound-byte' presented by the author will focus on the changes in this edition and discuss the rationale and implications of these changes.

b) Reframing Voice Habilitation for the Transgender Client: Motor Learning Theory

Recadrer l'habileté vocale pour les clients transgenres: la théorie de l'apprentissage moteur

Presenters:

Dr. Celia Stewart, PhD, Associate Professor, Department of Communicative Sciences and Disorders, New York University Steinhardt School of Culture, Education, and Human Development, New York, New York;

Dr. Irene Kling, PhD, CCC-SLP, Mannes College, The New School for Music, New York State

Given that the criteria for realizing vocal efficiency, effectiveness, and credibility continue to evolve and move further from a binary template of gender presentation, the voice clinician must continue to find therapeutic solutions that meet the needs and expectations of each trans speaker as he/she moves through the complicated process of transition. Although the concept of motor learning as it applies to the acquisition of skilled movement is a familiar one, only recently have we integrated motor learning theory into voice habilitation and rehabilitation. The development of memory traces, self-regulation, recall and recognition schema, motor and sensory feedback, visualization, blocked and random practice offers a motor learning framework for incorporating vocal

communication skills that contribute to a persona that is congruent with the internal self-image. When we use motor learning theory to explain the temporary but expected shifts in our clients' vocal performance, their ability to persevere and tolerate inconsistency as they work to achieve a credible voice is enhanced.

Learning Objectives:

1. Recognize the relevance of motor learning theory to the development of a therapeutic hierarchy for transgender voice modification.
2. Link motor learning theory to the creation of goals and procedures for the trans speaker.
3. Describe the application of a motor learning perspective in the specific case of the transgender client

c) Improving Health Data on Trans People in Canada: Survey Measures and Opportunities

Améliorer les données de santé des personnes trans au Canada : mesures de l'enquête et opportunités

Presenter:

Dr. Greta Bauer, PhD, Associate Professor, Department of Epidemiology & Biostatistics, Schulich School of Medicine & Dentistry, Western University, London, Ontario

Data on trans people are not collected as part of large government population health surveys in Canada, as there is no option for trans people to identify themselves. Such data are also rarely collected in investigator-driven research outside of trans-specific studies, or are collected in ways that may be problematic. Moreover, if incorporated, some existing survey measures run the risk of resulting in widespread exclusion of trans participants from data analysis and results. Very limited cognitive testing of survey measures has been undertaken with regard to assessing appropriateness of inclusion in large population health surveys. We are assessing two sets of English-language measures that would allow explicit inclusion of trans people in general population surveys. We will present quantitative data on agreement between these two measures (e.g. were participants similarly identified as cis or trans in these two measures) and also present qualitative data regarding how participants understood these questions in light of their own sex and gender. We will provide preliminary recommendations for researchers. Finally, we will discuss where opportunities may exist for making change in data policies.

d) Narratives of Antiretroviral Therapy (ART)-based HIV Prevention Acceptability and Use: Findings From Interviews With Transgender Gay and Queer Men in Vancouver, British Columbia

Récits sur l'acceptation et l'utilisation de la prévention du VIH à partir des thérapies antirétrovirales (ART) : résultats d'entrevues auprès d'hommes trans et queers à Vancouver, Colombie-Britannique

Presenter:

Ashleigh Rich, MPH (BC), Research Coordinator, Momentum Health

Disproportionately affected by HIV, gay and queer men are a key target population for antiretroviral therapy (ART)-based HIV prevention. Little is known about the impact of HIV on transgender (trans) gay and queer men and the potential benefits of this intervention among this population. Mixed-method data exploring HIV risk among trans gay and queer men (n=14) were gathered from baseline surveys of an ongoing prospective cohort of gay men with follow-up semi-structured interviews conducted between November and December 2014 (n=11/14, 78.6% response rate). Presented findings focus on participants' narratives of post-exposure prophylaxis (PEP) and preexposure prophylaxis (PrEP) acceptability, access, and use. Participants' median age was 26 years [1st -3rd quartile: 24-28], 86% were White and all were HIV-negative. Most participants had at least some knowledge of, two had considered using, and two had used PEP. Most common motives for consideration/use included an unplanned risk event (e.g. condom breakage, sexual assault), HIV-related fear, and as part of a combination HIV prevention strategy. Barriers to consideration/use included both general barriers (e.g. need for a flexible schedule, fear of side effects) and trans-specific barriers (e.g., not using preferred names and pronouns, non trans-inclusive forms and patient record systems). While some participants had heard of PrEP, knowledge was limited overall and none had considered using or had used PrEP. Most had heard of Treatment as Prevention (TasP), and HIV viral load impacted sexual decision-making for a few. Overall, participant narratives indicated awareness of, perceived efficacy of, and a willingness to use PEP, though this is not yet the case for PrEP and awareness of other ARV-based prevention varied. As ART-based prevention becomes increasingly integrated into the combination HIV prevention toolkit, it is important for policymakers and clinicians to understand the application of these tools to populations at risk, including trans gay and queer men.

Co-Authors: Ashleigh Rich (1), Nathan J. Lachowsky (1,2), Kai Scott (3), Everett D. Blackwell (4), Caitlin Johnston (5), David M. Moore (1,2), Robert S. Hogg (1,5), Eric A. Roth (6,7)

1. BC Centre for Excellence in HIV/AIDS, Vancouver, Canada
2. Faculty of Medicine, University of British Columbia, Vancouver, Canada

3. Momentum Health Study, Vancouver, Canada
4. Community Advisory Board, Momentum Health Study, Vancouver, Canada
5. Faculty of Health Sciences, Simon Fraser University, Burnaby, Canada
6. Department of Anthropology, University of Victoria, Victoria, Canada
7. Centre for Addictions Research BC

3:00 - 3:30 pm POSTER VIEWING & Break
(Presenter Present)

A. Exploring the PRECEDE Framework to Understand Clinician Barriers and Facilitators to Delivering Trans-affirming Mental Health Care

Presenter:

Kinnon Ross MacKinnon, MSW, PhD student, Dalla Lana School of Public Health, University of Toronto, Toronto, Ontario

Transgender/transsexual/transitioned (trans) persons require increased access to trans-positive clinicians in order to reduce the duration and severity of mental health concerns experienced by the population. For instance, gender minorities report elevated rates of depression, anxiety, substance related concerns, and suicidality when compared to cisgender populations. At the same time, clinicians have identified barriers to delivering trans-affirming mental health care, while patients have reported challenges in accessing care. For this reason, health providers may need clinical practice behavior change interventions designed to improve trans-positive care for gender minority patients. Prior to initiating clinical behavior change interventions, however, a review of the predisposing, enabling, and reinforcing factors is necessary to identify issues around the uptake and adherence to new clinical practice guidelines. Thus, the PRECEDE (predisposing, reinforcing, and enabling constructs in educational diagnosis and evaluation) model is applied to investigate the feasibility of such behavior change interventions. The PRECEDE framework is an ecological approach within health promotion which considers the systemic environment, individual skills, and cognitions which may affect the design and success of an intervention program.

B. Inclusive Health: An Intervention to Address LGBTQ Health Issues and Medical Education Deficits

Presenters:

Ian Armstrong, 4th-year Medical Student, University of Alberta, Edmonton, Alberta;

Jocelyn Andruko, Medical Student (Class of 2017), University of Alberta, Edmonton, Alberta

Background:

There is insufficient education and sensitivity to trans-related health concerns among healthcare professionals. This creates barriers to care such as an unsafe clinical environment, inappropriate referrals, and delays to care, as well as slowing the adoption of evidence-based practices. This in turn contributes to disparities in the health of transgender people, such as challenges to mental health, avoidance of emergency care, and use of non-prescribed hormones. Intervention: To address the lack of curriculum coverage, undergraduate medical students at the University of Alberta initiated an LGBTQ health conference. The second annual conference, Inclusive Health 2015, took on a transgender focus: multidisciplinary experts and gender variant speakers presented on topics including hormone therapy, the diagnosis of gender dysphoria, supporting trans youth, creating an inclusive practice, and assisted reproduction technologies. In addition to the education of healthcare professionals and students, this conference engaged local service providers and community members, and raised the profile of LGBT health in the faculty and in local media. Results: This one-day symposium had 117 attendees. Feedback surveys showed an overwhelmingly positive response. Pre- and postconference surveys specific to healthcare professionals found increased understanding, motivation for further learning, and comfort discussing LGBT health-related topics. Conclusions: The success of this conference shows that more informed and sensitive care for transgender patients is within reach. A oneday conference for interested students and care providers is effective at raising awareness and interest in trans health-related topics. Future directions include expanding conference attendance, and integration of these topics into core curriculum.

C. The Importance of Peer Support for Parents of Transgender Children and Youth

Presenter:

Julie Temple Newhook, Post-Doctoral Fellow, Faculty of Medicine, Memorial University, St. John's, Newfoundland

Growing numbers of parents appear to be affirming, rather than repressing, their children's gender identities. These parents are also searching for health and social supports for their children and themselves (Brill & Pepper, 2008; Ehrensaft, 2011; Menvielle, 2012). Parental health and well-being is

rarely examined in this field, yet may be a significant concern. In shielding their children from social rejection, parents may themselves face social exclusion, rejection by their former peer support networks, fears about safety, and discrimination (Brill & Pepper, 2008). Parents may find it very difficult to locate health care providers who are knowledgeable about children's gender identity issues, particularly outside of Canada's main metropolitan centres. Parents may also have difficulty locating appropriate, affirmative childcare and education services for their children. Furthermore, parents of transgender children may require support of their own in order to provide affirmation to their children. This affirmative support is vital, given evidence that parental support significantly improves transgender youth's wellbeing and reduces suicide rates (Travers et al., 2012). This poster presentation will focus on parents' perspectives on the importance of peer support for parents of transgender children and youth. I will outline the grassroots development of a national, confidential, bilingual peer support group for parents of transgender children and youth: Canadian Parents of Gender Creative Kids/Parents des enfants transgenres canadiens. This social media-based group was established in June 2014 and continues to grow daily, with over 160 parent members from across the country. Quotes from members of this support group highlight the implications of this support for the health and well-being of both parent and child, the disparities in access to affirmative gender health services across the country, and the benefits, risks, and challenges of social media-based peer support for this population.

D. CALL Out!: Creating Supportive Communities for Trans and Gender Non-Conforming Youth In BC

Presenters:

Kyle Shaughnessy, Project Manager, C.A.L.L. Out!, Transgender Health Information Program, Vancouver, British Columbia;

Lau Mehes, Education Coordinator, C.A.L.L. Out!, Vancouver British Columbia

For the purposes of growing and sustaining the work that CALL Out! has been doing since 2010, one of our main objectives is to share our project learnings and strategies implemented to inspire similar programming in other health regions and provinces. This poster presentation provides attendees with a visual overview of the various engagement strategies CALL Out! has used to build capacity in communities across BC to create better support for trans and gender non-conforming youth. These engagement strategies include photovoice projects, leadership workshops for LGBT2Q+ and trans youth, educational workshops for supportive adults (parents & caregivers, service providers, educators & administrators and faith-based organizations), youth community project grants, LGBT2Q+ youth conferences, 1-1 support for trans youth & their families, Gender & Sexuality Alliance start-up

and creating a provincial support network for parents of trans youth. Also included in the poster presentation will be a quick review of the data used to inform C.A.L.L. Out!'s delivery model, as well as project findings from the first round of C.A.L.L. Out! in 2010-2013.

E. Making Gender a Priority in Medical Education

Presenters:

Adryen Yak, MA, Psychology, Medical student, McGill University, Montreal, Quebec;

Julian Gitelman, McGill University, Montreal, Quebec;

Laura Merdsoy, Student, Ingram School of Nursing, Vice President of Academic Affairs, McGill Nursing Graduate Students Association, McGill University, Montreal, Quebec;

Marlee Parsons, Medical Student, McGill University, Montreal, Quebec

As students of medicine at one of Canada's most prestigious universities, we are privileged to a wealth of opportunities as we learn to care for a variety of populations. Current pedagogical approaches, however, contribute to the erasure of trans* identities and ignore the diversity of gender and sex as they are experienced beyond the binary. Medical curriculums generally lack content around trans* experiences during preparation for patient interviews, physical examinations and documentation. In addition, instructors across settings are generally unprepared to actively engage in discussions of gender and sexual diversity, and often contribute instead to discourses of health which exclude marginalized communities. This compounds the central problem of student disengagement in social issues, particularly those pertaining to systemic gender oppression. How can we alter this? We propose combating these issues by creating a set of student-organized guidelines that promote, in essence, moving beyond the gender binary in medical education. We believe that by organising our experiences and ideals for gender diverse education into a set of anti-oppressive guidelines, we will be able to gather data about current educational practices that fall outside of quality trans-inclusive care. We will be able to present a unified, course of action with which to promote these values to University administration. Over the next months, we will identify specific gaps in medical education pertaining to gender and trans* experiences. From here we will develop a tool which medical faculties, clinical instructors, and educators can use to develop anti-oppressive content pertaining to gender diversity. Our future goal is to see this framework implemented across post-secondary education in all healthcare fields.

F. Exploring Transgender Adults' Perceptions of, and Experiences With, Primary & Emergency Care in Nova Scotia

Presenter:

Ella Vermeir, Health Promotion Masters student, Dalhousie University, Halifax, Nova Scotia

Background:

Transgender individuals face numerous barriers to receiving primary and emergency care, including discrimination and harassment. These barriers often deter transgender individuals from pursuing care and thus, negatively impact this population's overall health outcomes. Furthermore, the existing literature on the health care experiences of transgender adults is lacking.

Purpose:

This study aims to provide a comprehensive and holistic depiction of the primary and emergency care experiences of this population by investigating the entire health care encounter. Participants will be asked about their experience with health care professionals, their interactions with reception staff, the clinic's or hospital's physical environment, such as access to transgender friendly washrooms, correct pronoun usage by staff, perceived level of confidentiality and privacy, etc. This all-inclusive approach to understanding transgender health is novel and unique. The central research question is: "What are transgender adults' perceptions of, and experiences with, primary and emergency care in Nova Scotia?"

Methods:

Qualitative semi-structured interviews with 6-10 transgender adults will be used. A framework analysis approach will be employed to examine the data. Themes will be identified and organized into a thematic matrix, which will then be interpreted to provide explanations and meanings for the participants' experiences.

Expected Results:

It is expected that the primary and emergency care needs of transgender adults will be largely unmet due to barriers to pursuing and receiving care. The results will contribute to a greater understanding of this population's primary and emergency care needs. The findings can be used to inform providers on how to better serve transgender clients and may influence health policy makers to implement services that are accessible to these individuals.

G. Using Curriculum and School Culture in K-12 to Help Address Health Inequities in Trans Youth

Presenters:

Sarah Pickett, Registered Psychologist, Assistant Professor, Counseling Psychology & Chair, Sexuality and Gender Education Committee, Faculty of Education, Memorial University, St. John's, Newfoundland;

Jason Geary, PhD Student, Faculty of Medicine, Memorial University, St. John's, Newfoundland;

Julie Temple Newhook, Post-Doctoral Fellow, Faculty of Medicine, Memorial University, St. John's, Newfoundland

The Canadian Trans Youth Health Survey recently found that most transgender youth in Canada report low levels of school connectedness, with youth in Atlantic Canada reporting the lowest levels in the country. In addition, trans youth who reported low levels of school connectedness were more likely to report poor mental health. Given that education has been well established as a social determinant of health and that school environments influence several other social determinants of health - such as social exclusion, social safety nets, employment, and future job security - these findings raise serious concerns for the health of transgender students. Researchers, advocates and community members have long called for teacher training on gender identity development and gender-affirming approaches.

Currently, little is known about the effects of undergraduate courses for pre-service teachers on their understanding of inclusive teaching practices related to these issues. This study explores the influence of an undergraduate education course for pre-service teachers at an Atlantic Canadian University on the topic of 'sexual orientation and gender identity/expression in education'. The course and research framework both highlight educator awareness, knowledge and skills of inclusive teaching practices related to gender identity and expression. The research team employed qualitative methods to analyse learning artifacts produced by students throughout the course. Preliminary findings suggest pre-service teachers were both challenged by and valued the opportunity to reflect on their own experience of gender, appreciated the focus on terminology, struggled with the deconstruction of the gender binary and are eager to create environments where all students see themselves reflected in the curriculum and school community. These findings contribute to ongoing discussions on how educators may influence greater school connection and positive health outcomes for trans youth through inclusive school culture.

H. Check Me Out – Trans*

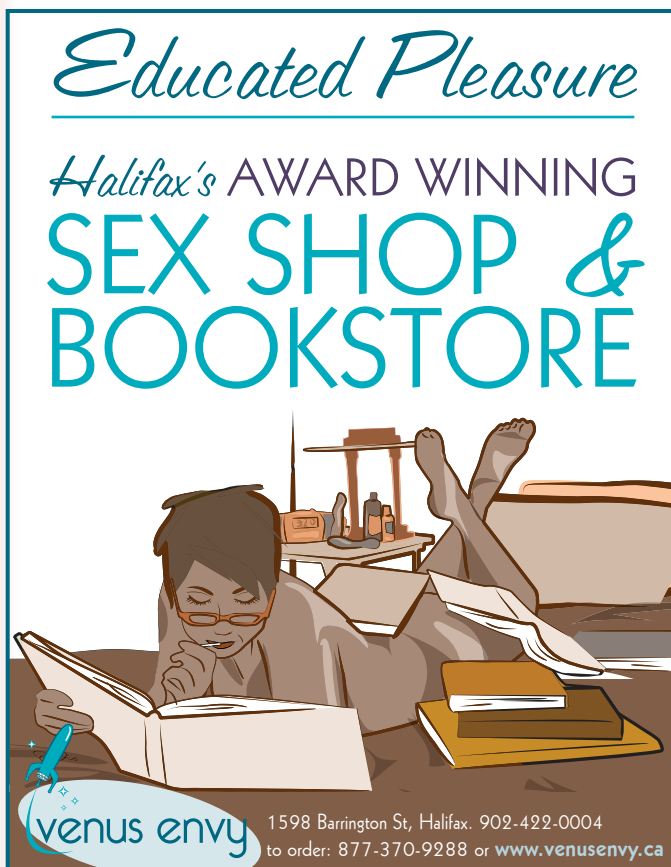
Presenter:

Chris Aucoin, MEd, Educational Psychology, Gay Men's Health Coordinator, AIDS Coalition of Nova Scotia, Halifax, Nova Scotia

A small but growing body of research suggests that trans* populations are at, at least, significant risk for HIV transmission, and at least some of the apparent contributing risk factors mirror that of gay men. We also know that trans* people don't have high HIV testing rates. This poster will outline the planned use of the AIDS Coalition of Nova Scotia's (ACNS) successful Check Me Out campaign (that was developed for gay men / MSM) as a template, with local trans* community input, to create a comparable trans*-specific sexual health checklist tool with the goal of that tool encouraging regular HIV / STI testing (in the context of the Treatment as Prevention (TasP) paradigm), and normalizing broader life-long sexual health maintenance. This work will be developed in the broader context of ACNS making an organizational effort to be more trans*-friendly / competent and inclusive in our community-based practice as a sexual health promotion organization.

This larger effort is taking the form of:

- Organizing cultural competency training for staff to move towards providing trans*-positive prevention education and support services;
- Stocking trans*-positive sexual health resources;
- Posting trans*-positive posters on the wall at our organization;
- Providing/creating trans*-positive HIV support services and resources with and for trans* people;
- Providing/creating trans*-positive HIV prevention services, resources and testing campaigns by making sure HIV prevention messaging includes the reality of trans* people's bodies and sexual activities, with and for trans* community members in the creation.



3:30 - 5:00 pm

CONCURRENT SESSIONS

1. Determinants of Health in Trans Youth: Findings from the Canadian Trans Youth Health Survey (Panel)

Déterminants de la santé des jeunes trans : résultats de l'enquête canadienne sur la santé des jeunes trans (Panel)

Panelists:

Dr. Jaime Veale, PhD, Canadian Trans Youth Health Survey, University of British Columbia, Vancouver;

Dr. Elizabeth Saewyc, PhD, Professor, Nursing and Adolescent Medicine, University of British Columbia, Vancouver, British Columbia;

Dr. Jaqueline Gahagan, PhD, Full Professor, Health Promotion, Head, Health Promotion Division, School of Health and Human Performance, Faculty of Health Professions, Dalhousie University, Halifax, Nova Scotia;

Hélène Frohard-Dourlent, PhD Student, Department of Sociology, University of British Columbia, Vancouver, British Columbia;

Beth Clark, MM, RCC, Doctoral Student, Interdisciplinary Graduate Studies Program, University of British Columbia, Vancouver, British Columbia;

Greyson Jones, MA, Candidate, Interdisciplinary PhD Program, Health Professions, Dalhousie University, Halifax, Nova Scotia;

Dr. Dan Metzger, MD, Pediatric Endocrinologist, British Columbia Children's Hospital, Clinical Professor, Division of Endocrinology, Department of Pediatrics, University of British Columbia, Clinical Investigator, Child and Family Research Institute and Member, BC Transgender Clinical Care Group, Vancouver, British Columbia

There is insufficient research-based knowledge of the health vulnerabilities that transgender and gender-diverse youth face, in part because of the lack of validated questions about gender identity to use in population-based surveys. This knowledge is needed to accurately inform positive and effective policies and programs to promote health and wellbeing amongst trans youth. The Canadian Trans Youth Health Survey was therefore conducted to develop an understanding of trans youth's physical health, emotional health, health risk exposures, and protective factors. The survey also included questions about gender identity, with follow-up questions asking participants to rate the appropriateness of and comment on their preferences for answering the various gender identity questions. Over 900 trans youth aged 14 to 25 participated in the bilingual anonymous online survey that ran from October 2013 to May 2014. These youth were from all Canadian provinces and one territory.

The following survey team members will present on the methods, findings, and implications of the survey:

1. Introduction to the Canadian Trans Youth Health Survey, methods and sample (Dr. Elizabeth Saewyc)
2. Gender identity questions for health surveys (Hélène Frohard-Dourlent) - Trans youth's ratings and comments in the survey
3. The mental health status of Canadian trans youth (Dr. Jaimie Veale) - Health disparities, stigma, and other risk factors
4. Access to health care for trans youth (Beth Clark) - Access to primary health care, access to trans-specific care, and reasons for not accessing care
5. Protective assets (Dr. Jacquie Gahagan and Grey Jones) - Family, school, and peer support, and living in felt gender
6. The broader implications of the survey's findings (Dr. Dan Metzger)

2. Trans Provider Circle (Workshop)

Discussion par les prestataires des personnes trans (Atelier)

Presenter:

Dr. Adrian Edgar, MD, Medical Director, Clinic 554, Fredericton, New Brunswick

When trans providers work with trans clients, the personal and professional can get murky. The Trans Provider Circle is a space to share experiences of, and approaches to, working as trans health professionals with trans communities. Topics for discussion will include self-disclosure, dual relationships, self-care, and difficult scenarios. This workshop will offer an opportunity to connect with other trans providers and explore our unique experiences of caring for our own in professions that too often ask us to be invisible.

3. Oral Presentations / Présentations orales

a) Gaps Identified in Transgender Medical Education in Canadian Medical Schools

Les manques identifiés dans les Écoles de médecine canadiennes quant à l'éducation en matière de soin des personnes transgenres

Presenters:

Benjamin Chan, 2nd Year Medical Student, University of British Columbia, Vancouver, British Columbia;

Rachel Skocylas, 2nd Year Medical Student, University of British Columbia, Vancouver, British Columbia

Introduction:

The transgender community is an at-risk group that requires unique considerations in the healthcare setting. However, evidence suggests that this population is under served by our medical community. Although the reason for this discrepancy is difficult to determine, many sources suggest it stems from many physicians' inadequate knowledge of transgender health issues.

Methods:

The instruction in transgender health in medical school was evaluated with regard to knowledge, attitudes and experiences of Canadian medical students. Students at UBC and 8 other Canadian medical schools were assessed with a standard survey instrument. Program administrators were also invited to provide curricular information detailing the current delivery of transgender health.

Results:

Nine Canadian medical school students across Canada were surveyed. Greater than 90% of responders from both groups of students recognized that transgender individuals have unique health risks and agreed that it is important for a physician to know if his/her patients are struggling with gender identity. However, fewer than 10% of students reported feeling comfortable addressing the health concerns of transgender individuals. Six schools provided curricular information about their instruction in transgender health, and large variations were reported in the time spent, method of instruction, and topics covered. UBC reported spending 2-4 hours in transgender health at the end of first year. However, no significant difference was seen in the knowledge scores or comfort levels of 1st year students in comparison to students in years 2-4. Furthermore, only 24% of students who received the transgender curricula felt that the topic was proficiently taught and 88% wanted to know more.

Conclusion:

This data supports the literature that shows many physicians are not sufficiently knowledgeable to care for transgender individuals and suggests that this may stem from inadequate instruction in medical school, rather than a lack of interest.

b) Knowledge, Attitudes and Behavior of Nursing Students Toward Transgender Persons

Connaissances, attitudes et comportements des étudiants en soins infirmiers envers les personnes transgenres

Presenter:

Fiona Smith, RPN, Assistant Professor, Brandon University, Department of Psychiatric Nursing, Winnipeg site, and Student, Applied Health Sciences PhD program, University of Manitoba, Winnipeg, Manitoba

Transgender persons, as a result of stigma and discrimination, are at risk of experiencing significant negative health outcomes. Health care professionals in general and nurses, in particular, have limited knowledge about transgender persons. Nurses provide care across the lifespan and serve as gatekeepers to health care systems. Educating nurses about the needs of transgender persons is essential in combatting the effects of stigma. Guided by stigma and discrimination theory and using a cross sectional on-line survey methodology, this study will survey

nursing students' knowledge, attitudes and predicted behaviour toward transgender persons. Structural equation modeling will be used to test a model explaining potential influences. This study will contribute to theory development and guide curriculum design for undergraduate nursing programs.

c) Primary Care Provider Attitudes Working With LGB and Trans* Patients

Attitudes des prestataires de soins de santé de première ligne envers les patients LGB et trans*

Presenter:

Dr. Jane Dunstan, MD, Family Physician, Calgary, Alberta

Presentation of a qualitative study designed to answer the question: what is the level of understanding and comfort that family physicians and family medicine residents have regarding LGBT populations and their health issues, and do they feel that there are barriers to providing care or learning about these populations? The aim of conducting this study was to establish a narrative of non-expert physician experiences working with this population, which could be used to guide further medical education to improve care. The focus of this presentation is on data collected as it is relevant to care of trans* people. Data was collected through structured interviews with practicing family physicians and family medicine trainees - some who currently worked in practices focused on working with LGBT populations, and some who worked in general urban primary



care. Interviews were audio-recorded and transcripts of the interviews were used as a primary data source. Interviewees identified their current level of experience with trans* patients, and their current approaches to learning about how to work with LGB and trans* patients. They articulated a sense that the healthcare system as a whole was not welcoming for trans people and expressed concern about barriers to creating an inclusive, culturally competent healthcare environment. Responses reflected the complexity of the issue of improving trans* care through medical education - providers expressed personal interest in learning more about how to work with trans* patients, but also expressed ambivalence about the utility of population-specific education in improving the state of the healthcare system. Discussion topics will focus on ways in which these findings highlight challenges to designing educational tools for primary care providers in future.

d) One Ontario Primary Health Care

Nurse Practitioner's Successes & Challenges in Providing Timely Access to Transition Care

Succès et défis d'une infirmière praticienne ontarienne à fournir l'accès à des soins de transition opportuns

Presenter:

Sue Hranilovic, Primary Health Care Nurse Practitioner, St. Michael's Hospital, Toronto, Ontario

This abstract will examine the individual, institutional and systemic factors encountered by the author in providing timely access to health care for trans* persons, over the last four years. The setting is an urban Family Health Team, where the author works autonomously and collaboratively, as part of a larger interprofessional health care team. The presentation will be couched within the context of Ontario's Action Plan for Health Care (2012) which eschews the motto of the "right care, at the right time, in the right place". The "right care" speaks to the right provider working within their full scope of practice. Primary Health Care Nurse Practitioners are trained to provide primary health care to a wide range of patients along the lifespan. In particular, we are perfectly situated to provide primary health care to the "walking well", which is well within our "knowledge, skill and judgement". The "right time" for trans* and gender non-binary patients to receive comprehensive trans-supportive primary health care is now. Data obtained as part of Trans PULSE demonstrates that the highest risk for suicide amongst trans people occurs in those who are planning to transition, but who have not yet begun (Bauer et al., 2013). Suicide attempts were noted at 27% in those who wanted access to medical transition, but were not able to do so or to find a trans-supportive provider. Suicide attempts decreased down to 1% for those who had access and had "completed" medical transition, as defined by participants. Trans PULSE found that past-year suicide attempts were 27% in those who wanted to undergo a medical transition but were not yet able to start or find a provider to help them. Past-year suicide attempts decreased to 1% in trans people who, by their own definition, had "completed"

a medical transition (Bauer et al., 2013). Those who are not able to access hormone therapy through a health care provider may opt to take hormones from illicit sources (in the case of feminizing hormones this may include less safe forms of estrogen) and without monitoring for adverse effects, thus potentially putting themselves at risk (Rotondi et al., 2013).

7:00 - 10:00 pm

PUBLIC EVENT

Using Creative Tactics & the Law to Achieve Equality for Trans People

How has the law been used to advance trans equality in BC? When are alternative organizing tactics more effective? How can we make sure that our organizing and our actions will make change for community members facing multiple layers of oppression? Barbara Findlay and Shantel Ivits will take you through a spirited guided history of trans rights and the law in BC and facilitate a conversation about the many options for strategies moving forward.

Featured Guest Speakers:

Barbara Findlay is a lesbian feminist lawyer committed to making the law work for all of us. She has done groundbreaking legal work for trans people. Her current case is a human rights complaint to take gender markers off birth certificates. In her non-lawyer capacity, she has done political work and advocacy around issues of oppression, including sexism, racism, homophobia, transphobia and disability. Within the legal profession, she has been a founding member of the provincial and national queer lawyers' groups in the Canadian Bar Association, called SOGIC, (Sexual Orientation and Gender Identity Conference). She was designated as a QC ("Queen's Counsel") in 2001 and won the SOGIC Hero award in 2006.

Shantel Ivits is a genderqueer community activist who enjoys using their shy and awkward personality to disarm people, while simultaneously busting open the way healthcare and education is done in BC. As a teacher, they have been active in developing curriculum, policies, and trainings for educators that help to create safer and more welcoming schools for trans students. They are also one of the organizers of the Catherine White Holman Wellness Centre, a radical little volunteer-run, low-barrier clinic by and for trans people. Shantel helped launch a yummy community kitchen for trans people, is part of the grassroots team that organized the BC Trans Day of Advocacy, and played a lead role in creating a comprehensive legal resource called Trans Rights BC. Shantel is a Basic Education Instructor at Vancouver Community College. They are constantly amazed that they get paid to help adults learn to read and write, because it's probably the best gig in the world. They have written six literacy textbooks, and snuck in as much queer and trans stuff as they could without getting fired. More than anything, Shantel is an expert at nothing and a learner of everything - and hopes to keep it that way.

Saturday, October 3 / samedi, octobre 3, 2015

All Day Registration

8:30 – 10:00 am **PLENARY**

(service de traduction simultanée au besoin)

Bringing Determinants of Health Into Practice

With the World Professional Association of Transgender Health urging the de-psychopathologisation of gender variance (2010) and the acceptance of the Standards of Care v7 (2011), the intent and scope of trans* health is shifting worldwide. Although the “physical” aspects of transition (hormones, surgeries, primary medical care, etc.) continue to be central, the intersections of determinants of health and trans* health become a principal focus of interest (WPATH Standards of Care). Determinants of trans* health include but are not limited to income and distribution, education, unemployment, job security and working conditions, early childhood development, food insecurity, housing, social exclusion, social safety networks, health services, immigrant experience, Aboriginal status, race/ethnicity, and disability.

Panel objectives:

1. To create an awareness and understanding of Determinants of Health in relation to Transgender Health.
2. To identify ways of incorporating Determinants of Health into everyday practice.
3. To provide a guiding framework for tailoring institutional programs and services to meet the needs of people who identify as trans* and their loved ones using a Determinants of Health lens.
4. To identify collaboration opportunities to address gaps in services and policies across multiple settings (Determinants of Health intersect differently in different contexts).

Moderator:

Devon MacFarlane, MA, Board President, CPATH, Manager, Community Development and Service Integration, Island Health, Nanaimo, British Columbia

Devon MacFarlane, MA, currently works as the Manager for Community Development and Service Integration with Vancouver Island Health Authority, and has over 15 years experience working in health authorities, in roles addressing community development, program development, and organizational change. Over this time, a substantial focus of Devon's work has included advancing the health and wellbeing of trans populations as well as lesbian, gay, bi, Two Spirit, and queer populations – work that is close to Devon's heart as an out trans and queer person. In Devon's involvement with CPATH, Devon led the consultations on success at the 2012 conference; is currently co-chairing the

conference committee for the 2015 conference in Halifax, and is excited to be serving as CPATH Board President.

Panelists:

Dr. Adrian Edgar, MD, CCFP, Medical Director, Clinic 554, Fredericton, New Brunswick

Adrian Edgar is a trans man, family doctor, and the Medical Director at Clinic 554 - a family practice specializing in trans, queer, and reproductive health, in Fredericton, New Brunswick. He currently serves on the Board of Directors for AIDS New Brunswick, is the provincial representative to the Equity and Diversity Committee of the College of Family Physicians of Canada, and is a faculty member with the Departments of Family Medicine at Dalhousie University and Memorial University of Newfoundland. Adrian is a founding member of the New Brunswick Transgender Health Network, and worked on the Community Engagement Team for Canada's largest trans health needs assessment, the Trans PULSE Survey, in Ontario in 2009. He is now collaborating to expand the survey nationally. Adrian has presented trans health research at the World Professional Association for Transgender Health (Norway), the Gay and Lesbian Medical Association (USA), and the Canadian Professional Association for Transgender Health (Canada). He has presented prison health research at the World Health Organization and lectured on trans and queer health at universities across the country. He has also published work in refugee health, HIV stigma, and peace through health. Adrian trained at Toronto's Sherbourne Health Centre and the Gender and Sexual Identity Service for children and youth, as well as Vancouver Coastal Health's Three Bridges Community Health Centre. As a clinician, Adrian has worked on a maternal addictions team, a midwifery collaborative, a street health and sexworker outreach team, at several abortion clinics, and on a number of Reserves and First Nations. He practices harm reduction, inclusive care, and is proud to have attended every CPATH conference since the organization's inception.

Yasmeen Persad, Education and Training Facilitator, The 519 Community Centre, Toronto, Ontario

Yasmeen Persad is a trans woman of colour originally from the Caribbean. She has been providing education and training around LGBTTT related issues for the past 8 years. Her experience ranges from working with trans youth, HIV positive women, sex workers and many diverse populations. She provides training to front-line shelter workers around trans community inclusion and support. Yasmeen has presented at many universities across North America on various topics about access for trans people. She has been part of ground-breaking recognition of trans women as women in the violence against women sector.

PLÉNIÈRE

(Simultaneous translation provided)

Intégrer des déterminants de la santé dans la pratique

Avec l'Association mondiale des professionnels en santé des personnes transgenres (WPATH) exhortant à dépsychopathologiser la variance du genre (2010) et l'acceptation des standards de soins v.7 (2011), l'intention et la portée de la santé trans* se transforment dans le monde entier. Bien que les aspects «physiques» de la transition (hormones, chirurgies, soins médicaux primaires, etc.) continuent d'occuper une place centrale, les intersections des déterminants de la santé et de la santé trans* deviennent un point d'intérêt de plus en plus prépondérant (Standards de soins de la CPATH). Les déterminants de la santé trans* comprennent, mais ne sont pas limités, aux revenus et à la distribution, l'éducation, le chômage, la sécurité d'emploi et les conditions de travail, le développement de la petite enfance, l'insécurité alimentaire, le logement, l'exclusion sociale, les réseaux de sécurité sociale, les services de santé, l'expérience immigrante, le statut autochtone, la race / l'ethnicité et l'invalidité.

Objectifs du panel:

1. Développer une prise de conscience et une compréhension des déterminants de la santé par rapport à la santé des personnes trans*
2. Identifier les moyens d'intégrer les déterminants de la santé dans la pratique quotidienne
3. À partir d'une approche axée sur les déterminants de la santé, fournir un cadre permettant de guider les projets qui visent l'adaptation des programmes et des services institutionnels dans le but de répondre aux besoins des personnes qui se définissent comme trans * ainsi que leurs proches
4. Identifier les opportunités de collaboration pour combler les lacunes dans les services et les politiques dans de nombreux contextes (les déterminants de la santé diffèrent selon les contextes).

Modérateur-trice :

Devon MacFarlane, MA, Président du Conseil d'Administration de la CPATH, directeur du Développement communautaire et du Service d'intégration, Direction de la santé, Nanaimo, Colombie-Britannique

Devon MacFarlane travaille actuellement comme Directeur pour le développement communautaire et l'intégration des services à l'Agence de santé de l'île de Vancouver. Il travaille depuis plus de 15 ans dans diverses agences de santé, occupant différents postes touchant le développement communautaire, le développement de programmes, et le changement organisationnel. Pendant tout ce temps, une grande partie du travail de Devon a porté sur l'amélioration de la santé et du bien-

être des personnes trans, ainsi que des personnes lesbiennes, gaies, bi, bispirituelles, et queers – travail que Devon tient à cœur comme personne ouvertement trans et queer. En tant que membre actif de la CPATH, Devon a mené avec succès les consultations sur la réussite de la CPATH lors de la conférence de 2012 ; il est actuellement coprésident du comité pour la conférence de 2015 à Halifax et il se réjouit de prolonger son mandat à titre de Président du Conseil d'administration de la CPATH.

Panélistes :

Dr. Adrian Edgar, MD, CCFP, directeur médical, Clinique 554, Frédéricton, Nouvelle-Écosse;

Adrian Edgar est un homme trans, médecin de famille et directeur médical de la Clinique 554 – spécialisée dans la santé trans, queer, et reproductive, à Frédéricton au Nouveau-Brunswick. Il siège sur le conseil d'administration d'AIDS Nouveau-Brunswick. Il est aussi le représentant provincial du Comité sur l'équité et la diversité du Collège des médecins de famille du Canada. Adrian Edgar est professeur au Département de Médecine familiale à l'Université de Dalhousie et à l'Université Memorial à Terre-Neuve. Il est aussi le membre fondateur du New Brunswick Transgender Health Network, et a travaillé en 2009 au sein du Community Engagement Team, la plus grande analyse au Canada des besoins en santé pour les personnes trans, le Trans PULSE Survey, en Ontario. Il est maintenant impliqué dans une démarche visant à étendre l'enquête au reste du Canada. Adrian a présenté des recherches sur la santé trans à l'Association mondiale des professionnels de la santé trans (WPATH) en Norvège, à l'Association médicale gaie et lesbienne (GLMA) (É.-U.), et à l'Association canadienne des professionnels de la santé trans (CPATH) (Canada). Il a aussi présenté une recherche sur la santé en milieu carcéral pour l'Organisation mondiale de la santé, et a donné de nombreuses conférences dans les universités à travers tout le pays. Il a publié une étude sur la santé, les réfugiés et la stigmatisation face au VIH. Adrian a fait sa formation médicale au Sherbourne Health Centre à Toronto et au Gender and Sexual Identity Service for children and youth au Three Bridges Community Health Centre du Vancouver Coastal Health. Comme praticien, il a travaillé avec une équipe de soutien aux mères toxicomanes, avec des associations de sages-femmes, avec des équipes de proximité en santé pour les sans-abri et les travailleurs-euses du sexe, dans plusieurs cliniques d'avortement, et auprès des Premières Nations. Il travaille à partir d'un modèle de réduction des méfaits, de santé globale, et est fier d'avoir participé à toutes les conférences de la CPATH depuis la création de l'organisme.

Yasmeen Persad, facilitatrice en éducation et formation, le centre communautaire 519, Toronto, Ontario

Yasmeen Persad est une femme trans de couleur originaire des Caraïbes. Depuis 8 ans, elle se consacre à l'éducation et à la formation sur les différents enjeux liés aux LGBTT. Elle a travaillé avec des jeunes trans, des femmes séropositives, des

travailleurs-euses du sexe et une grande diversité de populations. Elle donne de la formation aux travailleurs sociaux de première ligne dans les centres d'hébergement pour l'inclusion et le soutien à apporter à la communauté trans. Yasmeen a fait de nombreuses présentations dans des universités nord-américaines sur des sujets variés touchant les personnes trans. Elle s'est distinguée par sa détermination pour faire reconnaître les femmes trans comme femmes auprès de groupes luttant contre la violence faite aux femmes.

10:00 – 10:30 am Break

10:30 am – 12:00 pm

CONCURRENT SESSIONS

1. Transforming Trans Health Care in B.C. (Panel)

Transformer les soins de santé trans en Colombie-Britannique (Panel)

Panelists:

Dr. Gail Knudson, MD, MPE, FRCPC, Clinical Associate Professor, University of British Columbia Faculty of Medicine, Consultant Psychiatrist, Vancouver Hospital, Medical Lead of the Transgender Health Information Program, Vancouver Coastal Health, Chair, BC Trans Clinical Care Group, and Head of the BC Surgical Care Planning Group, Vancouver, British Columbia;
Lorraine Grieves, MA, RCC, Manager, Transgender Health Information Program and Youth Substance Use Services, Prism (LGBTQ2S capacity building), Vancouver Coastal Health, Vancouver, British Columbia;
Dr. Marria Townsend, MD, Catherine White Holman Wellness Centre, Vancouver, British Columbia;
Arden Krystal, MHA, RN, Executive Vice President & Chief Operating Officer, Provincial Health Services Authority, Vancouver, British Columbia

The Trans Health Steering Committee was launched in December 2014 with clinical experts and community representatives. The goal was to develop recommendations that were presented to the BC Ministry of Health and CEO's of all of the Health Authorities in May 2015. The aim of this report was to inform future province-wide services and networks for transgender/trans health care for British Columbians throughout their lives. Initial recommendations addressed the most urgent, short-term concerns and included ongoing processes to develop medium and longer term system improvements. In order to gain a broad, comprehensive perspective, working groups were created to focus on a number of areas including community supports, primary care access and consultation and health-care provider education, and model of care for gender reassignment surgery. The committee also sought broader input from health authorities

and community members. This presentation will focus on the recommendations from the four working groups highlighting the work going forward.

2. Gender Journeys: A Role for Community Involvement in Creating Informed Consent (Workshop)

Gender Journeys » : Le rôle de l'engagement communautaire pour créer un consentement éclairé (Atelier)

Presenters:

Hershel Russell, MEd, CRPO, Co-Chair, Education Committee, Lead Mental Health Trainer, Trans Health Connection, Rainbow Health Ontario, Toronto, Ontario;
Dr. Amy Bourns, MD, Family Physician, LGBT Unit, Sherbourne Health Centre, Toronto, Ontario

"My body, my choice!" a slogan from abortion rights struggles, resounds also for trans* and genderdiverse (TGD) people contemplating hormones and surgeries. Many TGD people remember a troubled History with the medical system and feel wary of speaking freely with a "gatekeeper". At the same time, Physicians providing access to medical technologies need to feel confident that good, life-affirming Decisions are made, and that those decisions will not rebound to the doctor's detriment. The work of ensuring that patients are well-informed is time-consuming. Might it be time to separate the process of medical assessment from the "space for reflection" each TGD person needs? "Gender Journeys", a psycho-educational group process, has been warmly accepted both by TGD communities and by clinicians in a range of situations – major urban centres, suburbs and rural areas. TGD people build community, hear a broad range of narratives and possibilities, receive information they can trust is accurate and freely process with each other -- away from gatekeepers -- the range of complex decisions ahead of them. Clinicians can be certain their patients have received accurate information of risks and benefits of medical interventions and have explored social impacts of transition in some depth. Hershel Russell, a trans therapist and educator involved in creating the original program and Dr. Amy Bourns who sees many patients who have attended "Gender Journeys" will outline their experiences and lead a short discussion. Then workshop participants will engage in a lively, interactive, experiential exercise: "Gender Journeys for the Cisgender": TGD people's lives force them to become experts on how gender works. Cisgender people have rarely had the opportunity to explore their own gender. We argue that space for clinicians to reflect on their own gender journey will improve the quality of the care they provide.

3. Justice, Safety and Belonging

(Oral Presentations)

Droits, sécurité et appartenance

(Présentations orales)

a) What's Unique about Camp OUT

Ce qui rend le camp « Camp Out » unique

Presenter:

Jim Oulton, MSW, RSW, Clinical Therapist, Counselling Services, University of British Columbia, Vancouver, British Columbia

CampOUT is a community-based outdoor leadership summer camp held in the Vancouver area for queer, trans, and allied youth ages 14-21 from across BC. In affiliation with the University of British Columbia, and housed in UBC's Access & Diversity, the camp provides opportunities for these youth to: develop leadership skills; build self-esteem; inspire each other; foster hope and resilience; and connect with resources to support their health and well-being (physical, mental, social, sexual, educational and spiritual). CampOUT provides a supportive space for youth to "be themselves". Along with the commitment to equity, accessibility, inclusion, diversity, process, and social change; three primary values stand out as contributing to this unique project: 1) the value of Intergenerational Community Building, 2) Allyship and 3) a Social Change model of Leadership. The CampOut experience empowers campers and leaders (ages 19 – 65+) with tools for creating positive changes in their communities through nontraditional roles of leadership. Of course, behind all of this is the stability and continuity provided through 1) UBC's commitment and 2) the relationship with community partners and donors. These aspects and more contribute to a safe and enriching CampOUT experience. The oral presentation will review these key aspects of CampOUT – with a view to how similar projects may be organized and supported in communities across Canada (<http://campout.ubc.ca>)

b) Emerging Themes from the "Trans* Safety and Well-Being Photovoice Project"

Les thèmes émergents du projet « Trans* Safety and Well-Being Photovoice »

Presenters:

Dr. Cindy Holmes, Michael Smith Foundation for Health Research Postdoctoral Fellow, Faculty of Health Sciences, Simon Fraser University, Burnaby, British Columbia;

Chase Willier, Saddle Lake Cree Nation & Sucker Creek First Nation (Alberta), Member, City of Vancouver LGBTQ2+ Advisory Committee and Community Advisory Committee, Trans Safety & Well-Being Photovoice Project, Vancouver, British Columbia;

Kyle Shaughnessy, RSW, Project Manager, C.A.L..L. Out!, Transgender Health Information Program and Member, Community Advisory Committee, Trans Safety & Well-Being Photovoice Project, Vancouver, Vancouver, British Columbia

This presentation will discuss issues emerging from a community-based participatory research project about safety, well-being, belonging and place in the lives of transgender, two-spirit and gender non-conforming people in British Columbia, Canada. This research project is being developed and conducted in collaboration with transgender, two-spirit and gender non-conforming community members to address community health



concerns and strategies for action. The study uses Photovoice, a participatory action research approach that combines photography, storytelling and social action. It is guided by a commitment to undertake meaningful and accountable participatory research that respects the lived experience of transgender, two-spirit and gender non-conforming people. This includes attention to: I) the high levels of violence, harassment and discrimination that transgender, two-spirit and gender non-conforming people experience; II) the resiliency and capacity of trans* communities; and III) trans* community knowledge, needs, and strategies for social action.

In this presentation, we will discuss emerging themes from the work of the project's community advisory group and the Vancouver co-researcher's group.

c) Political and Legal Solutions for the "Problem" of Trans* Folk: Lessons From Vancouver's Downtown Eastside

Solutions politiques et légales pour le « problème » des personnes Trans* : les leçons à tirer du Downtown Eastside de Vancouver

Presenter:

Adrienne Smith, MA, JD, Health and Drug Policy Lawyer, Pivot Legal Society, Vancouver, British Columbia

Pivot Legal Society uses the law to address the root cause of marginalization. We campaign in the areas of health & drug policy, police accountability, housing security and sex workers rights. Trans* people often find ourselves at the margins of society. For reasons that are all too familiar, trans* people tend to be disproportionately homeless, we tend to be over-policed, and we often use drugs and do sex work. The rampant discrimination marginalized trans* people face can sometimes be addressed through legal action. This, however, is only possible when trans* people are aware of their basic rights under the Canadian Charter of Rights and Freedoms, the Canadian Human Rights Act, provincial Human Rights Codes, and applicable local trans inclusion policies. As a result, part of our work must involve basic legal rights education, and advocacy to extend formal human rights protections to trans* people. However formal recognition and legal action can only move our community so far towards justice. Profound social change must, at its root, be political and social as well. From the perspective of a Downtown Eastside activist and lawyer, Pivot Legal Society's Adrienne Smith discusses Pivot's four campaign areas, reflects on the experience of trans* people in the Downtown Eastside, and proposes lasting solutions to move us closer to justice.

12:00 – 1:00 pm Lunch (provided)

1:00 – 2:30 pm

CONCURRENT SESSIONS

1. Surgical Updates (Panel)

Mises à jour en matière de chirurgie (Panel)

Panelists:

Dr. Pierre Brassard, MD, FRCS(C), Centre Métropolitain de Chirurgie, Montreal, Quebec;

Dr. Maud Bélanger, MD, FRCS(C), Centre Métropolitain de Chirurgie, Montreal, Quebec

In this panel, Drs. Brassard & Belanger will speak about current and emerging practices in gender confirming surgeries.

2. Building Capacity for Trans Resistance in Medical Contexts (Workshop)

Construire des habiletés pour résister en tant que personne trans dans des contextes médicaux (Atelier)

Presenter:

Hannah Milley, Medical Student, London, Ontario

This workshop will explore the ways that trans communities can build capacity to support each other through interactions with the medical system that are often traumatic and inherently transphobic. Using the example of a grassroots trans healthcare guide created by and for trans people in Nova Scotia, we will discuss the different ways that we can leverage our collective knowledge and experience, which far exceeds that of most healthcare practitioners, to make accessing healthcare easier and less traumatic. The format of the workshop will be discussion-based, with interactive exercises where participants will be encouraged to reflect on what support, if any, they have received from their communities, what support they might want, how communities can perpetuate medical gatekeeping, and an exercise in groups in which participants will design a trans-positive medical system.

Learning Objectives:

1. How healthcare practitioners can support grassroots trans healthcare organizing.
2. How trans people can call attention to institutional transphobia in medical systems in safer ways, without jeopardizing their care.
3. What harm reduction methods can we use in our communities to protect our health.

3. Navigating Wellness (Oral Presentations)

Naviguer vers le bien-être (Présentations oral)

- a) Notes from the Field @Catherine White Holman Wellness Centre: An Anti-Oppressive Model for Community Building and Providing Gender-Affirming Care

Notes du terrain provenant de la Catherine White Holman Wellness Centre : Un modèle anti-oppressif pour le renforcement communautaire et la procuration de soins respectueux du genre

Presenters:

Dr. Marria Townsend, MD, Catherine White Holman Wellness Centre, Vancouver, British Columbia;

Dr. Mary Bryson, PhD, Director, Institute for Gender, Race, Sexuality and Social Justice, Professor, Language and Literacy Education, Faculty of Education, University of British Columbia, Vancouver, British Columbia;

Beth Clark, MM, RCC, Doctoral Student, Interdisciplinary Graduate Studies Program, University of British Columbia, Vancouver, British Columbia;

Lauren Goldman, RN, Catherine White Holman Wellness Centre, Vancouver, British Columbia

Rowyn DeVito, BA, Centre Organizer, Catherine White Holman Wellness Centre, Vancouver, British Columbia

The Catherine White Holman Wellness Centre (<http://www.cwhwc.com/>) is a community-driven, interdisciplinary, low-barrier wellness centre for trans and gender diverse people. CWHWC was created in 2011 in response to significant gaps in the existing system of care for trans people in BC. A unique aspect of the centre is that our organizing team and board are predominantly trans-identified, as are many of our volunteers. Since presenting at CPATH in the fall of 2012 our volunteers have continued to offer a range of services to gender diverse people at twice monthly clinics. Our team has grown, disciplines have been added and we continue to develop our services with an emphasis on community building and delivering gender-affirming care that is respectful and celebratory of gender diversity. In this session, attendees will learn about the CWHWC's unique model of care and governance, which has resulted in a growing international reputation. Clinic volunteers will share about challenges we have experienced as well as the immense successes. Attendees will develop a greater understanding of how organizations can apply principles that underlie the clinic's success to improve services for trans communities.

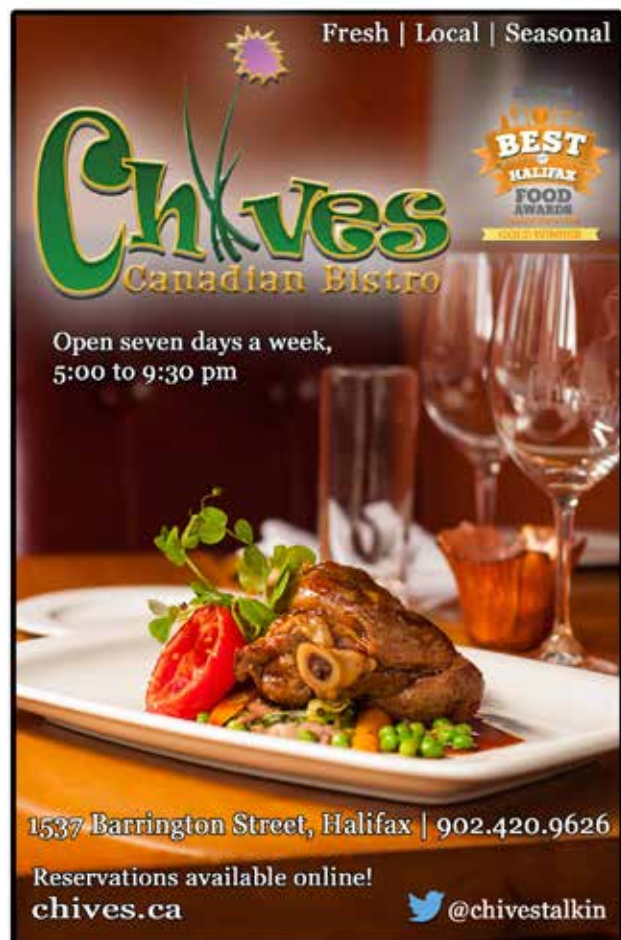
- b) Building Wellness Opportunities for Trans Communities Through Creative Collaboration
Développer des opportunités pour le mieux-être des communautés trans à travers une collaboration creative

Presenters:

Beth Clark, MM, RCC, Doctoral Student, Interdisciplinary Graduate Studies Program, University of British Columbia, Vancouver, British Columbia;

Lorraine Grieves, MA, RCC, Manager, Transgender Health Information Program and Youth Substance Use Services, Prism (LGBTQ2S capacity building), Vancouver Coastal Health, Vancouver, British Columbia;

The Transgender Health Information Program at the Vancouver Coastal Health Authority is responsible for supporting trans individuals, as well as their families and service providers, across British Columbia. THiP has recently redefined its mission and scope, with a focus on providing maximal services with limited resources. In order to address ongoing gaps in service and information the program serves as an information hub, working strategically with community partners in the province and securing grant funding for new capacity building initiatives. This presentation will provide an overview of direct services THiP



is able to provide as well as the programs delivered through supplemental funding and partnerships. Direct services include support groups, individual information and support sessions, and web-based resource development. We will also highlight initiatives that are: building capacity for communities to support trans youth and their families; creating trans legal resources and training; and strategic partnerships and collaborations. Objectives for this session include encouraging service planners to focus on upstream health promotion and capacity building strategies; providing concrete samples of maximizing resources via partnerships and one-time grant opportunities; and providing examples of moving forward change in a large health care system.

c) Accessibilité aux services de santé pour les personnes trans* dans la région de Québec

(Simultaneous translation provided)

Presenter:

Olivia Kamgain, candidate à la maîtrise en administration publique à l'École Nationale d'Administration Publique (ENAP), Montreal, Quebec

Dans le cadre de cette communication, nous présenterons les résultats d'une recherche portant sur l'accès aux services de santé pour les personnes trans* au Québec. Il est bien établi dans la littérature que les personnes trans* rencontrent des barrières à l'accès aux services de santé (Rotondi et al., 2013; Sanchez et al., 2009; Xavier et al, 2013). Cependant, peu de recherches scientifiques se sont intéressées aux facteurs explicatifs de ces barrières. Cette recherche se propose donc d'identifier et de comprendre les facteurs liés à la dimension organisationnelle qui influencent l'accès aux services de santé pour les personnes trans*. Cette recherche exploratoire se concentre sur le territoire du Centre de santé et services sociaux (CSSS) de la Vieille-Capitale, le plus important réseau local de services au Québec. Des entrevues semi-dirigées ont été réalisées auprès de personnes s'identifiant comme trans* qui utilisent ou sont susceptibles d'utiliser les services de santé de la région de Québec (n1=7) ainsi qu'auprès du personnel et d'informateurs-clés au sein du réseau de la santé du territoire (n2=9). Les données provenant de sources documentaires ont également été incluses afin de faire une triangulation des données et cerner la mise en oeuvre du concept d'effacement (Namaste, 2000; Bauer, 2012). Les résultats de cette recherche permettent d'une part, de comprendre les dynamiques reliées à l'organisation qui influencent l'accès aux services de santé. D'autre part, ils permettent de fournir des pistes d'actions afin de rendre les services de santé plus inclusifs des réalités trans* (trans-friendly).

c) Access to health care services for Trans* individuals in the Quebec City region Analysis

(service de traduction simultanée au besoin)

Presenter:

Olivia Kamgain, Masters candidate in Public Administration at the National School of Public Administration (ENAP), Montreal

As part of this presentation, we report the results of a study on access to health care services for Trans* persons in Quebec. It is well established in the literature that trans* people face barriers to accessing health services (Rotondi et al, 2013;. Sanchez et al., 2009; Xavier et al, 2013). However, little scientific research has focused on factors explaining these barriers. This research proposes to identify and understand the factors related to the organizational dimension that influence access to health care services for Trans* individuals. This exploratory research focuses on the territory of the health and social services center (CSSS) of Quebec City, the largest local services network in Quebec. Semi-structured interviews were conducted with people who identify as trans* who use or are likely to use health services in the Quebec City area (n1 = 7) and also with the staff and key informants in the region's health network (n2 = 9). Data from documentary sources have also been included in order to triangulate data and identify the concept of "erasure" (Namaste, 2000; Bauer, 2012) is implemented. The findings of this study allow on one hand to understand the organizational dynamics that influence access to health services. On the other hand, the findings can provide courses of action to make health service more inclusive of trans* realities (trans-friendly).

d) Guiding Transition in Nova Scotia: The prideHealth Trans* Health Guide

Guider la transition en Nouvelle-Écosse :
le guide pour la santé trans* de prideHealth

Presenters:

Kirk Furlotte, BSc, MA, Health Promotion, Dalhousie University, Halifax, Nova Scotia;

Cybelles Rieber, MEd, Coordinator, prideHealth, Nova Scotia Health Authority, Halifax, Nova Scotia

Launched in the summer of 2013, the prideHealth Trans* Health Guide had several goals as an educational tool. First and foremost was to fill a reported gap in the trans community in understanding how transition services were accessed in Nova Scotia. The Guide aims to provide clear information about accessing appropriate healthcare services and support. Written in plain language, the Guide is a resource for those considering or undergoing transition, their families, friends, and community service providers. While covering all topics relating to transition, the Guide serves as an entry point with seven sections: Terminology, (hormone therapy) Assessments, Hormone Therapy (treatment), Medical Transitioning, Legal Transitioning, Trans* Youth, and Community Resources. The development of the

Guide took place over five months through consultations with members of the trans community, community service providers, healthcare providers, and other experts. Informed by similar efforts, such as the Vancouver Coastal Health Authority, the emphasis was to provide a “road map” to the trans community as to what services currently existed and how to access those services. Available on the prideHealth Web site, the Guide has been downloaded and shared hundreds of times. One of the greatest challenges for maintaining the Guide has been the rapid changes in Nova Scotia since the launch. In that time, the province has begun to offer gender reconfirming surgeries and simplified the process for legal name changes, foregoing the past requirement for transitional surgeries. This speaks to the rapidly changing environment for trans health in Canada as advances are made.

2:30 - 3:00 pm Break - **POSTER VIEWING**
(Presenter present)

A. Community Service Model in Providing Service and Support for Pre-pubertal Children

Presenter:

Dr. Wallace Wong, Registered Psychologist, Vancouver, British Columbia

The number of pre-pubertal children with gender identity concerns has increased significantly, and it is expected to continue to increase as this issue is addressed more openly in different media. However, there is still a heavy debate on what would be the best practice in working with this group of population. There is also extremely limited research available to guide clinicians who wish to provide support for these children. As a result, parents and schools are lost, wondering what would be the best way to support these children while seeing them struggling without knowing where to turn to for help. This presentation will focus on the service model that our clinic have been delivering in the past four years. The components of services that we provide include assessment, individual/family counseling, gender variant children art and play therapy group, parents' group, and care plan development meeting with schools, daycare centers or other social settings. We are currently caring for almost 60 gender variant children and transgender youth, and about 1/4 of them are pubertal children. The feedback that we have received from parents and the community has been positive. While we understand that there are rooms for improvement but we hope through this presentation, we can share this service delivery model we have been using; as a way to provide some clinical guidance to others and open up the discussion for future practice.

B. Trans Youth Journey: What BC Children's Hospital's Gender Clinic Learned from BC's Trans Youth

Presenters:

Louanna Atkinson, MSW, Clinical Social Worker, Endocrinology & Diabetes Unit, BC Children's Hospital, Vancouver, British Columbia;

Mabel Tan, Nurse Clinician, BC Children's Hospital, Vancouver, British Columbia

Through three separate focus groups we were able to capture a comprehensive journey map of the transgender youth experience in seeking and gaining access to transgender care in BC. The focus groups looked at gaps and strengths in receiving care.

C. Exploring Transgender Adults' Perceptions of, and Experiences With, Primary & Emergency Care in Nova Scotia

Presenter:

Ella Vermeir, Health Promotion Masters student, Dalhousie University, Halifax, Nova Scotia

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D. Using Curriculum and School Culture in K-12 to Help Address Health Inequities in Trans Youth

Presenters:

Sarah Pickett, Registered Psychologist, Assistant Professor, Counseling Psychology & Chair, Sexuality and Gender Education Committee, Faculty of Education, Memorial University, St. John's, Newfoundland;

Jason Geary, PhD Student, Faculty of Medicine, Memorial University, St. John's, Newfoundland;

Julie Temple Newhook, Post-Doctoral Fellow, Faculty of Medicine, Memorial University, St. John's, Newfoundland

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E. Check Me Out – Trans*

Presenter:

Chris Aucoin, MEd, Educational Psychology, Gay Men's Health Coordinator, AIDS Coalition of Nova Scotia, Halifax, Nova Scotia

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F. Making Gender a Priority in Medical Education

Presenters:

Adryen Yak, MA, Psychology, Medical student, McGill University, Montreal, Quebec;
 Julian Gitelman, McGill University, Montreal, Quebec;
 Laura Merdsoy, Student, Ingram School of Nursing, Vice President of Academic Affairs, McGill Nursing Graduate Students Association, McGill University, Montreal, Quebec;
 Marlee Parsons, Medical Student, McGill University, Montreal, Quebec

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G. CALL Out!: Creating Supportive Communities for Trans and Gender Non-Conforming Youth In BC

Presenters:

Kyle Shaughnessy, Project Manager, C.A.L.L. Out!, Transgender Health Information Program, Vancouver, British Columbia;
 Lau Mehes, Education Coordinator, C.A.L.L. Out!, Vancouver British Columbia

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H. Inclusive Health: An Intervention to Address LGBTQ Health Issues and Medical Education Deficits

Presenters:

Ian Armstrong, 4th-year Medical Student, University of Alberta, Edmonton, Alberta;
 Jocelyn Andruko, Medical Student (Class of 2017), University of Alberta, Edmonton, Alberta
 Kinnon Ross MacKinnon, MSW, PhD student, Dalla Lana School of Public Health, University of Toronto, Toronto, Ontario

SEE FRIDAY 3:00 PM pg 26

I. Exploring the PRECEDE Framework to Understand Clinician Barriers and Facilitators to Delivering Trans-affirming Mental Health Care

Presenter:

Kinnon Ross MacKinnon, MSW, PhD student, Dalla Lana School of Public Health, University of Toronto, Toronto, Ontario

SEE FRIDAY 3:00 PM - pg 25

3:00 – 4:30 pm

CONCURRENT SESSIONS

1. WPATH Standards of Care Version 7.X (Workshop)

Les critères de la santé de la WPATH Version 7.X (Atelier)

Presenters:

Dr. Gail Knudson, MD, MPE, FRCPC, Clinical Associate Professor, University of British Columbia Faculty of Medicine, Consultant Psychiatrist, Vancouver Hospital, Medical Lead of the Transgender Health Information Program, Vancouver Coastal Health, Chair, BC Trans Clinical Care Group, and Head of the BC Surgical Care Planning Group;

Dr. Joshua Safer, MD, Director, Endocrinology Fellowship Training Program Associate Professor of Medicine and Molecular Medicine, Boston University School of Medicine, Boston, Massachusetts

The World Professional Association for Transgender Health published Version 7 of the Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People in 2011/2012. Revisions of this guideline are currently underway. The purpose of this workshop is to review the changes from Version 6 to 7, provide highlights of the chapters under review and revision and finally, to gather input/feedback from the participants to bring forward to the Standards of Care Committee. Drs Knudson and Safer are members of the WPATH Standards of Care Committee.

2. Teaching Trans Health: What is the Best Approach? (Workshop) Enseigner la santé trans : quelle est la meilleure approche ? (Atelier)

Presenters:

Dr. Deborah McPhail, PhD, Assistant Professor in Community Health Sciences, College of Medicine, University of Manitoba, Winnipeg, Manitoba;

Dr. Ian Wetter, MD, Family Physician, Klinik Community Health Centre, Winnipeg, Manitoba;

Chelsea Jalloh, Instructor II, Coordinator of Undergraduate Medical Education, Department of Community Health Sciences, University of Manitoba, Winnipeg, Manitoba

This workshop will solicit audience feed-back to help us think through the best way to teach trans health and healthcare issues to medical students. The presenters are leaders in queer health curriculum development at the University of Manitoba. This workshop is intended to think through the most effective ways to teach clinical skills in trans health, respectful clinical encounters with trans patients, and broader issues of trans identities and related health and healthcare issues to medical students. To do

so, the presenters will begin the workshop by briefly discussing the curriculum we have developed and delivered in the area of trans health over the last three years at the University of Manitoba. We will then divide the audience into two or three small groups (depending on audience size), and assign each group a case study, taken from participants' stories shared with researchers during a recent qualitative study led by one of the presenters on trans healthcare. Each group will be asked to answer the following questions about their case study: "What are the significant health and clinical issues exemplified by this case study?" and "What would be the best, most impactful ways to teach these issues to medical students?" We would then come back together as a large group to discuss the case studies and the groups' approaches to them in terms of teaching. We will then end by discussing the more broad implications of small group discussions to medical education.

3. Provincial Engagement Strategies in Creating Sustainable Support Networks for Trans and Gender Non-Conforming Youth and Their Families (Panel)

Stratégies d'engagement provincial pour la création de réseaux de soutien durable pour les jeunes trans ou en non-conformité de genre et pour leur famille (Panel)

Panelists:

Kyle Shaughnessy, RSW, C.A.L.L. Out! Project Manager, Vancouver Coastal Health, Vancouver, British Columbia;
Lau Mehes, C.A.L.L. Out! Education Coordinator, Vancouver Coastal Health, Vancouver, British Columbia;
Beth Clark, MM, RCC, Doctoral Student, Interdisciplinary Graduate Studies Program, University of British Columbia, Vancouver, British Columbia;
Lorraine Grieves, MA, RCC, Manager, Transgender Health Information Program and Youth Substance Use Services, Prism (LGBTQ2S capacity building), Vancouver Coastal Health, Vancouver, British Columbia

Over the last five years the CALL Out! project has utilized an innovative funding strategy to build resiliency amongst trans youth and create strong support networks for trans youth, their families and communities, particularly in rural and remote parts of the province. This panel presentation will focus on community engagement strategies currently being used in BC by several province wide initiatives: CALL Out!, CampOUT! UBC, and the Transgender Health Information Program at VCH. Using a community development framework, these organizations have worked over the last several years in support of one another to create a sustainable network amongst LGBT2Q+ youth, their service providers, educators and school systems, families & caregivers and faith communities. Strategies include: offering

workshops in each of these communities focused on youth leadership and supportive adult capacity building; providing funding for collaborative community projects between youth and adults; hosting province wide conferences for LGBT2Q+ youth and service providers; facilitating a 4 day summer leadership camp for LGBT2Q+ youth from across BC; providing ongoing leadership development opportunities for LGBT2Q+ youth via an intergenerational summer camp model; providing 1-1 support for trans youth and their families in their home communities; facilitating a regional drop-in group for trans youth and their allies; supporting start-up of drop-in groups for trans youth in communities across BC; providing resources and referrals for trans youth and their families and service providers. Staff from the Transgender Health Information Program will be moderating this panel discussion. Panelists will have an opportunity to explore some of the successes and challenges in building and sustaining effective provincial programming, provide insights into working collaboratively with other LGBT2Q+ community organizations and share personal anecdotes on the rewards of working in a collaborative capacity with trans youth, their families and communities.

4:45 – 5:45 pm **CPATH Annual General Meeting**

7:00 – 11:00 pm **Gala Dinner**
 (doors open 6:30 pm)

The evening will feature scrumptious dinner fare crafted by the culinary team at The Atlantica Hotel.

Guest Speaker, S. Bear Bergman

Award-winning writer, educator and storyteller S. Bear Bergman is the author of six books as well as the founder of Flamingo Rampant, a children's press focused on feminist, LGBTQ-positive, racially-diverse children's books. His most recent book for grownups (Blood, Marriage, Wine & Glitter) made several Best Of lists and was a finalist for the Lambda Literary Award. Bergman is a much loved speaker and storyteller at universities and festivals alike, because his signature blend of wit and warmth brings all the people to the yard (regardless of their sex designation, gender identity, or gender expression) (which he would like to remind you are not the same thing). Learn more about Bear and his projects at sbearbergman.com and flamingorampant.com

Dance away the evening with DJ Fadzwa

Sunday, October 4 / dimanche, octobre 4, 2015

9:00 - 10:30 am

CONCURRENT SESSIONS

1. Community Organizing for Trans* Inclusive School Policies in B.C. (Panel)

Organisation communautaire pour des politiques scolaires inclusives des personnes trans en Colombie-Britannique (Panel)

Moderator:

Dr. Cindy Holmes, Michael Smith Foundation for Health Research Postdoctoral Fellow, Faculty of Health Sciences, Simon Fraser University, Burnaby, British Columbia

Panelists:

Morgane Oger, Chair, Trans Alliance Society, Vancouver, British Columbia;

Beth Clark, MM, RCC, Doctoral Student, Interdisciplinary Graduate Studies Program, University of British Columbia, Vancouver, British Columbia;

Hélène Frohard-Dourlent, PhD Candidate, Sociology, University of British Columbia, Vancouver, British Columbia;

Dr. Gail Knudson, MD, MPE, FRCPC, Clinical Associate Professor, University of British Columbia Faculty of Medicine, Consultant Psychiatrist, Vancouver Hospital, Medical Lead of the Transgender Health Information Program, Vancouver Coastal Health, Chair, BC Trans Clinical Care Group, and Head of the BC Surgical Care Planning Group, Vancouver, British Columbia;

Shantel Ivits, Gender Queer Community Activist & Basic Education Instructor, Vancouver Community College, Vancouver, British Columbia;

Marria Townsend, MD, Family Physician, Three Bridges Community Health Centre & Catherine White Holman Wellness Centre, Medical Coordinator, Trans Specialty Care, Vancouver Coastal Health, Clinical Instructor, Department of Family Practice, University of British Columbia, Vancouver, British Columbia;
Wallace Wong, Registered Clinical Psychologist, Children and Adolescence Sexual Health Program (ACSH), Ministry of Children and Family Development, Vancouver, British Columbia

This panel presentation highlights the work of the BC Safer Schools Coalition, which formed in May 2014 to mobilize support for the Vancouver School Board's (VSB) proposed updates to the Sexual Orientation and Gender Identities Policy. These revisions included many new measures to better support trans* students. The coalition's work was instrumental in

strengthening community health and well-being in Vancouver BC, and specifically the health of trans* children and youth and their families. In 2004, the VSB approved a Sexual Orientation and Gender Identities policy to protect LGBTQ students, staff and families from harassment and discrimination. Although this was positive step, it did not provide specific guidelines about how to accommodate the unique needs of trans* and gender non-conforming students in school. In April 2014, after two years of development and consultation with VSB's Pride Advisory Committee, the VSB proposed policy amendments to enhance the safety and inclusion of students with diverse gender identities. At this time there was vocal opposition from a group of parents who opposed the policy on the grounds of conservative beliefs about gender, sexuality and the family. They argued that the policy was not written on the basis of good medical evidence and lacked approval from the medical and mental health professions. The panelists will discuss a number of themes related to systems change that arose from our coalition building work: the intersections between human rights and health, systemic stigma and discrimination, anti-racist organizing and allyship, the impact of racist and transphobic media discourses, mobilizing "a wall of evidence" across different professions and disciplines such as law, education, medicine, psychology, and the power of citizen participation in a diverse community coalition to enhance personal, relational and collective health and well-being.

2. Trans Health Education: Four Years In, What We've Learned (Workshop)

L'éducation à la santé trans: quatre ans plus tard, ce que nous avons appris (Atelier)

Presenters:

Jordan Zaitow, Coordinator, Trans Health Connection: a project of Rainbow Health Ontario, Toronto, Ontario;

Sue Hranilovic, Primary Health Care Nurse Practitioner, St. Michael's Hospital, Toronto, Ontario

What is the current context of primary care for trans Ontarians? Four years after the launch of Trans Health Connection, Ontario has seen vast changes right across the province in regards to capacity to serve trans communities. It is with pleasure and excitement that we come to CPATH to report back on some of the key elements of the last few years of work, as well as some strategic directions forward. Our session will touch on: - the current landscape of trans health care in Ontario - highlights of successes and challenges in partnerships, accountability to communities, and capacity building - new models of clinical care - teaching for clinical practice change, with case studies -

provincial trans health advocacy and policy updates - next phase in training delivery: developing innovative learning opportunities that are accessible to more health care providers. We are very excited about our journey, and look forward to sharing our stories and strategies. Trans Health Connection, a project of Rainbow Health Ontario, is a project whose goal is to increase the capacity of Ontario's primary health care system to provide high-quality, comprehensive care to trans communities through training, education, mentorship, resources, and networking. We have a strong team of medical and clinical trainers and have partnered with Community Health Centres across Ontario to build local capacity to serve trans clients close to home.

3. When a Man Makes Use of His Uterus: A Qualitative Study About Transmasculine Individuals' Experiences With Pregnancy, Birth, and Infant Feeding (Workshop)

Quand un homme se sert de son
utérus : une étude qualitative portant
sur l'expérience d'individus transmasculins
en lien avec la grossesse, l'accouchement
et l'alimentation du nourrisson (Atelier)

Presenter:

Trevor MacDonald, Community Advocate, Winnipeg, Manitoba

Transmasculine individuals who have not had a hysterectomy are in a unique position – they identify as male, but they can choose to become pregnant, give birth, and nurse their children. Health care professionals who provide transition-related care might need to have conversations with transgender patients about future reproductive and infant feeding choices. Because men are a minority needing obstetrical care or breastfeeding help, health care providers in the birth and lactation fields who work with transgender persons might have questions about how to provide sensitive, appropriate care. This workshop is based on a research study that explored the experiences of transgender men who were pregnant, gave birth, and fed their newborns. The research team included a trans man who gave birth and nursed two children, a nurse researcher, a post doctoral fellow, and four clinicians. We interviewed 22 English-speaking transgender men. Themes and topics emerged that described overall experiences and specific issues. For example, they spoke about gender dysphoria during pregnancy and birth, and navigating the health care system as a transgender person. The participants shared strategies they used to deal with fear or feelings of marginalization when health care professionals lacked knowledge about their needs. This workshop aims to provide tips regarding respectful care and tools to assess needs and support decisions. We use multiple techniques including discussion, pencil and paper exercises, and role playing to help participants work with transgender men. Support by Canadian Institutes of Health Research – Institute of Gender and Health operating grant.

10:30 - 11:00 am Break

11:00 - 12:30 pm **PLENARY**

(service de traduction simultanée au besoin)

Research to Practice to Research: Integrating Emerging Evidence Based Research Into Trans Health Practice

This Panel discussion will include both researchers and health practitioners and:

1. Will explore challenges and tensions inherent in providing evidence based research for a very diverse and hard to reach population (engaging trans people in the research and/or leading the research), including the challenges of embedding and situating trans identities within broader health research: combating the reality of population erasure in broad health research.
2. Will highlight successful techniques for translating research into practice (keeping in mind the challenges for clinicians whose case load only includes a few trans identifies people vs. those who are in larger centers and can build a clinical practice specifically for trans identified folks)
3. Will explore processes and systems that support and enable researchers and clinicians to interact and work together to formulate and frame research questions that are most relevant to clinical practice.

Panelists:

Dr. Mary Bryson, PhD, Director and Professor, Institute for Gender, Race, Sexuality and Social Justice, University of British Columbia, Vancouver, British Columbia;

Mary K. Bryson is Director, Institute for Gender, Race, Sexuality and Social Justice and Professor, Language and Literacy Education, Faculty of Education, University of British Columbia in Vancouver, BC, Canada. Mary is a proud Board of Directors member of Vancouver's Catherine White Holman Wellness Centre, which provides low-barrier wellness services to transgender and gender diverse people. Mary is a queer trans* advocate for social justice efforts within higher education and far beyond the University. Mary led a successful campaign for same-sex partner benefits at their Vancouver home university — UBC, in 1989, and has taught courses in queer theory and trans* gender and sexuality studies. Mary was diagnosed and treated for breast cancer and during that period (2007-2009), authored a queer and trans* cancer blog titled *Adventures in Deconstruction*. Dr. Mary Bryson's *Cancer's Margins* research focuses on social media, sexuality and gender, and the politics of social justice initiatives that aim to create and to support all-genders, trans* and queer public knowledge sites and culturally safe care provision.

Greyson Jones, PhD Student, Dalhousie University, Halifax, Nova Scotia;

Greyson Jones is in the Interdisciplinary PhD program in Health Professions at Dalhousie University. With an MA from the University of Windsor in 2014, his areas of speciality include: medical anthropology/sociology; social data analysis; sex and gender; feminist epistemology; LGBT health; queer theory; globalization; and social movements. Much of Grey's past work involves critical perspectives surrounding medical research, practices, and provisioning for sexual- and gender-minoritized populations; and his current dissertation research applies an intersectional lens to the study of healthcare experiences, inequities, and accessibility barriers for transgender populations in cross-cultural contexts. Additionally, Grey runs a popular blog and Youtube channel on trans/queer culture and does extensive work with queer social movements online.

Françoise Susset, MA, Clinical Psychologist, Couple & Family Therapist, Montreal, Quebec

Françoise Susset is a clinical psychologist and couple and family therapist. Her principal areas of interest are working with trauma survivors and sexual minority issues. She is co-founder of The Institute for Sexual Minority Health. Françoise works within a "minority stress" framework, acknowledging the impact of discrimination on people's mental health and development. Her clinical work centers on trans adults and teens, during transition and beyond. She also focuses on supporting gender variant children, helping families and schools challenge notions regarding sexuality, sexual orientation, gender identity and gender expression. Françoise is a member of WPATH and has served on the Board of CPATH for 4 years. She recently published an article entitled: "Vulnérabilité et stigmatisation des enfants non normatifs dans l'expression de leur genre" ("Vulnerability and Stigmatization of Gender Non-Conforming Children") in the Revue québécoise de psychologie and

contributed a chapter entitled: "Between a Rock and a Hard Place: The Experience of Parents of Gender-Nonconforming Boys" in Meyer and Pullen-Sansfaçon's book: Supporting Transgender and Gender Creative Youth.

PLÉNIÈRE

(simultaneous translation provided)

De la recherche à la pratique à la recherche : intégrer les recherches émergentes fondées sur des données probantes dans la pratique en santé trans

Cette table ronde comprendra des chercheurs et des professionnels de la santé:

1. Explorer les défis et les tensions inhérents à la recherche fondée sur des données probantes pour une population très diversifiée et difficile à atteindre (engager les personnes trans dans la recherche et/ou diriger la recherche), y compris les défis de l'intégration et de la situation des identités trans au sein de la recherche générale en santé: combattre la réalité de l'effacement de cette population dans la recherche générale en santé.
2. Mettre en évidence des techniques efficaces pour traduire la recherche en pratique (en gardant à l'esprit les défis pour les cliniciens qui ne rencontrent que quelques personnes trans vs ceux des grands centres qui sont plus à même de développer une pratique spécialisée en santé des personnes trans).
3. Explorer les processus et les systèmes qui soutiennent et permettent aux chercheurs et cliniciens d'interagir et de travailler ensemble pour formuler et encadrer les questions de recherche les plus pertinentes pour la pratique clinique.

Panélistes :

Dre Mary Bryson, PhD, Directrice et professeure, Institute for Gender, Race, Sexuality and Social Justice, Université de la Colombie-Britannique, Vancouver, Colombie-Britannique;

Mary K. Bryson est directrice de l'Institute for Gender, Race, Sexuality and Social justice, et professeure en Language et Literacy Education, Faculté de l'éducation à l'Université de la Colombie-Britannique à Vancouver. Mary est fière de siéger au Conseil d'administration du Catherine White Holman Wellness Centre à Vancouver, centre qui offre des services accessibles pour le mieux-être des personnes trans et de genre divers «gender diverse». Mary est une militante queer pour les personnes trans* pour une meilleure justice sociale au sein de l'éducation supérieure et bien au-delà du cadre universitaire. Mary a mené avec succès une campagne pour la reconnaissance des avantages pour les couples de même sexe au sein de son université à Vancouver (UBC) en 1989 et a dispensé des cours sur la théorie queer, sur les études sur la sexualité et le genre. Mary a été diagnostiquée et traitée pour un cancer du sein de 2007 à 2009, et durant cette période, a créé



un blogue portant sur le cancer queer et trans : Adventures in Deconstruction. Le projet de recherche Cancer Margins de la Dre Mary Bryson focalise sur les médias sociaux, la sexualité, le genre et les politiques en matière de justice sociale qui visent à aider la création et le soutien de sites axés sur la connaissance publique/communautaire et les options pour des soins de santé, sécuritaires et culturellement adaptés, à la fois pour les personnes de tous les genres (gender), et les personnes trans* et queer.

Greyson Jones, étudiant au doctorat, Université Dalhousie, Halifax, Nouvelle-Écosse;

Greyson Jones est doctorant du programme interdisciplinaire des professions de la santé de l'Université Dalhousie. Détenteur depuis 2014 d'une maîtrise de l'Université de Windsor, ses champs d'études incluent : l'anthropologie et la sociologie médicale ; l'analyse des données sociales ; le sexe et le genre ; l'épistémologie féministe; la santé LGBT ; la théorie queer ; la globalisation ; et les mouvements sociaux. La plupart des travaux antérieurs de Grey portent sur des perspectives critiques entourant la recherche médicale, les pratiques et les soins dispensés aux personnes appartenant à une minorité sexuelle et/ou de genre. Sa recherche doctorale actuelle adopte une optique intersectionnelle dans l'étude des expériences en soins de santé, des inégalités, et des barrières quant à l'accessibilité pour les personnes transgenres dans des contextes transculturels. De plus, Grey opère un blogue populaire et un site internet youtube sur la culture trans/queer, et participe aux mouvements sociaux queers en ligne.

Françoise Susset, MA, psychologue clinicienne, psychothérapeute conjugale et familiale, Montréal, Québec

Françoise Susset est psychologue clinicienne et psychothérapeute conjugale et familiale. Ses principaux champs d'intérêt sont l'intervention auprès de personnes victimes d'abus et de traumatismes ainsi qu'auprès de personnes victimes de discrimination, tout particulièrement des individus provenant des minorités sexuelles. Elle est cofondatrice de l'Institut pour la santé des minorités sexuelles (<http://fr.ismh-isms.com/>) et offre des formations professionnelles et de la supervision clinique sur de nombreux sujets se rapportant à la vie des personnes LGBTQ et tout particulièrement des personnes trans de tout âge. Françoise travaille à partir d'un cadre conceptuel de « stress minoritaire », reconnaissant les impacts de la discrimination sur la santé mentale et le développement des individus. Elle s'intéresse tout particulièrement à l'évaluation et au suivi clinique des adultes et des adolescents trans, durant et au-delà de la transition . Elle est spécialisée également dans le soutien aux familles dont l'enfant exprime son genre de manière non normative (Gender creative children) afin d'aider les familles et les écoles à remettre en question des notions

associées à la sexualité, l'orientation sexuelle, l'identité sexuelle et l'expression de genre. Françoise est membre de la WPATH et a siégé comme présidente du conseil d'administration de l'Association canadienne des professionnels en santé des personnes transsexuelles (CPATH). Elle a récemment terminé une thèse de doctorat en psychologie et a publié un article intitulé: « Vulnérabilité et stigmatisation des enfants non normatifs dans l'expression de leur genre » dans la Revue québécoise de psychologie ainsi qu'un chapitre intitulé: « Between a Rock and a Hard Place: The Experience of Parents of Gender-Nonconforming Boys » (« Entre le marteau et l'enclume: l'expérience des parents de garçons qui ne conforment pas aux stéréotypes de genre ») dans l'ouvrage de Meyer et Pullen-Sansfaçon : Supporting Transgender and Gender Creative Youth.

12:30 – 12:45 pm

Plenary Closing

Thanks and Reflections

Tuma Young is a traditional 2-Spirited person from the Malagawatch First Nation. Over the last thirty-five years, Tuma has been learning/teaching about the traditional roles of 2-Spirited people in Indigenous communities from elders, peers, activists, and traditional folks. He is the co-founder of the Wabanaki 2-Spirit Alliance, a NGO focused on improving the lives of 2-Spirited people in Atlantic Canada. Tuma works as an Assistant Professor of Indigenous Studies at Cape Breton University and in his spare time, loves to take picture of birds with his partner of 23 years, Nicolaas.

Plénière de clôture

Remerciements et remarques finales

Tuma Young est une personne bispirituelle qui vient de la Première Nation Malagawatch. Depuis 35 ans, Tuma apprend et enseigne sur le sujet des rôles traditionnels des personnes bispirituelles dans les communautés autochtones grâce au soutien d'aîné.e.s, de ses pairs, de militant.e.s et d'autres personnes en lien avec les traditions de ces communautés. Tuma a fondé l'Alliance Wabanaki 2-Spirit, une ONG dédiée à améliorer la vie des personnes bispirituelles sur la côte Atlantique du Canada. Tuma travaille à l'Université du Cap Breton en tant que professeur adjoint d'études autochtones. Dans ses temps libre, il aime photographier des oiseaux aux côtés de son compagnon Nicolaas avec qui il partage sa vie depuis 23 ans.

CPATH Conference Speaker Bios

Jocelyn Andruko is a medical student (class of 2017) at the University of Alberta, with a background in anatomy and cell biology at McGill University. Through her work with LGBTQ youth with the fyrefly In Schools program and her experience as a student working with patients, she was able to appreciate the systemic deficits in healthcare for and education about LGBTQ patients, and in particular trans children. In response, she and several colleagues at the U of A have developed the Inclusive Health Conference, a medical education initiative to address the deficits in medical education and curriculum that are contributing to this problem.

Ian Armstrong is a fourth-year medical student from the University of Alberta. He previously completed a B.Sc. in Neuroscience from the University of Alberta in 2011, and worked in a sexual health clinic in London, UK. With the medical students of the Sexual Orientation and Gender Identity Advocacy initiative, he has been an active member of the LGBT Curriculum Working Group and the Inclusive Health Conference Organizing Committee. He is also a frequent volunteer with HIV Edmonton, Homeward Trust, and Camp fyrefly.

Louanna Atkinson is a clinical social worker at the Endocrinology & Diabetes Unit of BC Children's Hospital. She received her Bachelors of Social Work degree from the University of Victoria, BC in 1996. She subsequently pursued a Masters degree in Social work from the University of British Columbia in 2000. Louanna has been working in medical social work since 1996 and joined BC Children's Hospital in 2001. She has been working in pediatric endocrinology for 5 years with Dr Metzger and others from BC Children's Hospital's Endocrinology Clinic to provide care and support to a number of transgender teens and young adults.

Chris Aucoin is an educator, writer, and graphic designer with a diverse background in community-based work in cultural industries, social justice (human rights, poverty and food security), and health promotion. He has an MEd in Educational Psychology, a diploma in Graphic and Digital Media Design, and has been involved in LGBTQ and/or HIV/AIDS community-based work in Nova Scotia off and on for over 20 years as an organizer, activist, lobbyist, educator, writer, graphic designer, and amateur historian. For the past seven years he has been the Gay Men's Health Coordinator with the AIDS Coalition of Nova Scotia (a 0.5 FTE position), while also doing freelance work in project management, research, writing, and graphic design.

Laura Barbour is the Senior Consultant, Sexual Orientation and Gender Identity at the Public Service Commission with the Province of Nova Scotia. Laura has a Masters of Arts in Health Promotion from Dalhousie University with her thesis research focusing in the area of sexuality. During her career with government, Laura has co-created a network for queer and trans government

employees, supported the amendment to the Nova Scotia Human Rights Act to include gender identity and gender expression, and co-authored provincial guidelines to support transgender and gender nonconforming students.

Dr. Greta Bauer is an Associate Professor in the Department of Epidemiology & Biostatistics at Western University. Her primary research interests are in sexually transmitted infections and the broader health of sexual and gender minority communities, and in quantitative research methodology for studying communities that experience marginalization. Greta is a Principal Investigator on the Trans PULSE Project—a community-based research project regarding health (physical, mental, social, and sexual) and access to health and social services for Ontario's trans communities. For over a decade, she has conducted research to improve survey measures that seek to identify participants' sex, gender or sexual orientation.

Dr. Maud Bélanger, MD, FRCS(C), obtained her medical degree in 2005 from Laval University in Quebec City. In 2010, she completed her residency in plastic surgery at the University of Montreal and went on to do her fellowship in microsurgery and breast reconstructive surgery at the renowned University of UZ Ghent in Belgium. Prior to dedicating her medical practice to a purely private one, Dr. Bélanger was an attending doctor at Hôtel Dieu de St-Jérôme. She receives patients in Montréal and also at her office at St-Jérôme. Dr. Bélanger is a member of:

- Royal College of Physicians and Surgeons of Canada
- Quebec Association of Specialists in Plastic and Aesthetic Surgery
- Collège des Médecins du Québec
- American Society of Plastic Surgeons
- Société Canadienne de Chirurgie Esthétique Plastique
- World Professional Association for Transgender Health
- Conseil Médical Canadien (LMCC)

Kerry Boileau coordinates the Acting OUT Program at SKETCH Working Arts in Toronto. She brings her passion for theatre arts, for youth and for systemic change into a unique program that engages LGBTQ youth with lived experience “in the system” to provide exceptional educational and clinical opportunities for service and care providers. Agency staff, providers and clinicians learn directly from the “experts” about how to work effectively with youth in ways that recognize, value and honour diverse gender identities and gender expressions across the gender identity and gender expression spectrums. Kerry has 30 years of experience as a community-engaged artist using theatre arts as a jumping off point toward systemic change and equity.

Gabrielle Bouchard is the Peer Support and Trans Advocacy coordinator at the Centre for Gender Advocacy; a social justice organization affiliated with Concordia University. Recipient of the ATQ 2014 Christine Jorgensen Award, Gabrielle participated in the creation of a name of common usage policy at Concordia and coordinated part of the community efforts to bring legislative changes to insure trans rights in Québec. She is the spokesperson representing the Centre in its court case against the provincial government to bring full legal equality to trans, gender-variant and intersex people in Quebec. Gabrielle provides training and workshops to social actors, front-line workers, and post-secondary institutions. She is also leading a research study on trans prevalence in Québec and is the editor of the *État des faits trans au Québec* 2013.

Dr. Amy Bourns is a family physician on the LGBT unit at Sherbourne Health Centre in Toronto, ON, where she provides comprehensive primary care for many transgender patients as part of a multidisciplinary team. Dr. Bourns began to accrue knowledge of trans health during her completion of the first LGBT Primary Care Fellowship in Canada in 2011 following her family medicine residency. Since that time, she has been involved in expanding the capacity of health care providers in caring for transgender patients through facilitation of accredited educational sessions with Rainbow Health Ontario, and has contributed her expertise to the development of recommendations for cancer screening and sexual health in transgender populations. Most recently, Dr. Bourns authored the revised Sherbourne Health Centre Guidelines and Protocols for Hormone Therapy and Primary Health Care for Trans Clients, released in April 2015. Dr. Bourns also takes an avid interest in medical education and is currently working with the University of Toronto in the capacity of Faculty Lead for LGBTQ Health Education to expand competencies of graduating medical students in caring for LGBTQ patients.

Dr. Pierre Brassard, MD, FRCS(C), obtained his medical degree with honors, finishing first in his class, in 1985 from Laval University. In 1989, he completed his residency in plastic surgery at the University of Montreal and went on to do his fellowship in microsurgery at Maisonneuve-Rosemont and at the renowned Mayo Clinic in Minnesota. Prior to dedicating his medical practice to a purely private one, Dr. Brassard was an attending doctor at l'Hotel Dieu de Quebec where he held a position as professor, at l'Hotel Dieu de Levis and at l'Hotel Dieu de St-Jerome as chief of staff. He is presently director of the Centre Metropolitain de Chirurgie. Dr. Brassard is a member of:

- Collège Royal de Médecins et Chirurgiens du Canada
- Quebec Association of Specialists in Plastic and Aesthetic Surgery
- Collège des Médecins du Québec
- American Society of Plastic Surgeons
- Société Canadienne de Chirurgie Esthétique Plastique
- World Professional Association for Transgender Health
- Conseil Médical Canadien (LMCC)

Mary K. Bryson is Director, Institute for Gender, Race, Sexuality and Social Justice and Professor, Language and Literacy Education, Faculty of Education, University of British Columbia in Vancouver, BC, Canada. Mary is a proud Board of Directors member of Vancouver's Catherine White Holman Wellness Centre, which provides low-barrier wellness services to transgender and gender diverse people. Mary is a queer trans* advocate for social justice efforts within higher education and far beyond the University. Mary led a successful campaign for same-sex partner benefits at their Vancouver home university — UBC, in 1989, and has taught courses in queer theory and trans* gender and sexuality studies. Mary was diagnosed and treated for breast cancer and during that period (2007-2009), authored a queer and trans* cancer blog titled *Adventures in Deconstruction*. Dr. Mary Bryson's *Cancer's Margins* research focuses on social media, sexuality and gender, and the politics of social justice initiatives that aim to create and to support all-genders, trans* and queer public knowledge sites and culturally safe care provision.

Colleen Cameron has more than 40 years of experience in the area of community health and development, adult education and social justice initiatives. She has practiced and taught nursing and community health in Canada, Africa and the Middle East, while also engaging in overseas emergency famine relief projects. Colleen has been a member of the People Assessing Their Health (PATH) Network since its inception in 1997 and has worked in communities in Nova Scotia, across Canada and in a number of countries in Africa and Asia training and promoting the PATH process. At the Coady International Institute, St. F. X. University, Colleen has designed and taught courses in Community-Based Development for Health, Gender and Development and Gender and Health. Her main focus has been facilitating certificate courses in the PATH/Community Driven Health Impact Assessment (CHIA) process.

Benjamin Chan is a second year medical student at the University of British Columbia. With the help of specialist Dr. Safer from the University of Boston, another medical student, Benjamin conducted a cross-sectional study, looking at the instruction of transgender health at UBC and comparing it to the rest of Canada. Both Dr. Safer and Benjamin are very passionate about the field of transgender health and look forward to continuing to broaden their knowledge of the topic.

Beth Clark, MM, RCC, is a doctoral student in the Interdisciplinary Graduate Studies Program at The University of British Columbia. Beth is a Vanier Canada Graduate Scholar and a trainee with the Stigma and Resilience Among Vulnerable Youth Centre at UBC. Their research focuses on healthcare access for transgender youth, and draws on the disciplines of healthcare, education, arts and ethics. Before returning to school, they had a clinical counselling and music therapy practice that specialized in paediatrics and mental health, placing priority on working with nonprofit organizations to provide access for those who could not otherwise afford care. Beth currently volunteers with the Catherine White Holman Wellness Centre, co-facilitating an art drop-in group,

and works as a community health liaison for the Transgender Health Information Program at Vancouver Coastal Health. They have presented on their clinical work and research across North America and, in 2011, received the Arthur Flagler Fultz Award for research in music therapy. Beth has recently published three peer-reviewed articles on music therapy practice with youth populations and is a co-author of the 2015 report: *Being Safe, Being Me: Results of the Canadian Trans Youth Health Survey*.

Rowyn DeVito, BA, is a genderqueer community activist born and raised on unceded Coast Salish Territory. Their direct support and advocacy work has spanned 18 years and has included formal advisory positions at the University of British Columbia and the British Columbia Institute of Technology, as well as front line grassroots activism. Rowyn is both an Organizer for the Catherine White Holman Wellness Centre and Clinic Receptionist. They work within an interdisciplinary leadership team to help ensure that decisions about centre operations, including service delivery, programming, and risk management, are made within an anti-oppression framework.

Jane Dunstan is a family physician currently working in Calgary, Alberta. She has a strong interest in primary care for LGBT patients, and is especially interested in inclusion of trans and LGBT health content in medical education. She completed her medical school and family medicine residency training at the University of Toronto. Following this, she completed a self-directed PGY3 program in LGBT health, the second person at the University of Toronto to do so.

Adrian Edgar is a trans man, family doctor, and the Medical Director at Clinic 554 - a family practice specializing in trans, queer, and reproductive health, in Fredericton, New Brunswick. He currently serves on the Board of Directors for AIDS New Brunswick, is the provincial representative to the Equity and Diversity Committee of the College of Family Physicians of Canada, and is a faculty member with the Departments of Family Medicine at Dalhousie University and Memorial University of Newfoundland. Adrian is a founding member of the New Brunswick Transgender Health Network, and worked on the Community Engagement Team for Canada's largest trans health needs assessment, the Trans PULSE Survey, in Ontario in 2009. He is now collaborating to expand the survey nationally. Adrian has presented trans health research at the World Professional Association for Transgender Health (Norway), the Gay and Lesbian Medical Association (USA), and the Canadian Professional Association for Transgender Health (Canada). He has presented prison health research at the World Health Organization and lectured on trans and queer health at universities across the country. He has also published work in refugee health, HIV stigma, and peace through health. Adrian trained at Toronto's Sherbourne Health Centre and the Gender and Sexual Identity Service for children and youth, as well as Vancouver Coastal Health's Three Bridges Community Health Centre. As a clinician, Adrian has worked on a maternal addictions team, a midwifery collaborative, a street health and sexworker outreach team, at several abortion clinics, and on a number of Reserves and First

Nations. He practices harm reduction, inclusive care, and is proud to have attended every CPATH conference since the organization's inception.

Hélène Frohard-Dourlent is a PhD student in the Department of Sociology at the University of British Columbia. For her PhD dissertation, she interviewed school staff about their experiences working with trans and gender-fluid youth. Through everyday administrative and social practices, school systems invest heavily in stable gender binaries. Given this institutional context, she was interested in exploring how school staff navigate personal and institutional expectations when the limits and seams of these stable gender binaries become apparent. She illuminated the complexities and contradictions of the work that adults in school do when they (try to) support trans and gender-fluid students. This research will help inform educational practices and improve institutional responses of school systems to gender diversity and gender non-conformity. Hélène has also been very involved in the Canadian Trans Youth Health Survey, especially with qualitative data analysis of trans youth's comments about different gender identity questions and response options, and francophone translation of the study's materials.

Kirk Furlotte is a graduate student in Health Promotion at Dalhousie University. During his undergraduate degree, he completed an internship with prideHealth, where he helped create the Trans* Health Guide through community collaboration. These efforts were recognized with the honour of a tile in the Trans Mosaic at the Youth Project. Kirk has worked on a number of health research projects that include members of trans communities. His most recent work was with a cross-Canada study on end-of-life planning for members of the LGBT community. He has also worked on a national arts-based health research and storytelling project looking at the breast and gynecologic cancer healthcare experiences of queer women and trans people. An active volunteer with the Nova Scotia Rainbow Action Project, Kirk drafted the language for a petition to the province which was presented when the government announced it would include gender identity and gender expression in the Nova Scotia Human Rights Act.

Jacqueline Gahagan is a Full Professor of Health Promotion and Head of the Health Promotion Division in the School of Health and Human Performance in the Faculty of Health Professions at Dalhousie University. Jacqueline also holds cross appointments in Community Health and Epidemiology, International Development Studies, Gender Studies, Occupational Therapy, Nursing and is an Affiliate Member of the European Union Centre for Excellence, the Health Law Institute at Dalhousie University, the Atlantic Health Promotion Research Centre and the Beatrice Hunter Cancer Research Institute. Dr. Gahagan teaches courses in measurement and evaluation, community health promotion, health promotion theory, and women's health and the environment at both the graduate and undergraduate levels, and is a member of the editorial board for several peer-reviewed journals, including *Health Care for Women International*, *Sexual Health*, and the *Canadian Journal of Public Health*. Dr. Gahagan has been involved in HIV/AIDS advocacy, activism and research for over two decades

and received the Queen Elizabeth II Diamond Jubilee Medal in 2012 for excellence in the field of HIV/AIDS. Prior to joining Dalhousie University, Jacqueline worked in public health as a health promotion specialist, a program evaluation specialist and as a health promotion consultant.

Jason Geary, is a PhD student in the Faculty of Medicine at Memorial University. He is also a per-course instructor in the Faculty of Education at Memorial where he teaches in the K-12 Special Education program. His research interests include the impact of inclusive schooling on students and families as well as policy implications surrounding inclusive education.

Lauren Goldman is a registered nurse with specializations in gender affirming care, STIs and contraceptive management. Lauren's focus is on providing effective and considerate sexual health care to queer, transgender and gender diverse clients. She works to create health care experiences that are safe and respectful of all aspects of gender identity and sexual expression.

Lorraine Grieves, MA, RCC, is a cisgender, queer-identified resident of European descent, currently living in Vancouver, who was born and raised on unceded Coast Salish Territory. She has worked for over a decade in substance use services with a particular focus on supporting youth and families, both as a counsellor and in health services management. Some of her recent work has been on initiatives that build capacity across helping systems in support of LGBTQ2S youth, adults, and families/carers/supportive others. Lorraine holds a deep interest in social justice for persons of all genders and backgrounds and tries to weave this intersectional positioning though all that she does. Lorraine currently works at Vancouver Coastal Health as a manager for Youth Substance Use Services, Prism (LGBTQ2S capacity building), and the Transgender Health Information Program.

Sue Hranilovic considers herself an "old nurse" and a "newer nurse practitioner". As a Masters-prepared Primary Health Care Nurse Practitioner and an AIDS Certified Nurse, Sue has provided hospital, community and primary health care in Toronto's inner city for over 25 years. Her practice has included patients living with HIV, those injecting drugs and those on methadone maintenance, transgender patients, patients with mental health issues and those infected with hepatitis C. She has a commitment to continuing involvement in professional development and community-based volunteer activities which have included Board of Directors positions for the Canadian Association of Nurses in AIDS Care, the Ontario HIV Treatment Network and Fife House Foundation. She has done over 60 presentations to colleagues, patients and community and has received ten awards related to excellence in academia and clinical care. Sue's high level of expertise and commitment to working with diverse, marginalized, stigmatized, at-risk and vulnerable populations has served her both locally and internationally, and she hopes to continue nurturing the resilience of the clients she walks with, learns from and serves.

Matthew Heinz, PhD, is Dean and Professor of the Faculty of Social and Applied Sciences at Royal Roads University in British Columbia.

Dr. Cindy Holmes is a Michael Smith Foundation for Health Research Postdoctoral Fellow in the Faculty of Health Sciences at Simon Fraser University, where her community-based participatory research examines the intersections between safety, belonging, well-being and place in the lives of transgender and gender non-conforming people. She is also a Postdoctoral Fellow with the National Collaborating Centre on Aboriginal Health at the University of Northern British Columbia. Dr. Holmes' research focuses on violence and health equity issues in the lives of: women; lesbian, gay, bisexual, transgender and Two-Spirit people (LGBT2S); and Indigenous people in Canada. Her work reflects a commitment to social justice and health equity that is embedded in over twenty year's experience in community health and social work practice. She has also taught undergraduate and graduate courses in the sociology of gender, violence within families and gender and health at Simon Fraser University and the University of British Columbia. Cindy identifies as a white, queer, cisgender femme, and also as a parent of a gender creative preteen and partner of a gender nonconforming/masculine woman. She is currently a visitor on the traditional and unceded territories of the Musqueam, Squamish and Tsleil-Waututh people in Vancouver BC.

Dan Irving is an Associate Professor teaching in the Human Rights and Sexuality Studies programs in the Institute of Interdisciplinary Studies at Carleton University. His current research focuses on trans unemployment and underemployment. His co-edited collection (with Rupert Raj) *Trans Activism in Canada: A Reader* was published by Canadian Scholars Press in 2014. His work has also been published in the *Transgender Studies Reader 2*, *Sexualities* and *Australian Feminist Studies*.

Chelsea Jalloh is currently an Instructor II and the Coordinator of Undergraduate Medical Education in the Department of Community Health Sciences. In addition to academic work, Chelsea has experience working in the nonprofit sector, involvement in local community based organizations, and has worked in international locations such as Mexico, Sierra Leone, Kenya, and Colombia. Chelsea's research and academic work focuses on community-based sexual health education, development and evaluation of health education interventions, harm reduction, literacy as a social determinant of health, and the ways in which the disciplines of Education and Public Health can both intersect and collaborate. Chelsea is currently pursuing doctoral studies in the Faculty of Education at the University of Manitoba.

Greyson Jones is in the Interdisciplinary PhD program in Health Professions at Dalhousie University. With an MA from the University of Windsor in 2014, his areas of speciality include: medical anthropology/sociology; social data analysis; sex and gender; feminist epistemology; LGBT health; queer theory; globalization; and social movements. Much of Grey's past work involves critical perspectives surrounding medical research, practices, and provisioning for sexual- and gender-minoritized populations; and his current dissertation research applies an intersectional lens to the study of healthcare experiences, inequities, and accessibility barriers for transgender populations in cross-cultural contexts. Additionally, Grey runs a popular blog and Youtube channel on trans/queer culture and does extensive work with queer social movements online.

Olivia Kamgain est candidate à la maîtrise en administration publique à l'École Nationale d'Administration Publique (ENAP). Ses champs d'intérêt couvrent les inégalités sociales en santé, les études sur le genre et l'équité en administration publique.

Irene Kling, Ph.D. CCC-SLP is a licensed speech-language pathologist in New York State who maintains certification by the American Speech-Language-Hearing Association. In her private practice in New York City, she specializes in individual and group care for the transgender speaker, professional voice user, and the elite singer. She is an invited, international speaker performing workshops in Greece, Belgium, and the United States. Dr. Kling, an adjunct assistant professor at Mannes College The New School for Music, teaches Care of the Professional Voice: Vocal Production and Vocal Health to young opera singers. She was an adjunct faculty member at New York University for many years providing classes in Voice Disorders and Voice Rehabilitation and mentoring student clinicians. Prior to becoming a speech-language pathologist, she performed as an actor and singer on Broadway, television, and on many voiceover commercials. In her classes at the Stella Adler Acting Conservatory and the Raphael Kelly Shakespeare Studio, she coached actors in voice and speech production. Dr. Kling coauthored the recently published Voice Rehabilitation: Testing Hypotheses and Reframing Therapy. She is an active member of WPATH, Columbia University's Working Group on Gender in New York City, and the New York City Voice Study Group.

Arden Krystal holds executive leadership responsibility for all nine of PHSA's agencies – such as the BC Cancer Agency, BC Women's and Children's Hospitals and the BC Centre for Disease Control, as well as the Chief Nursing Office, Population Health, the Surgical Patient Registry and the Redevelopment Project at BC Children's and Women's Hospitals. Arden serves as the executive sponsor of the new Trans Care BC initiative, a province-wide initiative that will improve trans people's access to primary care, to timely surgical care, to peer and community based supports, and will also provide education to health care providers across the province. Ms. Krystal is an Adjunct Professor at the UBC School of Nursing and holds a Certified Health Executive designation from the Canadian College of Health Leaders, a Masters of Health Administration

from the University of British Columbia, and has certification from the Harvard Business School Managing Health Care Delivery Program. Arden has a broad range of experience as a healthcare professional and has served in a variety of leadership roles during the course of her career. Her current portfolio has a total consolidated budget of approximately \$1.5 billion in operating and over \$600 million in capital (related to the redevelopment project). Prior to joining PHSA in April 2012, she held the position of Vice President, Clinical Operations at Fraser Health, and was the Clinical Executive Sponsor of the Surrey Hospital and Redevelopment project.

Janet MacDonald has been active in community-led initiatives for more than 20 years. She has co-facilitated Positive Space training in the local community as well as on the campus of StFX University. The program offers participants an opportunity, in a safe learning environment, to gain awareness of the LBGTQ experience. She is a past member of the Board of Directors of the Antigonish Women's Resource Centre Sexual Assault Services Association and a current member of the StFX Equity Advisory Committee. Janet has been an organizing member of many awareness raising and advocacy events in the Antigonish area. These included public forums, roundtable discussions, film screenings and parades to mention a few. She currently works at the Coady International Institute on the Campus of StFX. Janet has personal experience as an LGBTQ ally. She has participated in the PATH process with a number of colleagues who shared stories and experiences and together identified a shared vision of what a healthy community looks like.

Trevor MacDonald is a transgender man from Manitoba who birthed both his children at home and breastfeeds them. In 2011, he began writing a blog that quickly became popular with both transgender individuals and health care providers looking for information on transgender reproduction and infant feeding. Trevor started the first online support group for trans* individuals interested in birth and breast/chestfeeding. With Dr. Joy Noel-Weiss (Faculty of Nursing, University of Ottawa), he designed and carried out a study focusing on the experiences of transmasculine individuals with pregnancy, birth, and infant feeding. The study was funded by the Canadian Institutes of Health Research – Institute of Gender and Health.

Devon MacFarlane, MA currently works as the Manager for Community Development and Service Integration with Vancouver Island Health Authority, and has over 15 years experience working in health authorities, in roles addressing community development, program development, and organizational change. Over this time, a substantial focus of Devon's work has included advancing the health and well-being of trans populations as well as lesbian, gay, bi, Two Spirit, and queer populations – work that is close to Devon's heart as an out trans and queer person. In Devon's involvement with CPATH, Devon led the consultations on success at the 2012 conference; is currently CPATH Board President and co-chairing the conference committee for the 2015 conference in Halifax, and is excited to be serving as president.

Dr. Reece Malone is the Education Program Coordinator for the Rainbow Resource Centre specializing in the development and delivery of public education and training on sexual orientation, gender identity, and comprehensive sexual health and human sexuality education. He has been a sexual health consultant on trans populations both nationally and abroad including the World Health Organization - Pan American Health Organization, the Public Agency of Canada, The Alberta Children's Hospital, and the Government of Nunavut. His work has recently been featured in Men's Health Magazine, Canadian Counselling Magazine and American Family Therapy Magazine. Additionally, he holds a private practice clinical sexology and sex therapy practice and volunteers for Allexperts.com. On his off time he can be found foraging Manitoba's forests for wild edibles for the most daring of palates and Winnipeg's foodie restaurants.

Zack Marshall is a social worker, community-based researcher, and PhD candidate in the Division of Community Health and Humanities at Memorial University of Newfoundland. Supported by a CIHR Fellowship, the goal of his dissertation research is to document the ways researchers have studied trans people through the creation of an accessible evidence map, highlighting challenges to informed consent and justice in the research process. He is a member of the Canadian Professional Association for Transgender Health - Research Committee, and co-lead of the REACH 2.0 Trans Research Program.

Jenn Matsui De Roo is a registered clinical counsellor working out of Dragonstone Counselling, a community centered, LGBTQ based private practice in Vancouver, BC, and Options for Sexual Health, a nonprofit provider of sexual health services. Jenn is a mixed race, genderqueer person from Vancouver, BC, who feels honoured to live, work and advocate within the trans community. Jenn's work is grounded in anti-oppression and feminist theory and practice, with a focus on supporting trans* and gender diverse individuals. Areas of specialization include sexual health, wellness and pleasure; healing from trauma and abuse; living with chronic pain and illness, and thriving in intercultural and queer relationships.

Deborah McPhail is an Assistant Professor in Community Health Sciences, College of Medicine, University of Manitoba. A critical health scholar who studies the social aspects of obesity and queer health, she is developing research projects in the area of women's and trans people's reproductive health, with particular emphases on issues of health equity and healthcare access. She is also the Theme Leader in Gender and Sexual Health and delivers and develops curriculum content in the area of trans health to medicine students in the College of Medicine.

Lau Mehes is C.A.L.L. Out's Education Coordinator. She is a queer cis glitter-femme youth worker, community activist, and artist who networks and educates within communities across BC to build more supportive environments for LGBT2Q+ youth. She has worked with queer and trans youth for 8 years, starting as a student activist at UBC, where she completed a Bachelor of Arts (Honours)

in Women's and Gender Studies and History. Lau's work includes direct support and advocacy with queer, trans, two-spirit, and allied youth. She has been an anti-oppression and inclusion educator and facilitator for the past 6 years on a wide range of topics. In her minimal spare time, Lau is the director of Vancouver's Femme City Choir, an all-genders, queer and trans centered femme-fabulous singing extravaganza!

Laura Merdsoy is an activist and artist committed to investigating injustices in our health and social systems. She is currently completing her qualifying year in the Direct Entry Masters program at the Ingram School of Nursing at McGill. She holds a BA in Anthropology from Dalhousie University. She is the Vice President of Academic Affairs for the McGill Nursing Graduate Students Association, 2015.

Dr. Daniel Metzger is a pediatric endocrinologist at British Columbia Children's Hospital, a clinical professor in the Division of Endocrinology, Department of Pediatrics at University of British Columbia, and a clinical investigator at the Child and Family Research Institute. Dr. Metzger and his mental health professional and adult transgender colleagues work together as part of the BC Transgender Clinical Care Group, a provincial resource which oversees the medical, mental health, and surgical care of transgender people in British Columbia. He and his nursing and social work colleagues have been seeing and treating transgender youth and young adults at BC Children's Hospital since 1998. Alongside his work on the Canadian Trans Youth Health Survey, Dr. Metzger has published research reviewing the first 91 patients who accessed care at BC Children's Hospital, and he has had a successful research career focused on the development, prevention, and treatment of Type 1 Diabetes.

Hannah Milley is a member of the trans community, and is a first year medical student at the University of Western Ontario.

Morgane Oger is Chair, Trans Alliance Society; QMUNITY Programs Advisory Council; QMUNITY LGBTQ Community Building Advisory Committee; Spokesperson, BC Safer Schools Coalition; Vancouver Board of Education (VSB) District Parent Advisory Council executive; City of Vancouver LGBTQ2+ Advisory Committee. Morgane is a transgender parent of primary-school age children in public school in Vancouver. She is an outspoken advocate for LGBTQ2+ (queer) social justice at the civic, provincial, and federal levels in Canada. Working professionally as a software engineer, Morgane has been doing volunteer anti-oppression work since 1999 and has become active in queer social justice space since 2013 when she finally found the courage to come out as a transgender woman. Morgane holds a Bachelors degree in Applied Science in Mechanical Engineering from UBC and is currently enrolled in the Public Policy Institute, a public-policy advocacy program offered by the United Way of the Lower Mainland.

Jim Oulton, MSW, RSW is a clinical therapist whose practice, since 1995, has included people who identify as trans* and their families. He has played a key role in the development of Transgender Health Services across the Maritimes. Jim currently works with Counselling Services at the University of British Columbia. He is a founding member of the Canadian Professional Association for Transgender Health and served as President 2012 – 2013.

Elizabeth Parenteau est une étudiante à la maîtrise en sexologie à l'Université du Québec à Montréal qui s'intéresse aux enjeux vécus par les personnes trans dans leur quotidien. Plus précisément, celle-ci s'intéresse à la transition identitaire dans les milieux de travail. Dans le cadre de son baccalauréat en sexologie, elle a effectué un stage à IRIS Estrie auprès de la communauté trans. Elle a aussi participé au Camp Sexo, organisé par l'Université de Sherbrooke, afin de sensibiliser les étudiants en médecine sur divers sujets en lien avec la sexualité humaine.

Marlee Parsons is an interdisciplinary artist and graduate from Concordia University (BFA Studio Arts, Minor Psychology, 2012). Her practice explores social inequities and the effects of institutional hegemony on individual's sense of agency and health. Her hometown is Halifax, NS but she is currently living in Montreal, Quebec pursuing medical studies in her first year at McGill University.

Yasmeen Persad is a trans woman of colour originally from the Caribbean. She has been providing education and training around LGBTTT related issues for the past 8 years. Her experience ranges from working with trans youth, HIV positive women, sex workers and many diverse populations. She provides training to front-line shelter workers around trans community inclusion and support. Yasmeen has presented at many universities across North America on various topics about access for trans people. She has been part of ground-breaking recognition of trans women as women in the violence against women sector.

Sarah Pickett is a Registered Psychologist and Assistant Professor in Counseling Psychology and chair of the Sexuality and Gender Education Committee in the Faculty of Education at Memorial University Newfoundland. Presently her research interests are related to sexuality and gender discourses as they relate to teacher education and educational environments with a focus on K-12 school culture and climate.

Jake Pyne is a doctoral student in Social Work and Gender Studies at McMaster University. He has spent the past 15 years in various research and advocacy related roles in Toronto's trans community. Jake's community work has focused on access for trans individuals to emergency services, health care and family law equality, in addition to building community support for gender non-conforming children and their families. Jake is part of a number of provincial and national trans health research teams, including the Trans PULSE project, and he publishes widely on issues of health and justice for trans communities. Jake's doctoral research focuses on how puberty suppression and early transition for trans youth

has become 'thinkable' and possible in this time and place. This research is supported by Trudeau and Vanier Scholarships and he is the 2015 recipient of the WPATH award for "Outstanding Student Contribution to the Field of Transgender Health".

Ashleigh Rich has a decade of experience working as a professional and volunteer with queer and trans communities. Currently Research Coordinator of the Momentum Health Study, a longitudinal bio-behavioural cohort study of gay, bi, queer and other men who have sex with men at the BC Centre for Excellence in HIV/AIDS. Ashleigh's primary interests are in LGBTQ communities and the intersection of sex, gender and health. She also sits on the board of directors of YouthCO, a youth driven HIV and Hep C organization, and serves as a volunteer at the Catherine White Homan Wellness Centre, a healthcare centre serving trans and gender-diverse communities.

Cybelle Rieber is the Coordinator of the prideHealth Program with Nova Scotia Health in partnership with the IWK in Halifax Nova Scotia. Her role includes providing LGBTIQ cultural competency education across the health care systems, policy and administrative procedure consultation, liaising with community, health authority and government regarding trans health issues, advocating and educating regarding the need for greater access to health care, and assisting people to navigate the health care systems. She brings years of experience of health advocacy work, systems navigation and education. She holds an MA in Education, specializing in organizational learning.

Kinnon Ross MacKinnon completed a Master of Social Work from Ryerson University and is currently a PhD student at the University of Toronto's Dalla Lana School of Public Health. Kinnon's program of research looks at access to mental health care for trans populations. Originally from Antigonish, Nova Scotia, he moved to Toronto 8 years ago and now calls both places home.

Dr. Elizabeth Saewyc is Professor of Nursing and Adolescent Medicine at the University of British Columbia in Vancouver and heads the interdisciplinary Stigma and Resilience Among Vulnerable Youth Centre at UBC. She is also Research Director for the McCreary Centre Society, and a co-Investigator on the Canadian team for the multi-country Health Behaviour of School Age Children. She is a Fellow in both the Society for Adolescent Health and Medicine and the Canadian Academy of Health Sciences. Dr. Saewyc's research and public health nursing practice primarily focus on how stigma, violence, and trauma influence teens' health, coping and risk behaviours, and what protective factors in relationships and environments can foster resilience despite the trauma. She has worked for 20 years with diverse populations of young people, including runaway and street-involved youth, sexually abused/sexually exploited teens, gay/lesbian/bisexual/transgender adolescents, youth in custody, immigrant and refugee adolescents, and indigenous youth in several countries.

Dr. Joshua Safer is Boston University (BU) Medical Center's Director of Endocrinology Fellowship Training and Endocrinology Education and is Associate Professor of Medicine and Molecular Medicine at the BU School of Medicine. He represents endocrinology on the Council for the Association of Specialty Professors in the Alliance of Academic Internal Medicine, where he chairs the Program Committee and was recently elected President-Elect. He also chairs the Accreditation/Curriculum Toolbox Committee for the Association of Program Directors in Endocrinology and Metabolism. Dr. Safer has been working on research protocols to demonstrate health and quality of life benefits accruing from increased access to care for transgender patients. As part of that effort, Dr. Safer has been developing novel transgender medicine curricula at the BU School of Medicine.

Kyle Shaughnessy is a Metis, trans, queer storyteller and registered social worker who grew up in rural BC. He has supported transgender youth and their families in varying capacities since 2001 and has strong background in youth education and queer and trans community building. Through his enthusiasm for writing, facilitating and public speaking, Kyle firmly believes in the power of personal narrative to connect queer and trans experiences and create social change. Kyle is currently the Project Manager for C.A.L.L. Out! at the Transgender Health Information Program in Vancouver, BC.

Rachel Skocylas is a second year medical student at the University of British Columbia. With the help of specialist Dr. Safer from the University of Boston, another medical student, Rachel conducted a cross-sectional study, looking at the instruction of transgender health at UBC and comparing it to the rest of Canada. She is both very passionate about the field of transgender health and looks forward to continuing to broaden her knowledge of the topic.

Adrienne Smith is Pivot's Health and Drug Policy Advocate. They graduated from UBC Law School where they specialized in Social Justice law. Adrienne was called to the bar in British Columbia in 2014. Adrienne lives and works in the Downtown Eastside and knows what is at stake here. Adrienne is committed to doing Pivot's work with an unconditional positive regard for people in their neighbourhood, and a commitment to meet them where they are. They have been a garbage man, a labour activist, a political campaign organizer, a legislative researcher, and a mental health worker. They also have a sled dog, an air brake ticket, and a graduate degree in geography. Adrienne knits, plays the fiddle, and likes slam poetry and roller derby. Adrienne is working to reduce the harm which law causes to marginalized communities.

Fiona Smith began her career as a Registered Psychiatric Nurse, graduating from the diploma program at Selkirk Mental Health Centre in 1983. She had the opportunity to work in a variety of inpatient, emergency, out-patient and community settings in Winnipeg, Calgary, Toronto, Vancouver and London England. While working at Manitoba Adolescent Treatment Centre Community Services Program, she began a Masters of Nursing with a focus in family nursing. Her thesis explored the experience of

mothers seeking help with children who were depressed. Currently Fiona is an Assistant Professor at Brandon University, Department of Psychiatric Nursing at the Winnipeg site, as well as a student in the Applied Health Sciences PhD program at the University of Manitoba. Her research interests include families with transgender children and education of health professionals about transgender issues.

Celia Stewart, PhD, CCC-SLP is a tenured Associate Professor in the Department of Communicative Sciences and Disorders at New York University Steinhardt School of Culture, Education, and Human Development, where she served as chair of the department for over a decade. She provides classes in Voice Disorders, Interdisciplinary Habilitation of the Speaking Voice, Multicultural and Professional Issues, and Motor Speech Disorders. She maintains a small private practice that specializes in care of the professional voice, transgender voice modification, neurogenic voice disorders, and dysphagia. She has published in the areas of spasmodic dysphonia, transgender voice, dysphagia, Parkinson's disease, and Huntington's disease. She is an invited, international speaker performing workshops in Belgium, Greece, Sweden, Canada, and the United States. Dr. Stewart coauthored the recently published *Voice Rehabilitation: Testing Hypotheses and Reframing Therapy*. She is an active member of WPATH, Columbia University's Working Group on Gender in New York City, and the New York City Voice Study Group.

Françoise Susset is a clinical psychologist and couple and family therapist. Her principal areas of interest are working with trauma survivors and sexual minority issues. She is co-founder of The Institute for Sexual Minority Health. Françoise works within a "minority stress" framework, acknowledging the impact of discrimination on people's mental health and development. Her clinical work centers on trans adults and teens, during transition and beyond. She also focuses on supporting gender variant children, helping families and schools challenge notions regarding sexuality, sexual orientation, gender identity and gender expression. Françoise is a member of WPATH and has served on the Board of CPATH for 4 years. She recently published an article entitled: "Vulnérabilité et stigmatisation des enfants non normatifs dans l'expression de leur genre" ("Vulnerability and Stigmatization of Gender Non-Conforming Children") in the *Revue québécoise de psychologie* and contributed a chapter entitled: "Between a Rock and a Hard Place: The Experience of Parents of Gender-Nonconforming Boys" in Meyer and Pullen-Sansfaçon's book: *Supporting Transgender and Gender Creative Youth*.

Julie Temple Newhook is a post-doctoral fellow in the Faculty of Medicine at Memorial University. She is also a member of the training team of the Trans Needs Committee at Memorial, an honorary board member of Gender Creative Kids Canada, and the founder of national and local peer support groups for parents of transgender and gender-questioning children and youth.

Marria Townsend is a family physician who has the privilege of caring for many trans and gender-diverse people in her practices at Three Bridges Community Health Centre and the Catherine White Holman Wellness Centre. She is the Medical Coordinator for Trans Specialty Care with Vancouver Coastal Health and enjoys teaching students, residents and colleagues about ways to improve care to trans communities.

Jaimie Veale received her PhD in psychology at Massey University in New Zealand in 2012. She is a trans woman who is living in Vancouver and working on the Canadian Trans Youth Health Survey at the University of British Columbia's Stigma and Resilience Among Vulnerable Youth Centre (SARAVYC). Jaimie is a Michael Smith Foundation for Health Research Postdoctoral Research Fellow. Her research interests include the health of transgender people with a particular interest in mental health. She is interested in the social determinants of health of transgender people, specifically the negative impacts of stigma and the protective impacts of family and community supports and access to affirming healthcare. She has a particular expertise in using advanced quantitative data analysis techniques. Jaimie has published eleven articles in peer-reviewed journals and she serves on the editorial board of the International Journal of Transgenderism, the Journal of Psychology and Human Sexuality, and the Journal of LGBT Youth. She also has extensive experience volunteering for trans and LGBTQ community organizations.

Ella Vermeir is a Health Promotion Masters student at Dalhousie University in Halifax, Nova Scotia. For her master's thesis research, Ella will be exploring transgender adults' perceptions of, and experiences with, primary and emergency care in Halifax. Ella's interest in this topic was inspired by her volunteerism and employment at various primary care clinics. She is passionate about this area of research and tries to encourage all health care professionals that she encounters to learn about the unique health care needs of the transgender community. After her master's degree, Ella hopes to become a transgender health-competent family physician.

Dr. Ian Whetter is a family doctor who delivers care to trans communities at Clinic Community Health Centre, Winnipeg. He also practices at Northern Connections. Ian is also an Assistant Professor in Family Medicine at the University of Manitoba, and in this capacity helps to develop and deliver curriculum to medical students in trans health and healthcare.

Chase Willier is Nehiyaw (Cree) from Saddle Lake Cree Nation and Sucker Creek First Nation, Alberta. Chase was part of the 60's Scoop and was adopted out and grew up in the Okanagan Valley where he joined the RCMP in 1979 as one of the second aboriginal women in the province. Chase spent a large part of his career in Aboriginal Policing Services or serving within First Nations communities in British Columbia. He came out as lesbian in the RCMP in 1990 while posted in Sechelt and started to identify as transgender before he retired in March 2010. He is currently in the process of transitioning and lives in East Vancouver with his wife and they are expecting their first child. He currently serves on the City

of Vancouver LGBTQ2+ Advisory Committee and is very active in volunteering as well as writing projects. He is also a member of the Community Advisory Committee of the Trans Safety and Well-Being Photovoice Project in Vancouver.

Wallace Wong is a registered psychologist in both California and British Columbia. He has been working with children and youth with sexual health issues since 1996. One of his clinical areas is working with children and youth with gender identity concerns. He is one of the trained psychologists who assesses for transitions for gender variant children and transgender youth in BC. He has provided numerous training and workshop opportunities both locally and internationally related to this population. Dr. Wong has been doing research for the transgender population for numbers of years, and they can be found in different professional journals. He has written two children books that are specifically for gender variant children and transgender youth. They are "When Kathy is Keith" and "It's So Gay and It's Okay", which have been positively received by the transgender communities and their parents.

Adryen Yak is a researcher and trans* health advocate living and working in Montreal. He holds an undergraduate degree in biology and psychology from McMaster University and a Masters of Psychology from Queens University. He is currently a medical student at McGill University in his first year.

Jordan Zaitzow is the Coordinator of Trans Health Connection: a project of Rainbow Health Ontario building the capacity of health and social service providers across Ontario to provide timely, competent, and informed primary care and supports to trans clients close to home. Jordan is an experienced trans health educator whose role also involves direct referral and systems advocacy, as well as policy change.

Nikki Zawadzki is a queer, cisgender, femme who works alongside trans* and Two-Spirit communities in allyship. Nikki has worked in community health for the last 21 years and is currently completing a graduate degree in Equity Studies at Simon Fraser University; she is also the Coordinator for Prism Services at Vancouver Coastal Health, an education, information and referral service for the LGBTQ2+ communities. Nikki's involvement with trans* and gender diverse communities is multi-faceted. As an LGBTQ2+ diversity educator, the partner of a trans* person, and with many trans* and Two-Spirit identified colleagues, friends, and community contacts, Nikki is involved in an ongoing process of learning how to be put intention into practice as an imperfect ally. In her work, Nikki focuses on intersections of gender identity, sexuality, racial identity, ability, indigeneity and other, often marginalized, identities and how they determine health and wellness. In addition, Nikki is interested in addressing the forced migration of LGBTQ2+ newcomers and refugees, unlearning colonization and the examining the systemic oppression of racialized queer and trans* individuals. Nikki also has 3 cats and strongly believes that intersectional feminism is for everyone!

As part of the Canadian Institutes of Health Research (CIHR), the Institute of Gender and Health is an international leader in fostering research that explores how sex and gender influence health. We use these findings to tackle the biggest health challenges.

**Our vision includes everybody—
men, women, girls, boys and gender diverse people.**

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DID YOU KNOW?



1. In Canada, men die younger than women, while women experience a heavier burden of chronic illness.
2. Physicians are less likely to recommend joint replacement surgery for hip and knee osteoarthritis to women versus men, even though women are **twice as likely** to suffer from the condition.¹
3. While at least one in three adolescent students in Canada have reported being bullied, the rate of discrimination among students who identify as LGBTQ is **three times higher**.²
4. Men account for four out of every five deaths by suicide in Canada, yet women attempt suicide more often and have higher reported rates of depression.³
5. Men account for a quarter of cases of eating disorders such as anorexia nervosa and bulimia, yet treatment is still largely geared toward women.⁴

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